

Inland Empire

November 2023

Newsletter

aainlandempire.org

A publication of the Inland Empire Central Office



Inland Empire Central Office
P.O. Box 189
897 Via Lata Suite A
Colton, CA 92324
(Mail to P.O. Box 189)

Open 8 AM to 4 PM, Mon.-Fri.
9 AM to 1 PM, Sat.
909-825-4700

Web site: www.aainlandempire.org



aacentral@sbcglobal.net

Intergroup Meeting
1st Wednesday of the month, 7 PM
Zoom ID: 845 4840 4215
Password: intergroup

Board of Directors Meeting
3rd Thursday of the month
7:00 PM

General Service,
District 8
3rd Wednesday of the month
7:00 PM Meeting
Spiritual Living at 3891 Ridge Rd, Riverside
<https://us02web.zoom.us/j/81358831671>

District 14
3rd Wednesday of the month
GSR School 6 PM
District 14 GSR 7PM
Arid Club
120 S. Harvard, Hemet 92543

District 17
1st Tues. of the month, 6:30 PM
41735 Winchester #C
Temecula, 92590

Hospitals & Institutions
3rd Sunday of the month, 3 PM
Redlands Unity Club,
1307 Brookside, Redlands 92373

Area 9
Msca09aa.org

Step

Sought through prayer and meditation to improve our conscious contact with God as we *understood Him*, praying only for knowledge of His will for us and the power to carry that out.

Tradition

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Concept

The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

E
L
E
V
E
N

Principle Eleven
Attunement
(Becoming as one with our
Higher Power)

**Central Intergroup Office of the
Inland Empire**

Board of Directors

**Chairman: Duke W.
Vice Chairman: Dan D.
Treasurer: Wilson W.
Secretary: Diane L.**

Members At Large

**Pat R.
Elizabeth E.
Ryan K.**

**Inland Empire Editor: Carolyn V.
Office Manager: Carolyn V.**

**November
Central Office Activity Report**

AA Calls	445
12 Step Calls	11
Other Calls	28
Visitors	113
TOTAL:	597

Web Site

Visitors	48140
Countries	37
Subscribers	755

TOTAL: 48932

***Thanks to all who are of service.
It makes a difference!***

Letters to the Editor or Articles for the Newsletter
must be received by the 15th of the month for consideration of
publication in the following month's issue.

Please submit your material for *The Inland Empire Newsletter*
to:

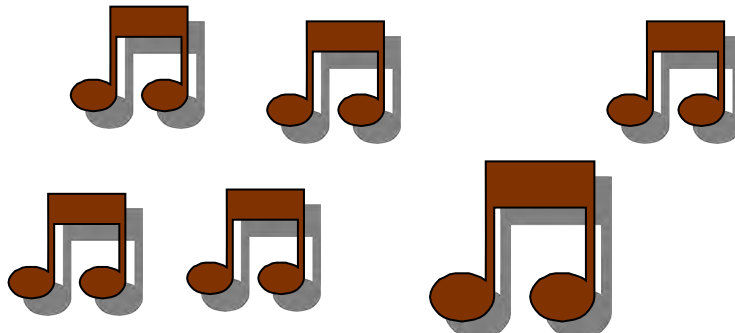
Inland Empire Central Office
P.O. Box 189
Colton, Ca., 92324
E-mail: aacentral@sbcglobal.net

November 2023

Ernestine M.	23
Leanne G.	36

Bill S.	43
Jeanne R.	28
Michele B.	10

**Happy
Birthday**



Content

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We thank all of the birthday celebrants for their contributions to the Central Office Birthday Club.

Inland Empire Central Office Of AA

Personal Donations

September 2023

	CONTRIBUTIONS	INDIVIDUAL DONATIONS	BAM INDIVIDUAL DONATIONS	PERSONAL DONATIONS	TOTAL INDIVIDUAL DONATIONS	TOTAL CONTRIBUTIONS	TOTAL
Brenda Y.			4.41		4.41	4.41	\$4.41
Ellie K			24.01		24.01	24.01	\$24.01
Jeannie S.				100.00	100.00	100.00	\$100.00
Jeano M.			43.00		43.00	43.00	\$43.00
Ron E.				20.00	20.00	20.00	\$20.00
TOTAL	\$0.00	\$0.00	\$71.42	\$120.00	\$191.42	\$191.42	\$191.42



VAGABOND GROUP

www.snafubar.com@vagabonds

NOTICE: WE MUST HAVE YOUR RESERVATIONS AND PAYMENT AT LEAST THREE WEEKS IN ADVANCE OF EACH CAMPOUT TO RESERVE A SITE FOR YOU. THANKS!

Saturday: Alanon meets 11 a.m., Potluck 5 p.m. during Standard Time and 6 p.m. during Daylight Savings Time, followed by Business meeting and A.A. Campfire meeting, Please bring firewood.

November 12-13, 2021 Prado Regional Park

Reservations required, Contact the
WAGON MASTER: John & Murya 909-633-3997
sites: 19,20,55-60 W/E \$91 w/hookups

Directions: From Hwy 15, take Hwy 76 West 11 miles West on Hwy 76. Bring Firewood !!

December 10-13, 2021 Rancho Jurupa, Rubidoux

Reservations required, Contact the
WAGON MASTER: Gail & Malissa 951-845-1553
Back Row pay at gate. W/E TBD w/hookups

Directions: Hwy 60 to Rubidoux Blvd south, turn left on Mission Blvd., go to Crestmoor Road and turn right. Bring Firewood !!

January 14-16, 2022 Lake Cahuilla, Indio

Reservations required, Contact the
WAGON MASTER: Jeannie 951-682-7881
sites: 44-50 W,E \$82 w/hookups

Directions: Hwy 10 to Jefferson offramp. GO Right and follow Park signs. Bring Firewood !! Fishing!

Please Submit all of your events and / or letters we would love to put them in the newsletter.

Thank You !!

Thank You !!

THANK YOU VOLUNTEERS!!

Thanks to these volunteers for keeping Central Office running smoothly for the past month:

Cheryl D., Chris S., Lisa H.

Monthly Planning

Meetings:

2nd Thursday

7:00PM

Beginning August 10, 2023

35TH
2024 INLAND
EMPIRE
CONVENTION
PLANNING COMMITTEE

The Ark Church
1307 E. Citrus Ave.
Redlands, CA 92374

**-Meets in the smaller room
down from main hall**

Save the Date for the
35th IEAA Convention
April 18-21, 2024
Soboba Resort & Casino
San Jacinto, CA



Find us on 

<https://www.facebook.com/groups/ieaac>





951-665-1000

**Book your rooms early.
Coachella is the same weekend!!*



IEAAC.org

 Find us on
Facebook



The Courage to Change

35th Inland Empire AA Convention

April 18-21, 2024

Soboba Casino Resort Event Center

San Jacinto, CA

Speaker Line-up

Tina A (Hollister, CA) Amy S-D (Louisville, KY), Danny M
(Valley Glen), Charlie C. (Camarillo, CA)
More Speakers TBA, Stay Tuned!

**Speakers and events subject to change*

Events



Workshop led by Billy N. (Florida)



Ice Cream Social, Poker Run/Motorcycle Run,



Gary P. Golf Tournament,



2 Banquet Meals, Sunday Breakfast.

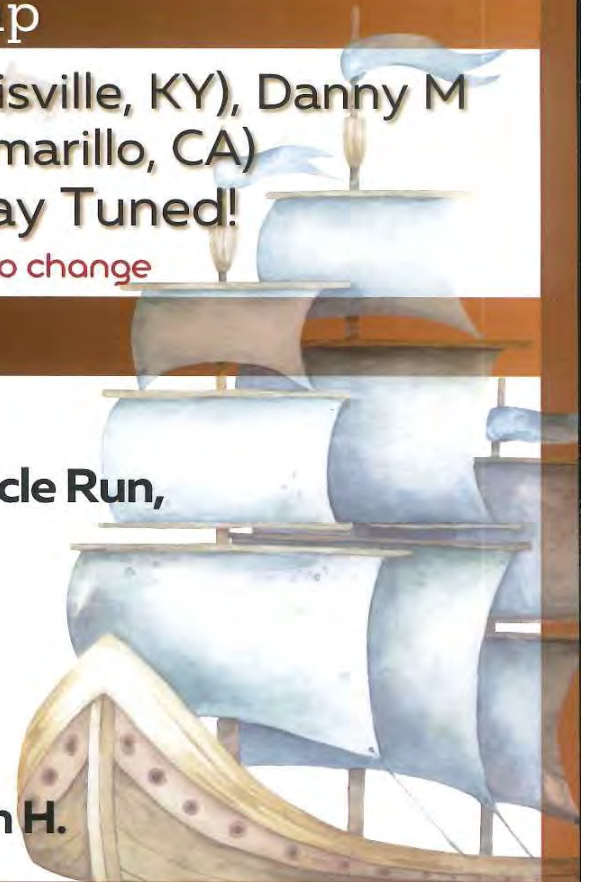


YPAA Participation



Interview with a Drunk

featuring: Lindsey C. Interviewing Sarah H.



visit www.IEEAAC.org for more Info

This we owe to A.A.'s future: To place our common welfare first;
To keep our fellowship united. For on A.A. unity depend our lives, And
the lives of those to come.

2023



'TIS THE SEASON TO BE OF
SERVICE

Planning Committee

58th Inland Empire
CHRISTMAS ALKATHON

1ST WEEKLY PLANNING MEETING
SUNDAY AUGUST 27, 2023

In Person at:

© 4:00PM

Redlands Unity club

1307 Brookside Ave. Redlands

Join us in planning this years
Inland Empire Christmas Alkathon

36 hours of meetings & feedings Christmas Eve
through Christmas day! For fun and for Free!!



SIGN-UP FOR
SERVICE!!!

Contributions can be made via PayPal or Zelle

Christmasalkathon@gmail.com

Find us on
Facebook



Zelle

PayPal



Scan. Pay. Go.

FOR MORE INFO:

E-MAIL: AAINTHEIE@OUTLOOK.COM

TEXT: 909-307-4024



Southern States Women's Conference

January 26-28, 2024

Debbie D. (Concord, CA)	Steps 1 & 2
Sharon C. (Los Angeles, CA)	Step 3
Michalene (Escondido, California)	Steps 4 & 5
Amanda B. (Montgomery, AL)	Steps 6 & 7
Juanita U. (Santa Fe, New Mexico)	Alanon
Tina A. (Hollister, CA)	Steps 8 & 9
Mildred F. (Toronto, ON)	Steps 10 & 11
Mary T. (Tampa, FL)	Step 12

schedule subject to change

First Name _____ Last Name _____
Address _____
City & State _____ Email _____
Phone _____ Program: AA _____ Al-Anon _____ Alateen _____
Check here if you would like to volunteer at the conference: _____

Please make check for **\$40** per registration, payable to Southern States Women's Conference and send to:

**Southern States Women's
Conference**
P.O. Box 35100
Elmwood Park, IL 60707

Please let us know if you need assistance with accessibility
(hearing, vision, and/or physical disability)

**\$40 Early registration price online at
southernstateswomensconference.org/registration or use QR code**



ASL Interpreter Provided



Hyatt Riverfront Jacksonville
225 E Coastline Drive
Jacksonville, FL 32202
Mention SSWC for conference pricing
904-588-1234

Presented by District 14

ICE CREAM

Social

*Ice Cream
and a Show!*

&

Tradition Play



Saturday November 11th

2pm to 4pm

Unity Valley Chruch

140 N. Buena Vista St. Hemet CA 92543

For more info call: John: 909-208-5580

Please Bring Potluck Style
Finger foods-

Bingo!



Night

7:30pm

1 Book = 6 Games = \$25

2 Books = \$40

**All Proceeds go towards maintaining the
IE Christmas Alkathon as a free event.**

Thank you for your contributions!!

Friday November 17, 2023

Unity Club Redlands

1307 Brookside 909-307-4024



Mid-Southern California Area 09



"2023 SERVATHON"



All MSCA09 (Crew) Members are hereby invited to Report for Duty for a fun '12 Traditions & Service Learning Experience' aboard the...

THIS IS A FREE EVENT AND ALL MEMBERS OF AA AND FRIENDS ARE INVITED TO JOIN US!

-CARNIVAL THEME - GAMES - PRIZES - LIVE BAND-

**SATURDAY
NOVEMBER 18, 2023
4:00pm - 8:00pm
(16:00 - 20:00 Military Time)**

Speaker 1 (Spanish Only):

* CESAR F., Past Delegate-Panel 64 /
Current ACM-Trustees' Literature Committee

Speaker 2 (English Only):

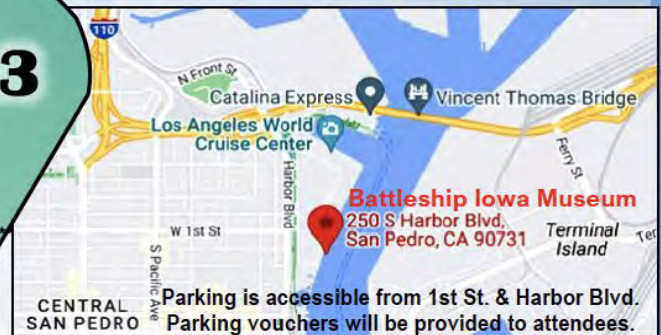
* CAROL M., SBS

****FOOD AVAILABLE ALL NIGHT****

**Hot Dogs, Hamburgers,
Snow Cones & Popcorn**

USS IOWA BATTLESHIP

**250 S. Harbor Blvd.
San Pedro, CA 90731**



AGENDA:

4:00pm:	Event Starts
5:00pm:	Band Plays
5:45pm-6:45pm:	Speakers and Raffle
6:45pm:	Band Plays
8:00pm:	Event Over

Hosted by MSCA09 Alt-Delegate and Districts 1 & 3
Participation by South Bay H&I / South Bay Central Office,
and MSCA09 Committees

2023 58th Inland Empire Christmas Alkathon

 Join our Facebook Group
I.E.ChristmasAlkathon

Knights of Columbus 1729 E. Baseline St. San Bernardino

"Our very lives, as ex-problem drinkers, depend upon our constant thought of others and how we may help meet their needs." - pg.20 B.B.

- AA MEETINGS
- MEALS
- 2 RAFFLES EACH DAY
- MUSIC, & LAUGHTER
- WAYS TO BE OF SERVICE

Contributions

by check to:

Christmas Alkathon

or

PayPal or Zelle at

christmasalkathon@gmail.com

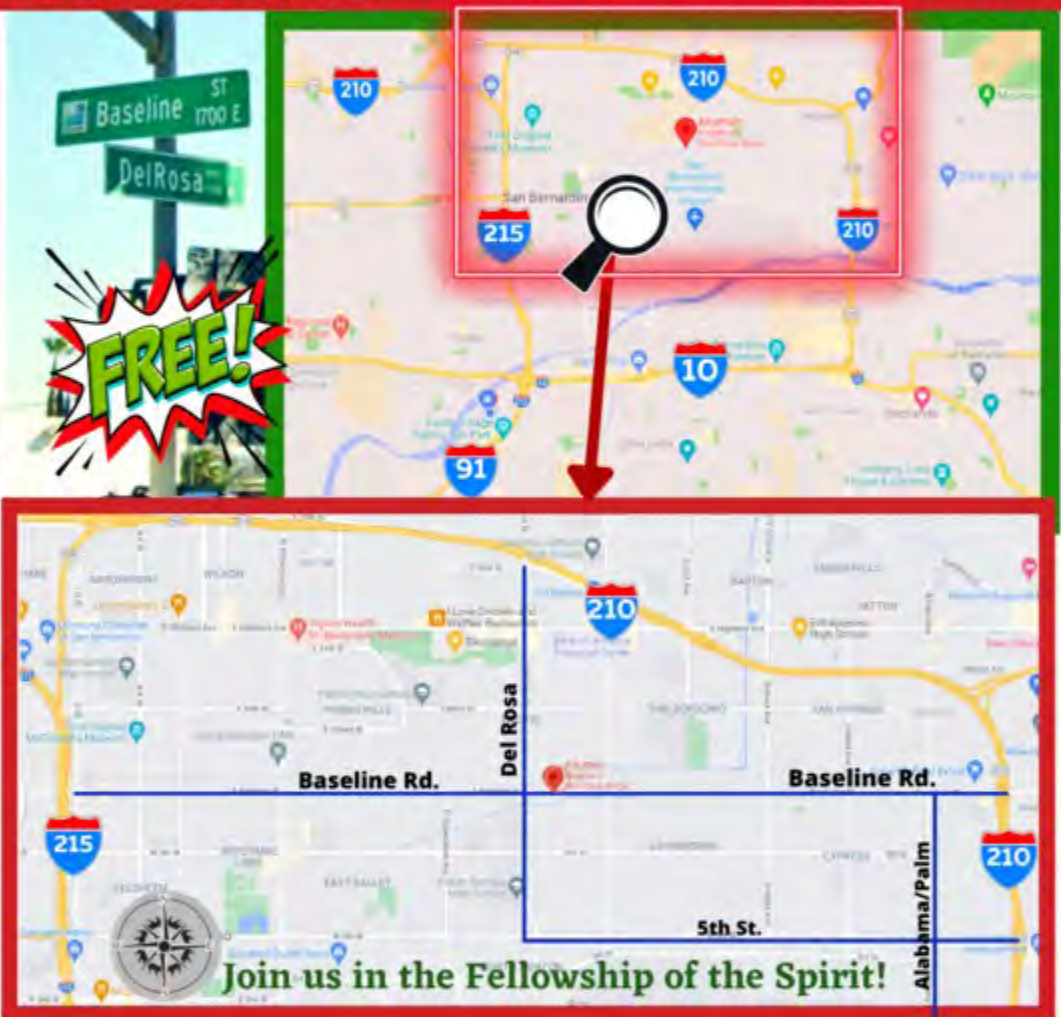
1st Meeting at 12:00PM Christmas Eve.

Longtimers (30+)

1st Meal at 1:30PM

*** Birthday/Chip meeting at 5PM on the 24th!**

*** Birthday/Chip meeting at 3PM on the 25th!**



28th Annual Southeast Woman to Woman Conference



"Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with Al-Anon Participation
No Children Allowed in Conference Rooms



"OUR COMMON BOND" AUGUST 16-18, 2024

Hilton Charlotte University Place

8629 JM Keynes Drive – Charlotte, NC 28262

Reservations: 704-547-7444 or online at <https://www.sewomantowoman.org/>

King or Double rooms \$169 – Code SEW (Cutoff 07/10/24)

[Breakfast Saturday and Sunday mornings for registered hotel guests included in the room rate.]

Text Message Contacts

Chair: Betty G.

704-491-1519

chairsew2w24@gmail.com

Co-Chair: Lisanne S.

704-905-1706

treassew2w24@gmail.com

Registration: Claudia H.

630-362-9086

RegisSEW2W24@gmail.com

CUT OFF DATE FOR ONLINE AND MAIL IN REGISTRATION IS 7/31/2024

Conference Registration: \$65.00 until March 31st \$70.00 April 1st to July 31st, then On-site Registration

REGISTRATION IS TRANSFERABLE BUT NOT REFUNDABLE!

Register Online at <https://www.sewomantowoman.org/> beginning October 15, 2023

Or: Clip and mail the Registration Form at the bottom with your payment

Queens Banquet: \$75.00

(Capacity is 400)

Register Early

Optional Dress Code: "Gowns, Crowns and Tiaras"

Colors: Purple and Silver/White

"We do clean up nicely!"

Clip and Mail Registration with payment Payable to: Southeast Woman to Woman

Mailing Address: SEW2W, c/o Claudia Howard, 8705 Fox Chase Lane, Charlotte, NC 28269

Name: _____ Badge Name: _____

Address: _____ City: _____, State _____ Zip _____

Contact Phone: _____ Email: _____ Sober Date: _____

Registration Fee: \$65.00 _____ Scholarship: \$ _____ Banquet: \$75.00 _____ AA _____ Al-Anon _____
\$70.00 _____ (AFTER 3/31/24) Alateen _____

Are you willing to Volunteer? _____ Special Needs: _____

Souvenirs:

Tumbler: \$20.00 _____ T-Shirt: \$22.00 _____ Hoodie: \$32.00 _____ Ball Cap \$15.00 _____ S _____ M _____ L _____ XL _____ 2XL _____ 3XL _____

TOTAL AMOUNT ENCLOSED: \$ _____

Contact: 909-307-4024



HAMBURGERS \$3

SODAS \$1

COME TO THE MEETING, STAY FOR THE PARTY!

HALL-WEEN

ALL ARE WELCOME. COSTUMES ENCOURAGED

OCT 31ST

DANCING

6:30PM - 9:00PM

MUSIC



COSTUME CONTEST

- **Signup for a car slot**
 - **(15 Cars needed)**
- **Set up at 430pm**
- **Decorate your trunk and pass out some treats.**
- **Bring Desserts/Sides to share**

**REDLANDS
UNITY CLUB
CLEAN & SOBER EVENT**

1307 Brookside

We will need lots of extra candy, if you are unable to join us but want to still be a part of, your candy contributions would be appreciated!



**A November Tradition
Gratitude Month
November 2023**

Please pass the 7th Tradition basket twice, first for the group 7th tradition and the second time for a Central Office Gratitude donation.

Mail or deliver the November Gratitude donations to the Central office after your last meeting in November. Special envelopes will be provided.

Please begin announcements at your last October meeting and November meeting when the 7th Tradition is passed the second time.

For many decades now, we in the fellowship have formally carved out from the calendar the month of November as a time to express our collective gratitude for our individual sobriety. Interestingly, no one is exactly sure why that month was originally chosen, though its connection with Thanksgiving seems obvious. AA co-founder, Bill W., thought for a while that his sobriety had begun in November, but later calculations established the date of his new beginnings as December 11.

INLAND EMPIRE CENTRAL OFFICE
PO BOX 189
COLTON, CA 92324

7TH TRADITION CHALLENGE

"Now that we are sober in A.A., the word 'support' has to do with sharing, people, self-respect, gratitude, and what we are privileged to give - not take - in material terms."



We are self-supporting through our own contributions ~ Many of our branches are suffering from lack of support (GSO, Area, H&I, Central Office). How much does one drink cost? If it were not for Alcoholics Anonymous, we'd be drinking plenty!

Drop the cost of one drink into your home groups basket when it comes by ... you can't afford not to!



**Please help us to keep
carrying the message.
Please Donate!!!**

Please pass the 7th Tradition basket twice, first for the group 7th tradition and the second time for a Central Office Gratitude donation.

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PO BOX 189
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Misty origins notwithstanding, Gratitude Month has, since the 1940s, been November and our shared thankfulness over the years has taken many forms and will continue to do so as our membership widens.

The General Service Board began giving small gratitude dinners in the 1940s. These were precursors to the much larger Gratitude Luncheons that were orchestrated during the 1960s as a Public Information effort of G.S.O. A.A. Traditions were the undeniable anchor of our new sober life, Bill W. thought when he wrote, "What then could be more appropriate than to set aside Thanksgiving week for discussion of the practical and spiritual values to be discovered in our Traditions?" The Traditions, he wrote in November 1949, "are a distillate of our experience of living and working together. They apply the spirit of the Twelve recovery Steps to our group life and security." (*The Language of the Heart*, p. 96) The first sealed and approved, official recognition of an A.A. "Gratitude Week," to be specifically designated to coincide with Thanksgiving week, dates back to 1956. That year, at the Sixth General Service Conference, delegates approved a motion to that effect, stipulating that "this action be noted in the annual pre-Thanksgiving appeals to the groups for funds to help support A.A.'s worldwide services."

Carrying the message, expressing gratitude, as well as wanting to make a gesture of appreciation for the numerous published articles, books

and radio and TV interviews relating to A.A. that year, were what motivated a number of Gratitude Luncheons. These were held, always in November, during the 1960s at New York City's Roosevelt Hotel—where, incidentally, members of the media who might care to have a drink, were assured, in the invitation by General Service Board chairman (nonalcoholic) Dr. John L. Norris, that "cocktails will be served at 12:15 in the Library, and the luncheon will end promptly at 2:00 p.m."

Well-attended functions, these luncheons drew a sizable, wide-ranging representation from the media, and G.S.O. Archives served a double purpose: to thank the writers and commentators who attended for their contributions to A.A. in the preceding year and to, in the words of a G.S.O. memo written at the time, "advance A.A.'s public relations by bringing editors, publishers, writers and broadcasters in personal contact with sources of reliable information on the movement." A typical list of invitees to the 1965 luncheon, who had published articles and books on the Fellowship were from *The New York Times*, *Medical World News*, *McCall's Magazine*, *Macmillan Publishing Company*, *The Christian Science Monitor*, and many other news and publishing organizations.

Bill W. always addressed the gatherings, as did Dr. Norris, and, in addition to a question and answer period at the end of the proceedings, there was always plenty of A.A. literature available for the guests to take along. In 1965, Bill sent an autographed copy of the newly-released *A.A. Comes of Age* to each guest.

Although those who came to the luncheons found them helpful and informative, the board thought they were too expensive a way to say thank you, when a letter from Bill, after an article or TV production was completed,

In A.A. November is
Gratitude Month

A November
Tradition
Gratitude
Month
November
2023



Would have been enough. Others voiced the opinion that more cooperation offered on articles or radio and TV spots might have been more helpful. In any event, the luncheons were discontinued in 1968.

Gratitude. We all know it serves us best when it's kept alive, in our individual lives and in our group conscience. Realizing this, countless A.A. groups over the years have used the month of November (for Canadian groups, it's October), to open the door of gratitude even wider. It's a sure way of insuring a continued healthy sobriety, group unity, and to avoid complacency and stagnation. Many groups observe Gratitude Month by holding Traditions meetings and taking up special contributions to the General Service Office for A.A. services worldwide. This is an opportunity for all A.A.s to think of new and expanding ways to express and share their gratitude. For example, groups could hold topic meetings during the month on the power and different faces of gratitude: "How Grateful Are We?"; "Gratitude is not Passive"; "Giving it Away."

How about trying something new, something your group has never done before, which will make the members' gratitude more tangible and real? Traditions meetings, of course, always bring home to us all over again the richness of our A.A. heritage, strengthening not only our gratitude but the sobriety of A.A.s, old and new. In deepening our appreciation of A.A.'s Traditions during Thanksgiving week, Bill wrote, "We could thus reinforce our faith in the future by these prudent works; we could show that we deserve to go on receiving that priceless gift of oneness which God in his wisdom has so freely given to us of Alcoholics Anonymous in the precious years of our infancy." (*ibid.*)

So how about it? Let's give Gratitude a real send-off this year!

Reprinted from Box 4-5-9, Oct./Nov. 1994.



News and Notes from the General Service Office of A.A.®

www.aa.org

Vol. 63, No. 3 / Fall 2017

■ Intergroup/Central Office: Then and Now

Established and supported by local groups to carry out the functions of a centralized office, intergroups have provided thousands of desperate alcoholics with their first contact with Alcoholics Anonymous, either over the phone, in person, or, increasingly, online. With 469 intergroups/central offices listed with G.S.O. in the U.S./Canada alone (and nearly 700 worldwide), A.A. is so easily “searchable” these days that we often forget that, at one time, it played a little hard to get. Back in the early days, “A.A. wasn’t that easy to find,” wrote one oldtimer. “A carefully selected group of priests, judges and policemen knew about A.A.; our phone number wasn’t listed, and it could be gotten only by dialing Information.” This was a deliberate attempt to ensure that anyone wanting to get sober was sincere enough to make a real effort. But gauging the level of someone else’s desire to quit drinking was an often subjective judgment that the Third Tradition fortunately did away with.

In the very beginning, there was the Central Committee in Cleveland, Ohio, where by October 1939 a group of seven members convened on a regular basis to coordinate efforts regarding hospitalizations and sponsorship, doing crucial work at a time when the slip of just one member or the dissolution of just one group seemed to threaten the very existence of A.A. itself.

What Bill W. called “A.A.’s first organized service center” — the forerunner of today’s intergroup — sprang up in the Chicago suburb of Evanston. Around 1940, an A.A. member named Sylvia used the proceeds of her monthly alimony check to rent an apartment and establish a phone line. In 1941, after publication of the Jack Alexander article about A.A. in the *Saturday Evening Post*, Sylvia’s apartment began to resemble, according to Bill, “a sort of Chicago Grand Central,” with so many phone calls that Sylvia had to enlist the aid of Grace Coultice, a nonalcoholic secretary. Eventually, Sylvia and Grace upgraded to an office in the Loop (only a few blocks from where the current Chicago Area Service Office now has its offices), where they welcomed, Bill wrote, “a stream of applicants for Twelfth Step attention, hospitalization, or other help.”

Most early intergroup offices were nowhere near as elaborate as this: they were simply phone lines listed as belonging to A.A. but that were in fact connected to members’ homes. But Sylvia’s office inspired the opening of numerous early intergroup/central offices all over the Midwest, notably ones in Green Bay, Wisconsin, and



Minneapolis, Minnesota.

On the East Coast, New York Inter-Group essentially started when the doors of the 24th Street Clubhouse at 334½ West 24th Street opened in June 1940 and began serving the members of Alcoholics Anonymous in the metropolitan area. By 1942, the Club, as it was called, began to serve as more than a meeting place and to function as a de facto central committee for over 20 A.A. groups, with two paid clubhouse secretaries who answered phones and manned the desk 12 to 14 hours a day. These were some of A.A.’s first “special workers,” as articulated in Tradition Eight, who were paid to make A.A. Twelfth Step work possible, as opposed to individual A.A. members who, on a voluntary basis, carry the message as part of their own Twelfth Step efforts. Eventually, in 1946, New York Inter-Group was established, moving away from the clubhouse (it was difficult to carry on the work of intergroup in a social atmosphere that included an endless poker game and, at one point, a restaurant) to a space on West 75th Street.

By the time of the first General Service Conference in April 1951, at least 16 intergroup/central offices were serving local groups. Since they predated the formation of the general service structure and performed a different A.A. function, they were not a part of the A.A. structure (except in Chicago, where the area service office and area committee are essentially one). At times over the years, there has been an overlapping of services, but, for the most part, intergroups and general service have come to work in harmony.

Matthew C., office manager of the Ventura County Central Office (VCCO), is the epitome of a contemporary

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Mail address: P.O. Box 459, Grand Central Station
New York, NY 10163

G.S.O.'s A.A. Website: www.aa.org

Subscriptions: Individual, \$3.50 per year; group, \$6.00 for each unit of 10 per year. Check—made payable to A.A.W.S., Inc.—should accompany order. To have issues delivered directly to your inbox, register your email on the A.A. Digital Subscription Service on G.S.O.'s website.

intergroup/central office manager, dealing with all the rewards and challenges that this entails. The image of A.A. volunteers answering phone calls from suffering alcoholics, or A.A. members seeking a meeting or information, is still a relatively accurate one. “We rotate shifts of volunteers — we have at least one in the office at all times, and 60 to 70 willing to have calls forwarded to their homes after hours,” Matthew says. They get about 500 to 600 calls a month at VCCO, but this is down from previous years because of the Internet, which has proved, for better or worse, a game-changer for intergroup/central offices. Since so many people are bypassing phone calls and going to the VCCO website, the beta test site that Matthew is rolling out is geared heavily toward newcomers, opening with a banner that reads, “New to A.A.? Have Questions?” and a home page that addresses the most commonly occurring questions.

Matthew feels that there is a “certain comfort” about being able to explore the answers to questions individuals may have about their drinking without having to speak to someone, but there is also something that may be lost: “that one-on-one connection with another person. So, the website does encourage people to call, 24/7.” When they do call, miracles can occur. Like so many of the intergroup/central office workers, Matthew has war stories. Once, an alcoholic attempting to detox himself called VCCO, certain that he was having a heart attack. “He was in bad shape,” Matthew says, “and after a long conversation we convinced him to call EMS and get to an emergency room.” Several years later, that same alcoholic — sober now — walked into the office and thanked them.

In Chicago, office manager Katie M. describes a very successful web presence for the Chicago Area Service Office (CASO). The website averages over 100,000 visits per month, and, out of these, roughly 26 percent are coming to the site for the first time.

Katie describes CASO as “an anchor” for the greater Chicago area and Cook County. “We have a bookstore, and all of our standing committees — like corrections, H&I, Grapevine, etc. — meet here in the evening, and other districts come down here to participate, so we connect people to the service structure.”

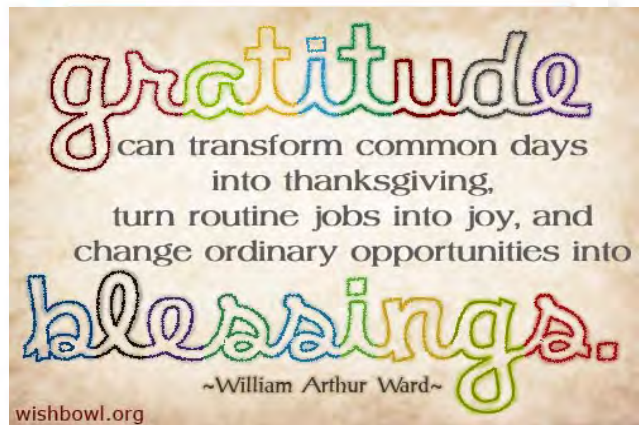
CASO does receive roughly 700 phone calls a month,

Katie adds, but she senses that they are somewhat different from the intergroup calls of the past. “The majority of the calls are not necessarily people wanting to go to a first meeting, or to talk about their drinking problems. We get calls from social workers, for instance, who are trying to help alcoholics connect with a meeting, often a bridging-the-gap kind of thing.”

Like many intergroup/central office managers, Katie is concerned about the finances of the office. Like all intergroups, CASO acts as a clearinghouse for information about local groups and meetings and is directly responsible to the groups it serves. In turn, these groups provide volunteers for Twelfth Step work (i.e., answering the phones), supervise office policies and procedures via their intergroup reps, and offer financial support. CASO has a strong prudent reserve, but Katie is always looking for measures to cut costs, particularly since contributions from the groups have been declining. “Only 23 percent of the groups support the office,” Katie says, “and individual contributions [which can be up to \$3,000 annually] make up only 5 to 10 percent.” And e-commerce affects the way they can do business. “People can get the Big Book cheaper and faster from non-A.A. online stores than they can coming down here to the bookstore and purchasing it from us.”

One answer to this problem is outreach to the groups. Katie M. sends out an appeal letter every November, and intergroup reps discuss the need for financing at every area assembly. Pauline D., office manager of the Northern Virginia Intergroup (NVI), agrees on how crucial outreach is: “We had a terrible year a couple of years ago,” she says. So, we did a major outreach, letting people know just how intergroup works and how it is financed. We asked all of our intergroup reps to bring word back to their groups that intergroup needed their help. We really pushed Birthday Plans in November. And we had the intergroup chair visit each of the 14 districts we serve and talk about our mission. And that seemed to work very well for us.”

(Pauline and NVI are hosting the 32nd Annual Intergroup/Central Office/AAWS/AAGV Seminar, October 6-8 this year. This annual seminar provides a forum for the exchange of ideas and shared experience for those on A.A.'s front line. Attendees are intergroup/



central office managers, intergroup representatives, G.S.O. and Grapevine staff, and members of the A.A.W.S. and Grapevine Boards.)

Jennifer R., office manager of Miami-Dade Intergroup — an office with a long history, dating back to the 1940s — has seen the number of groups in the area decline. Phone calls to the hotline average only two or three a day, perhaps as a result of the website or the Meeting Finder app that many people use today. With so many groups closed and others facing increased rent, contributions to Miami-Dade Intergroup are down. Both Jennifer and another employee are part-time; despite this, they are incredibly productive, producing and distributing meeting directories, managing the website, selling A.A. Conference-approved literature, providing service materials, preparing a monthly newsletter, and making sure the phones are answered 24/7 by A.A. volunteers. Jennifer speaks Spanish, and one of her many jobs is cooperation with the Spanish-speaking intergroups, which do not have a separate office, but pass the phone from one group to another, one month at a time.

Young people coming into A.A. need to be educated about intergroup, Jennifer says, and need to learn to volunteer. An A.A. without intergroup would not be A.A., really. “If we are not here, if someone calls for help and there is no one to pick up the phone, then A.A. has failed them.”

Coco T., executive secretary of New York Inter-Group (NYIG), agrees that a thriving intergroup is incredibly important to the A.A. community it serves — in the case of NYIG, a community that includes 1,438 active groups registered with the NYIG office and 3,642 meetings in the meeting book. It’s no wonder that NYIG’s Seventh Avenue offices are open 365 days a year from 9 a.m. to 10 p.m., with phone volunteers available from 9 a.m. to 2 a.m. “We don’t miss any opportunity to share our experience, strength and hope with other alcoholics,” Coco says, especially since the web has changed the intergroup paradigm. Up until August 2016, when their new A.A. meeting finder appeared on the website, NYIG averaged 4,500 to 4,800 calls a month. At that point, the calls were almost immediately reduced to 3,000 to 3,200 per month.

It’s a mixed blessing, of course. More and more people are able to find meetings quickly and efficiently, but, says Coco, the loss of 20 to 30 phone calls a day “is physically very noticeable. When alcoholics actually call on the phone for help, they get the benefit of the A.A. volunteer who may have been taking phone calls for five years and can really connect with another alcoholic. Now we get hundreds of emails asking us to make contact with a person about their drinking. It’s a challenge to answer these, and also removes the value of that one-to-one connection, the immediate Twelfth Step element.”

To provide human connection, Coco helps ensure that the NYIG office is a welcoming place. “There’s a library and an archives area where people can and do come from all over for a cup of coffee and to read a book and look at some historic items. You can check out a book if you want. No one is ever turned away. Even in an electronic age, we are committed to providing hard copies of every flyer we produce — not everyone, particularly homeless people, has access to the Internet.”

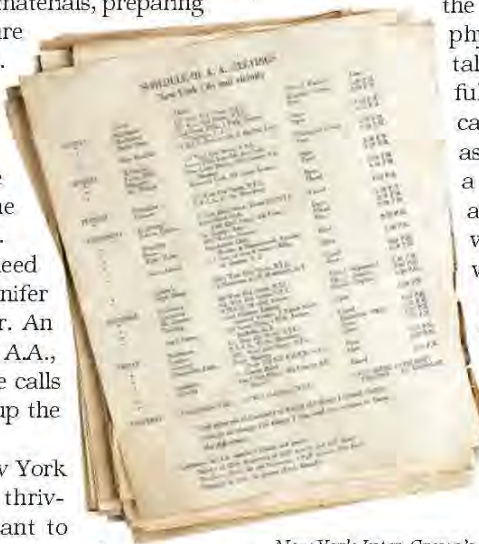
And the connection benefits not just the alcoholics reaching out to NYIG, but those 635 to 700 alcoholics with over one year of continuous sobriety who volunteer there. “You can’t stop these volunteers,” Coco says. “Even if there’s six feet of snow outside, they’ll be here.” She tells

the story of one 90-year-old volunteer — a physician who knew Bill W., and used to talk about how he had tried, unsuccessfully, to get Bill to stop smoking — who came in once a week, year after year, even as his health failed, showing up dressed in a suit and tie. “He was a man of elegance and grace,” Coco says. “He used to tell his wife, ‘I have to go help people.’ His life’s work was to carry the message.”

The Area 87 Central Service Office in Montréal, Québec (which is hosting the 2018 Intergroup/Central Office/AAWS/AAGV Seminar), carries the message to both English- and French-speaking alcoholics. According to executive assistant Ginette W., their help line receives roughly 500 to 600 English-language calls monthly, with perhaps three times that many in French. “We are officially bilingual, but we also have a Spanish-speaking presence,” Ginette adds. “There are about 12 Spanish-speaking groups locally that have their own intergroup, but we host them at our office and make literature available in Spanish.”

Like most intergroup/central offices, some of the phone calls the Area 87 Central Service Office receives are from alcoholics who are lonely and simply want to talk, which can be a drain on resources. “We never cut these calls off,” says Ginette, “but we work to direct these people to meetings, where real, face-to-face recovery can begin. We also have a group of volunteers who are willing to talk on the phone from their homes, which frees up our other workers.”

Replenishing the pool of volunteers is a constant concern. “We have to keep reminding groups that things don’t happen by magic in A.A.: there is hard work in carrying the message. Our area’s 27 districts have 550 groups, and we reach out to all of them via our newsletter and through intergroup reps going to meetings. We also make a point of educating groups about why we need money, not how much. We need to pay for literature, for phones, for the website. The A.A. message of recovery is free; for intergroup to pass it on costs money.”



New York Inter-Group's first meeting schedule — 1946.

Area 87 Central Service Office has a brand new website that features a special portal dedicated to newcomers. Ginette puts it simply: "We need to be where the people are. And, these days, people are on their computers and smartphones. So that is where intergroup has to go."

Many of those who have never had occasion to call intergroup (or who look up meetings on websites in strange towns without quite thinking of who is maintaining that website) wonder why they should support intergroup/central office with their financial donations. While cooperating closely with G.S.O. and local general service district and area committees, it is not unusual for intergroup/central offices to seem apart from the general service structure. However, as noted in *The A.A. Service Manual* (page S42), "Many areas find that a liaison between the intergroup/central office and the area committee is very helpful in maintaining good relations and communication. In some areas the liaison has a vote at the assembly; in others, a voice but no vote." And further, the General Service Office publishes Guidelines and other service material that share the accumulated experience of intergroups and central offices in the United States/

Canada and worldwide. These define an intergroup as "an A.A. service office that involves partnership among groups in a community — just as A.A. groups themselves are partnerships of individuals. It is established to carry out functions which are best handled by a centralized office.... It exists to aid the groups in their common purpose of carrying the Alcoholics Anonymous message to the alcoholic who still suffers."

According to Coco T., the NYIG office pays \$10,000 a month in rent alone — a relatively modest fee, considering Manhattan real estate prices, but not a stroll in the park either. When asked what the future might hold for intergroups, she replies, "We answer to the Fellowship; we are responsible to the groups. Ultimately, our future depends on them. I owe my life to Alcoholics Anonymous, and I would hope intergroup is always there."

As Matthew C. at VCCO sees it, the idea of intergroup is the idea of A.A. itself: "A suffering alcoholic talks to someone who is feeling the way they are feeling, who understands and has been through the humiliation they have experienced, who helps them know that they are not alone after all."

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Holiday Hours:

November 24, close at noon

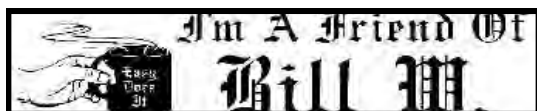
November 25-26, closed

December 24, close at noon

December 25, closed

December 31, close at noon

January 1, closed



The Inland Empire Newsletter Editorial Policy

The Inland Empire Newsletter is a monthly newsletter of the Inland Empire Central Office of Alcoholics Anonymous.

It is about, by and for members of AA Fellowship.

Opinions expressed herein are not to be attributed to the AA organization as a whole, nor does publication of information imply any endorsement by either AA or the Inland Empire Central Office. Quotations and artwork from the AA books or pamphlets are printed with permission from A.A. World Services Inc. or the AA Grapevine Inc.

Contributions from AA members are encouraged and welcomed! These will be printed as space permits. Submissions must be typed or neatly handwritten and signed (your name and last initial will only be published unless requesting to be "Anonymous").

The Inland Empire Newsletter conforms, at all times, to the Guidelines set forth by A.A. World Service as outlined in pamphlet GSO Service F-29 "Conference-Approved Literature" (available at Central Office).

November Newsletter 2023

Intergroup Meeting
Oct. 4th, 2023

Duke W. opened with the Serenity Prayer at 7:00pm.

Board Members in Attendance: Duke W. Dan D. Wilson W. Diane L. Pat R. Elizabeth E. Ryan K.

12 Traditions: Wilson W.

Secretary Report: Diane L. Read Sept. minutes Stacy W. made motion to accept report as read. Bill W. 2nd. Motion passed.

Treasure Report: Wilson W. read treasure report for Aug. Tim D. made a motion to accept report as read. Bill W. 2nd. Motion passed.

New Reps: None

P I: Uriel S. I have created a new email aapublicinfoie@mail.com. And an Instagram account per guidelines, @aainlandempire which is public, the only anonymity that is being broken is by the comments and we can make them anonymous. We are not allowed to use the AA symbol at all so I was hoping to use something with the Inland Empire Central Office on it. Discussion.

H&I: Teri –I went to Recovery Happens at the Orange Show in San Bernardino and it went OK. I have put other items in the chat for H&I.

Office manager Report: Teri M.- Everything is doing OK. I am redoing the Newsletter. I will have a copy sent to Carolyn as soon as I can. Reminder to sign up for the Newsletter with the Buck of the Month and we will send you a copy of the Newsletter.

12 Step/Phone Report: I have the new schedule for the phone list people on line. Its easier to use And we have updated volunteer packets at the office.

GSR Report: Teri- Sunday the 8th of Oct. the Area 09 will be holding their elections. And on the 18th of Nov. is the Servathon at the USS Iowa at 4pm.

Alanon: Tim D. Went to the Alanon Intergroup meeting and found out that the Liason to AA has to be on the Board. Looking into that.

They are going through the same thing with getting volunteers as we are since COVID.

Gratitude Dinner is Dec.2 @ 1110 N Vine st. in Ontario.

Convention Report: Dan- We got our grove. We will be getting the volunteer list started soon for the table at the IEAAC.

Picnic-Diane- Meetings will start in Feb. for the 2024 Picnic.

Old Business: None

New Business: John C. from the Inland Group Redlands is moving at the end of Oct. and will be needing to find a new Rep. Martin O is the Alternate and will be stepping up until we can find someone else.

Tradition 8. Matt T.

Volunteer for tradition 9. Uriel S.

Birthdays Amber S. Sept. 7th 2years

Stacy W. made a motion to adjourn. Matt T. 2nd motion passed.

Take a Look at This

Please support your office by contributing to the:

Buck-A-Month Club – This helps pay for your newsletters and their postage.

Birthday Club – Each year on your **Sobriety Birthday** send us the dollar amount equal to the years that you have sober. This is a great way to give back and we will put you in the newsletter.

November is **Gratitude Month**. Please pass the basket twice. One for the 7th tradition and one for Central Office.

The Christmas Alkathon needs your help!!!

The new website is up and running! Go to:

aainlandempire.org

You also can donate through PayPal!

Faithfully Yours in Service,
The Board Members



DONATION ADDRESSES

Please let the Newsletter know if this information is not current!

Inland Empire Central Office
P.O. Box 189, Colton, CA 92324
SHOW CITY AND NAME OF GROUP

Mid-Southern California Area
P.O. Box 51446, Irvine, CA 92619-1446
SHOW GROUP SERVICE NUMBER

General Service Office
General Service Office Post Office
Box 2407 James A Farley Station
New York, NY 10116-2407

Hospitals and Institutions
P.O. Box 3927
Riverside, CA 92519-3927
SHOW CITY AND NAME OF GROUP

DISTRICT ADDRESSES

MSCA DISTRICT 8, P.O. Box 2673, Riverside, CA 92506-2851
Corona, Mentone, Mira Loma, Moreno Valley, Norco, Redlands, Riverside, Yucaipa

MSCA DISTRICT 11, Not active, currently.
Big Bear, Bloomington, Colton, Crestline, Fontana, Highland, Lake Arrowhead, Loma Linda, Rialto, Running Springs, San Bernardino

MSCA DISTRICT 14, P.O. Box 198, San Jacinto, CA 92581-0082
Banning, Beaumont, Hemet, Idyllwild, San Jacinto

MSCA DISTRICT 17, P.O. Box 1131, Temecula, CA 92593-1131
Canyon Lake, Lake Elsinore, Murrieta, Perris, Sun City, Temecula

HOSPITALS & INSTITUTIONS COMMITTEE

TREASURER'S REPORT-SEPTEMBER 30 2023

August 21, To September 17, 2023 (Respectfully submitted by Gary B. Treasurer)

<u>GROUP / INDIVIDUAL</u>	<u>AMOUNT</u>		<u>AMOUNT</u>
COLTON-FRIENDSHIP MTG FRIDAY NITE 5:30PM	30.00	RANCHO CUCAMONGA-KICKS ON 66	40.00
COLTON-TUESDAY NOON	30.00	RANCHO CUCAMONGA-OLD SCHOOL MEN'S GROUP	100.00
CORONA- GRP# 671825. MEN'S 3RD STEP ZOOM 5:30PM SUN	20.00	RANCHO CUCAMONGA-SACRED HEART 6:15 AA BOOK STUDY	240.08
CORONA-GRP # 000660859	50.00	REDLANDS-GRP # 000134210	38.00
CORONA-STEPWORKER'S MEN'S STAG 7AM TUES	45.50	REDLANDS-INLAND GRP, MON SPKRS (\$54,\$21,\$25 & \$12)	112.00
FONTANA-ATTITUDE ADJUSTMENT 6:30/730 AM	45.65	REDLANDS-SHARING & CARING SPEAKERS	25.43
HIGHLAND- IT WORKS	128.00	RIVERSIDE- GRP#000149165	36.00
HIGHLAND-FRIDAY NITE 7PM ROUNDTABLE	25.00	RIVERSIDE- SOBER SISTERS, TUES. NITE	10.00
JEANNIE S. INDIVIDUAL DONATION	25.00	RIVERSIDE-ATTITUDE ADJUSTMENT HOUR	148.35
		RUBIDOUX UNITY GRP	150.00
		SAN BERNARDINO-I.N.C.A.	20.00
SUB TOTAL	\$ 399.15	SUB TOTAL	\$ 919.86
		TOTAL DONATIONS	\$ 1,319.01
		TOTAL LITERATURE	\$ 421.30

Inland Empire Central Office Of AA

Statement of Activity YTD Comparison

September 2023

	TOTAL	
	SEP 2023	JAN - SEP, 2023 (YTD)
Revenue		
Credit Card Surcharge	68.00	414.50
Donations		
BAM	71.87	650.58
Birthday Donations	1.87	207.87
Group Contributions	3,477.16	53,398.47
In Memory Of		489.07
Personal	245.47	3,207.36
Total Donations	3,796.37	57,953.35
Investments		
Interest-Savings, Short-term CD	1.37	33.61
Total Investments	1.37	33.61
Net Sales Income	191.00	191.00
Book Covers		
Sales of Product Revenue	90.00	1,067.00
Total Book Covers	90.00	1,067.00
Books		
Sales of Product Revenue	3,848.86	42,122.55
Total Books	3,848.86	42,122.55
Directories		
Sales of Product Revenue	237.27	1,742.05
Total Directories	237.27	1,742.05
Grapevine	5.98	53.82
Medallions	16.00	369.70
Sales of Product Revenue	1,492.00	9,501.49
Total Medallions	1,508.00	9,871.19
Misc. Literature	-57.55	8.57
Sales of Product Revenue	316.20	2,460.12
Total Misc. Literature	258.65	2,468.69
Pamphlets		
Sales of Product Revenue	209.55	1,625.85
Total Pamphlets	209.55	1,625.85
Total Net Sales Income	6,349.31	59,142.15
Refunds		-54.37
Total Revenue	\$10,215.05	\$117,489.24
Cost of Goods Sold		
Cost of Goods Sold	3,973.16	38,923.73
Total Cost of Goods Sold	\$3,973.16	\$38,923.73
GROSS PROFIT	\$6,241.89	\$78,565.51

Inland Empire Central Office Of AA

Statement of Activity YTD Comparison

September 2023

	TOTAL	
	SEP 2023	JAN - SEP, 2023 (YTD)
Expenditures		
Business Expenses		
Business Registration Fees		94.00
Total Business Expenses		94.00
Contract Services		
Accounting Fees		264.66
Total Contract Services		264.66
Facilities and Equipment		
Equip Rental and Maintenance		903.58
Rent	1,102.49	9,344.98
Utilities	254.71	1,402.83
Total Facilities and Equipment	1,357.20	11,651.39
Operations		
Alarm	58.96	530.64
Merchant Service Fee	108.43	838.89
Office Help	2,638.61	4,577.21
Postage, Mailing Service		336.01
Quickbooks Payroll Fee	57.00	512.00
Register Over/Short	0.09	5.71
Software		97.88
Supplies	5.94	397.28
Telephone, Telecommunications	290.43	1,307.35
Water	18.00	111.35
Total Operations	3,177.46	8,714.32
Other Types of Expenses		
Insurance - Liability, D and O		1,268.00
Sales Tax Rounding Error		0.06
Total Other Types of Expenses		1,268.06
Payroll Expenses		
Medical	1,256.00	6,055.11
Taxes	382.82	3,743.51
Wages	4,498.61	45,553.66
Total Payroll Expenses	6,137.43	55,352.28
Travel and Meetings		
Conference, Convention, Meeting	0.00	1,186.92
Total Travel and Meetings	0.00	1,186.92
Total Expenditures	\$10,672.09	\$78,531.63
NET OPERATING REVENUE	\$ -4,430.20	\$33.88
NET REVENUE	\$ -4,430.20	\$33.88

Inland Empire Central Office Of Alcoholics Anonymous

Group Donations

September 2023

	TOTAL	
	SEP 2023	JAN - SEP, 2023 (YTD)
Alta Loma Older than Dirt Sat		90.00
Alta Loma Woman to Woman		100.00
Banning 127191		173.00
Banning Fri. noon 12x12 151026		30.00
Banning Mon. Noon Big Book		100.00
Banning Monday Winners Circle 8am		100.00
Banning Sat 6PM Daily Reflection		50.00
Banning Sat. 10am Book Study		60.00
Banning Sat. 7am		225.00
Banning There is a solution		50.00
Banning Tue Living Sober Book Study	100.00	100.00
Banning Wed. Nooners 674140		100.00
Beaumont As Bill See's It #151025		20.00
Beaumont Mon Candlelight 627865		258.00
Beaumont Plain Wrap Mens Mtg	196.00	949.84
Beaumont Thurs 7pm Big Book		144.60
Big Bear Friday 11 am 12x12		50.00
Big Bear Friday 7PM		100.00
Big Bear Group		15.00
Big Bear Honor the Mountain Group		200.00
Big Bear Mixer Group Wed. 530 pm		150.00
Big Bear Monday As Bill Sees it	50.00	50.00
Big Bear Saturday Night Speaker		100.67
Blue Jay Altitude Adjustment Group		1,000.00
Central Office Picnic		4,505.00
Chino 630pm Wed Night Mens Stag		470.00
Chino Monday 730pm There is a Way Out		120.00
Chino Sunday Online 11th Step Meeting		60.00
Chino Umbrella Group		750.00
Chino Womens 11th step		40.00
Christmas Alkathon		1,336.00
Claremont 11th Step Group 8am		73.00
Colton As Bill Sees It-Sat. Noon	30.00	120.00
Colton Fri Friendship Grp		15.00
Colton Sunday BS 12x12 1230		5.98
colton this too shall pass group	27.00	27.00
Corona 28753		180.00
Corona Lucky Ladies Wed 7pm		136.38
Corona Mens Step Workers Meeting		200.00
Corona Stepping Stones		150.00
Corona Sunday 3rd step 671825		80.00
Corona Umbrella Group		828.94
Corona Wed 7pm Men's Book Study Group		454.50

Inland Empire Central Office Of Alcoholics Anonymous

Group Donations

September 2023

	TOTAL	
	SEP 2023	JAN - SEP, 2023 (YTD)
Corona Welcome Home Group 709168		554.50
Crestline Bridge to Shore		125.00
Fontana Attitude Adjustment	106.52	1,102.79
Group 000035839		120.00
Group 000385926		30.00
Group 0140054109		200.00
Group 241250		80.50
Group 660859		125.00
Group# 000134210	150.00	150.00
H&I Inland Empire		200.00
Hemet Att. Adj. 7am Daily		468.87
Hemet Lucky ladies Group		20.00
Hemet Monday Nite 12X12 7 PM		98.00
Hemet Old Timers Group 722762		50.00
Hemet Saturday Nite Live	150.00	150.00
Hemet Step into Sobriety	25.00	25.00
Hemet The Lucky Ones		100.00
Hemet Tues. Sisters in Recovery		50.00
Hemet Women in Recovery		275.00
Highland 7pm Fri. Round Table	100.00	250.00
Highland it works 530pm		85.08
Idyllwild Daily Noon Zoom Meeting		62.92
Idyllwild Living Sober Group		18.40
IEAA Convention		1,476.08
Inland Empire Men's Banquet		800.00
Lake Arrowhead Men's Stag online zoom		78.81
Mentone Where's The Beach		310.00
Moreno Valley 6pm Thursday Woman Sober Living Book Discussion on Zoom Group		79.27
Moreno Valley 717213		63.69
Moreno Valley 930am Sat Morning Woman Daily Reflection Group		43.53
Moreno Valley Awakenings Club Sunday 7pm		20.00
Moreno Valley Fri. 630am As Bill Sees It		25.00
Moreno Valley Here's How		100.00
Moreno Valley Speaker Sat Nite		73.02
Moreno Valley The Awakenings Club	12.00	1,822.00
Moreno Valley Unknown Group @Awakenings		10.00
Moreno Valley Wednesday Women Topic Meeting 6pm	30.32	185.97
Moreno Valley Women in Solution		229.00
Nelson House		100.00
Norco 3rd Step 530 Weekly	100.00	100.00
Norco Monday Night St Mels		439.76
Perris Eagle Spirit		50.00
Pomona Triangle Club		300.00

Inland Empire Central Office Of Alcoholics Anonymous

Group Donations

September 2023

	TOTAL	
	SEP 2023	JAN - SEP, 2023 (YTD)
Rancho Cucamonga Alano Tue Big Book		48.51
Rancho Cucamonga Sun 1230 12X12		25.00
Rancho Cucamonga 730 Easy Does It		50.00
Rancho Cucamonga Human Touch		30.00
Rancho Cucamonga M Old School Meeting		200.00
Rancho Cucamonga sacred heart book Study		1,386.69
Rancho Cucamonga Sun 7p As Bill Sees It	75.00	125.00
Rancho Cucamonga Tue. 8pm Kicks on 66		412.42
Rancho Cucamonga Valley Alano Wed 530		100.00
Rancho Cucamonga Valley Alano Wed Noon		25.00
Rancho Cucamonga WED Happy Hour		148.51
Rancho Tues. Woman to Woman		300.00
Redland's Inland Group Mon 730pm	214.64	2,690.59
Redlands 690646		50.00
Redlands Attitude Adjustment T, Th, Sat		325.00
Redlands BMC Daily Attitude Adjustment		840.00
Redlands Discovery Group		325.00
Redlands Friday ladies Night Candlelight	50.00	100.00
Redlands Friday Nite 7pm Men's Stag 134210		768.00
Redlands Mon. 7pm Women's Candlelight		165.00
Redlands Sat Night Caring and Sharing	101.70	683.29
Redlands Thirsty Thursday 7pm		110.00
Redlands This Too Shall Pass Group		96.86
Redlands Thursday Mens Bookstudy	300.00	300.00
Redlands Trinity Monday Night Womens 7pm		193.00
Redlands Unity		1,100.55
Redlands Unity Group		501.46
Redlands Womans BB Friday Noon		50.00
Redlands Women Clean Beginnings	130.00	130.00
Redlands Women's Friday night Candlelight 140637		100.00
Riverside Tues Night Cypress Mens Stag		180.00
Riverside (RAAH) Attitude Adjustment Hr.		3,646.48
Riverside 000123		38.00
Riverside Friday Came to Believe		485.60
Riverside Friday Sermon on the Mount		99.84
Riverside Friday Step Sisters		75.00
Riverside Grateful to be alive		200.00
Riverside GTBA Sat. 730		228.00
Riverside Mon. Salad Bowl		414.38
Riverside New Dawning # 127984		54.00
Riverside Not All Saints		146.52
Riverside Sat. Night As Bill Sees It		190.00
Riverside Sober Sisters	60.00	210.00

November Newsletter 2023

Inland Empire Central Office Of Alcoholics Anonymous

Group Donations

September 2023

	SEP 2023	TOTAL
		JAN - SEP, 2023 (YTD)
Riverside Thursday Night Casa Blanca	200.00	800.00
Riverside Thursday Sober Steps		150.00
Riverside Tuesday 10 am Woman In the Big Book #722786	184.00	284.00
Riverside Tuesday Nite Podium	100.00	490.81
Riverside Wed Women Celebrate Sobriety	63.50	184.50
Riverside Wed. 630 Men's The Point is 681653		300.00
Riverside Wed. Men's Stag Calvary Pres 8PM 149165		477.00
Rubidoux Alana Grp		700.00
Running Springs Mountain 12 Sep Club		175.00
San Bernardino INCA	60.00	302.00
San Bernardino Sat. Straight Up AA		80.00
Southern California AA Convention		1,000.00
Sun City Tue 7am Men's Stag		40.00
Tri State Roundup Association, Inc.		227.05
Unknown Meeting Daniel R.		139.66
Unknown Meeting Dustin S.		98.00
Upland Cucamonga men's Stag Tue 8pm		300.00
Upland 630AM Attitude Adjustment Zoom #000369258		454.25
Upland Attitude Adjustment 630am 61123	80.00	670.00
Upland The Meeting Place 91786		500.00
Upland Women's BB Study	165.00	398.61
Valley Alano Club Rancho Cucamonga		60.00
we're not a glum lot	16.00	16.00
Yucaipa Group		1,000.00
Yucaipa Group 684550		872.00
Yucaipa Thursday Woman 1130		50.00
Yucaipa Tue. Men's Stag-652034		531.00
TOTAL	\$2,876.68	\$52,062.68

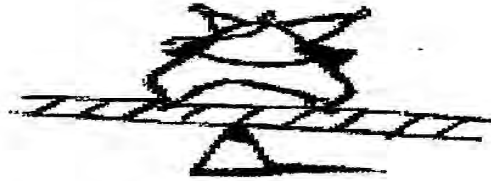
God grant me the
Serenity
to accept the things I
cannot change...

Courage to
change the things I can

and Wisdom to
know the difference...



ON THE BEAM



E	C	N	A	R	E	L	O	T	H	F	G	C	O	P
T	Y	F	A	I	T	H	Q	O	L	O	N	A	M	A
U	R	T	K	C	C	X	N	K	H	R	I	L	P	T
F	M	U	S	I	O	E	Y	A	T	G	V	M	P	I
Y	U	I	S	E	S	N	F	J	Z	I	I	O	J	E
Q	D	Y	H	T	D	U	S	Q	N	V	G	J	M	N
K	S	T	Y	U	E	O	D	I	C	E	E	O	V	C
D	K	I	N	E	D	L	M	O	D	N	D	Z	J	E
S	E	L	F	F	O	R	G	I	V	E	N	E	S	S
C	S	I	U	V	K	N	A	U	R	S	R	A	J	H
X	G	M	E	I	O	V	S	A	Z	S	X	A	B	H
H	Y	U	E	I	L	M	T	K	N	D	P	N	T	D
T	L	H	T	C	E	I	E	G	A	R	U	O	C	E
K	H	C	E	P	O	G	R	A	T	E	F	U	L	U
N	A	L	U	N	G	K	M	B	J	L	O	M	O	P

ACTION
CONSIDERATE
FAITH
GIVING
HONESTY
LOVE
MODESTY
SELF-FORGIVENESS
TRUST

CALM
COURAGE
FORGIVENESS
GRATEFUL
HUMILITY
MODERATION
PATIENCE
TOLERANCE

Inland Empire Central Office

P. O. Box 189

Colton, CA 92324

Return Service Requested



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BUCK-A-MONTH

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