Inland Empire

November 2022

Newsletter

aainlandempire.org

A publication of the Inland Empire Central Office



Inland Empire Central Office P.O. Box 189 897 Via Lata Suite A Colton, CA 92324 (Mail to P.O. Box 189)

Open 8 AM to 4 PM, Mon.-Fri. 9 AM to 1 PM, Sat. 909-825-4700

Web site:www.aainlandempire.org

M

aacentral@sbcglobal.net

Intergroup Meeting

1st Wednesday of the month, 7 PM 670 Carreon, Colton

Zoom ID: 845 4840 4215 Password: intergroup

Board of Directors Meeting

3rd Thursday of the month 7:00 PM

General Service, District 8 & 11

3rd Wednesday of the month 6:00 PM GSR School 7:00 PM Meeting 5770 Arlington, Riverside

https://us02web.zoom.us/j/81358831671

District 14

3rd Wednesday of the month GSR School 6 PM District 14 GSR 7PM Church of the Good Shepherd 308 E. Acacia, Hemet, 92546

District 17

1st Tues. of the month, 6:30 PM 41735 Winchester #C Temecula, 92590

Hospitals & Institutions

3rd Sunday of the month, 3 PM Redlands Unity Club, 1307 Brookside Redlands

> Area 9 Msca09aa.org

Step

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Tradition

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

Concept

The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.









E



Principle Eleven

Attunement (Becoming as one with our Higher Power)

Central Intergroup Office of the Inland Empire Board of Directors

Chairman: Dan D. Vice Chairman: Duke W.

Treasurer: Wilson W. Secretary: Diane L.

Members at Large Sharon G. Tim D. Elizabeth E.

land Empire Newsletter Editor: Carolyn V. Office Manager: Carolyn V.

Letters to the Editor or Articles for the Newsletter

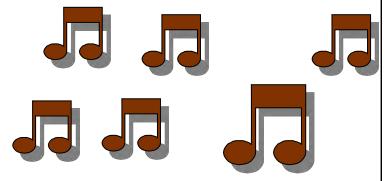
must be received by the 15th of the month for consideration of publication in the following month's issue.

Please submit your material for *The Inland Empire Newsletter* to:

Inland Empire Central Office P.O. Box 189 Colton, Ca., 92324 E-mail: aacentral@sbcglobal.net

November 2022

Ernestine M.	22	Happy
Leanne G.	35	
Bill S.	42	Birthday
Jeanne R.	27	
Michele B.	9	
		_



November Central Office Activity Report

AA Calls	445
12 Step Calls	11
Other Calls	28
Visitors	113
TOTAL:	597

Web Site

Visitors	48140
Countries	37
Subscribers	755

TOTAL: 48932

Thanks to all who are of service.

It makes a difference!

In Loving Memory

Gary P., Martin L., Sally R., Doug M., Pete P., Jon M.

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We thank all of the birthday celebrants for their contributions to the Central Office Birthday Club.

November 2022

Inland Empire Central Office Of AA

Personal Donations

September 2022

	CONTRIBUTIONS	INDIVIDUAL DONATIONS	BAM INDIVIDUAL DONATIONS	PERSONAL DONATIONS	TOTAL INDIVIDUAL DONATIONS	TOTAL CONTRIBUTIONS	TOTAL
Jeano M.			42.00		42.00	42.00	\$42.00
Jeff O.			4.61		4.61	4.61	\$4.61
Michael S.			9.31		9.31	9.31	\$9.31
Yolanda P.				97.52	97.52	97.52	\$97.52
TOTAL	\$0.00	\$0.00	\$55.92	\$97.52	\$153.44	\$153.44	\$153,44



VAGABOND GROUP

www.snafubar.com@vagabonds

NOTICE: WE MUST HAVE YOUR RESERVATIONS AND PAYMENT AT LEAST THREE WEEKS IN ADVANCE OF EACH CAMPOUT TO RESERVE A SITE FOR YOU. **THANKS!**

Saturday: Alanon meets 11 a.m., Potluck 5 p.m. during Standard Time and 6 p.m. during Daylight Savings Time, followed by Business meeting and A.A. Campfire meeting. Please bring firewood!

November 11-13, 2022 Prado Regional Park

Reservations required, Contact the WAGON MASTER: John & Murya 909-633-3997 sites: 19,20,55-60 W/E \$91 w/hookups

Directions: 5657Directions: At Junction I-15 and on I-91 head east. Exit at Hwy 71 and go North at Euclid go right to the Park. Bring Firewood!! Tents allowed 19 &20

December 9-10, 2022 Rancho Jurupa,

Reservations required, Contact the WAGON MASTER:Gil & Malissa 951-845-1553 sites: Back Row,Pay@gate TBD

Directions: Hiway 60 to Rubidoux Blvd. south, turn left on Mission Blvd. and go to Crestmoor Road and turn right.

January 13,14-2023 Lake Cahuilla, Indio

Reservations required, Contact the WAGON MASTER: Jeannie 951-204-3470 sites:20,22,24,26,28,45,47,49,51,53 W/E \$92

Directions: At Junction I-15 and on I-91 head east. Exit at Hwy 71 and go North at Euclid go right to the Park. Bring Firewood !! Tents allowed 19 &20

Please Submit all of your events and / or letters we would love to put them in the newsletter.

Thank You !!

Thank You !!

THANK YOU VOLUNTEERS!!

Thanks to these volunteers for keeping Central Office running smoothly for the past month:

Cheryl D., Chris S., Lisa H.





Inland Empire

December 24 & 25, 2022

Knights of Columbus - 1729 E. Baseline St. - San Bernardino

Contributions by check can be made to: Christmas Alkathon or using PayPal or Zelle christmasalkathon@gmail.com



Big Bland Tire &

San Bernardino





Christmas Eve. *Birthday/Chip meeting at 5PM on the 24th!

1st Meeting at 12:00PM

*Birthday/Chip meeting at 3PM on the 25th!

Closing Meeting at 7:00PM Christmas Day! 1st Meal at 1:30PM

50/50 Drawing at 4:45pm Christmas Day! Join us in the Fellowship of the Spirit!

RSVP Christmas Alkathon Meeting Time Slot

Follow/Click the link or scan the QR code to the calendar booking page and jump to Dec 24, or 25 to see availability and reserve your groups meeting timeslot to participate in this years ChristmasAlkathon.



IE Christmas Alkathon Meeting Panel Signups. - AA...

Ol D . . .

https://calendar.app.google/CbjopKhmhf3wowaeA

Christmas Eve:		Christi	nas Dav
2:30PM		12:45AM	9:00AM
5:00PM		2:00AM	11:00AM
7:00PM		3:15AM	1:00PM
9:00PM		4:30AM	3:00PM
		5:45AM	5:00PM
11:00PM	一起来的	7:00AM	7:00PM
	terms and a large Long to John State		

These are the meeting START times. All meetings run for I hour.

"Our very lives, as ex-problem drinkers, depend upon our constant thought of others and how we may help meet their needs." pg.20 B.B.





70th

SOUTHERN CALIFORNIA AA CONVENTION

WITH AL-ANON PARTICIPATION



A Platinum View in 2022

November 4 - 6, 2022

The Pacific Palms Resort City of Industry, California

1 Industry Hills Pkwy, City of Industry, CA 91744

Please pass the T^{th} Tradition basket twice, first for the group T^{th} tradition and the second time for a Central Office Grantude domains

Mail or deliver the November Grantiale donations to the Central office after your last meeting in November, Special envelopes will be provided.

Please begin amouncements at your last October meeting and November meeting when the 7th Tradition is passed the second time.

For many decades now, we in the fellowship have formally carved out from the calendar the month of November as a time to express our collective gratitude for our individual sobriety. Interestingly, no one is exactly sure why that month was originally chosen, though its connection with Thanksgiving seems obvious. AA co-founder, Bill W., thought for a while that his sobriety had begun in November, but later calculations established the date of his new beginnings as December 11.

INLAND EMPIRE CENTRAL OFFICE PO BOX 189 COLTON, CA 92324

For many decades now, we in the Fellowship have formally carved out from the calendar the month of November as a time to express our collective gratitude for our individual sobriety. Interestingly, no one is exactly sure why that month was originally chosen, though its connection with Thanksgiving seems obvious. A.A. cofounder, Bill W., thought for a while that his sobriety had begun in November, but later calculations established the date of his new beginnings as December 11.

Misty origins notwithstanding, Gratitude Month has, since the 1940s, been November and our shared thankfullness over the years has taken many forms and will continue to do so as our membership widens.

The General Service Board began giving small gratitude dinners in the 1940s. These were precursors to the much larger Gratitude Luncheons that were orchestrated during the 1960s as a Public Information effort of G.S.O. A.A. Traditions were the undeniable anchor of our new sober life, Bill W. thought when he wrote, "What then could be more appropriate than to set aside Thanksgiving week for discussion of the practical and spiritual values to be discovered in our Traditions?" The Traditions, he wrote in November 1949, "are a distillate of our experience of living and working together. They apply the spirit of the Twelve recovery Steps to our group life and security." (The Language of the Heart, p. 96) The first sealed and approved, official recognition of an A.A. "Gratitude Week," to be specifically designated to coincide with Thanksgiving week, dates back to 1956. That year, at the Sixth General Service Conference, delegates approved a motion to that effect, stipulating that "this action be noted in the annual pre-Thanksgiving appeals to the groups for funds to help support A.A.'s worldwide services.

Carrying the message, expressing gratitude, as well as wanting to make a gesture of appreciation for the numerous published articles, books

In A.A. November is Gratitude Month

A November
Tradition
Gratitude
Month
November
2022

and radio and TV interviews relating to A.A. that year, were what motivated a number of Gratitude Luncheons. These were held, always in November, during the 1960s at New York City's Roosevelt Hotel—where, incidentally, members of the media who might care to have a drink, were assured, in the invitation by General Service Board chairman (nonalcoholic) Dr. John L. Norris, that "cocktails will be served at 12:15 in the Library, and the luncheon will end promptly at 2:00 p.m."

Well-attended functions, these luncheons drew a sizable, wide-ranging representation from the media, and G.S.O. Archives served a double purpose: to thank the writers and commentators who attended for their contributions to A.A. in the preceding year and to, in the words of a G.S.O. memo written at the time, "advance A.A.'s public relations by bringing editors, publishers, writers and broad-casters in personal contact with sources of reliable information on the movement." A typical list of invitees to the 1965 luncheon, who had published articles and books on the Fellowship were from The New York Times, Medical World News, McCall's Magazine, Macmillan Publishing Company, The Christian Science Monitor, and many other news and publishing organizations.

Bill W. always addressed the gatherings, as did Dr. Norris, and, in addition to a question and answer period at the end of the proceedings, there was always plenty of A.A. literature available for the guests to take along. In 1965, Bill sent an autographed copy of the newly-released A.A. Comes of Age to each guest.

Although those who came to the luncheons found them helpful and informative, the board thought they were too expensive a way to say thank you, when a letter from Bill, after an article or TV production was completed,



Would have been enough. Others voiced the opinion that more cooperation offered on articles or radio and TV spots might have been more helpful. In any event, the luncheons were discontinued in 1968.

Gratitude. We all know it serves us best when it's kept alive, in our individual lives and in our group conscience. Realizing this, countless A.A. groups over the years have used the month of November (for Canadian groups, it's October), to open the door of gratitude even wider. It's a sure way of insuring a continued healthy sobriety, group unity, and to avoid complacency and stagnation. Many groups observe Gratitude Month by holding Traditions meetings and taking up special contributions to the General Service Office for A.A. services worldwide. This is an opportunity for all A.A.s to think of new and expanding ways to express and share their gratitude. For example, groups could hold topic meetings during the month on the power and different faces of gratitude: "How Grateful Are We?" "Gratitude is not Passive"; "Giving it

How about trying something new, something your group has never done before, which will make the members' gratitude more tangible and real? Traditions meetings, of course, always bring home to us all over again the richness of our A.A. heritage, strengthening not only our gratitude but the sobriety of A.A.s, old and new In deepening our appreciation of A.A.'s Traditions during Thanksgiving week, Bill wrote, "We could thus reinforce our faith in the future by these prudent works; we could show that we deserve to go on receiving that priceless gift of oneness which God in his wisdom has so freely given to us of Alcoholics Anonymous in the precious years of our infancy." (ibid.)

So how about it? Let's give Gratitude a real send-off this year!

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News and Notes from the General Service Office of A.A.®

www.nn.ord

Vol. 63, No. 3 / Fall 2017

Intergroup/Central Office: Then and Now

Established and supported by local groups to carry out the functions of a centralized office, intergroups have provided thousands of desperate alcoholics with their first contact with Alcoholics Anonymous, either over the phone, in person, or, increasingly, online. With 469 intergroups/central offices listed with G.S.O. in the U.S/ Canada alone (and nearly 700 worldwide), A.A. is so easily "searchable" these days that we often forget that, at one time, it played a little hard to get. Back in the early days, "A.A. wasn't that easy to find," wrote one oldtimer. "A carefully selected group of priests, judges and policemen knew about A.A.; our phone number wasn't listed, and it could be gotten only by dialing Information." This was a deliberate attempt to ensure that anyone wanting to get sober was sincere enough to make a real effort. But gauging the level of someone else's desire to quit drinking was an often subjective judgment that the Third Tradition fortunately did away with.

In the very beginning, there was the Central Committee in Cleveland, Ohio, where by October 1939 a group of seven members convened on a regular basis to coordinate efforts regarding hospitalizations and sponsorship, doing crucial work at a time when the slip of just one member or the dissolution of just one group seemed to threaten the very existence of A.A. itself.

What Bill W. called "A.A.'s first organized service center" — the forerunner of today's intergroup — sprang up in the Chicago suburb of Evanston. Around 1940, an A.A. member named Sylvia used the proceeds of her monthly alimony check to rent an apartment and establish a phone line. In 1941, after publication of the Jack Alexander article about A.A. in the Saturday Evening Post, Sylvia's apartment began to resemble, according to Bill, "a sort of Chicago Grand Central," with so many phone calls that Sylvia had to enlist the aid of Grace Coultice, a nonalcoholic secretary. Eventually, Sylvia and Grace upgraded to an office in the Loop (only a few blocks from where the current Chicago Area Service Office now has its offices), where they welcomed, Bill wrote, "a stream of applicants for Twelfth Step attention, hospitalization, or other help."

Most early intergroup offices were nowhere near as elaborate as this: they were simply phone lines listed as belonging to A.A. but that were in fact connected to members' homes. But Sylvia's office inspired the opening of numerous early intergroup/central offices all over the Midwest, notably ones in Green Bay, Wisconsin, and



Minneapolis, Minnesota.

On the East Coast, New York Inter-Group essentially started when the doors of the 24th Street Clubhouse at 3341/2 West 24th Street opened in June 1940 and began serving the members of Alcoholics Anonymous in the metropolitan area. By 1942, the Club, as it was called, began to serve as more than a meeting place and to function as a de facto central committee for over 20 A.A. groups, with two paid clubhouse secretaries who answered phones and manned the desk 12 to 14 hours a day. These were some of A.A.'s first "special workers," as articulated in Tradition Eight, who were paid to make A.A. Twelfth Step work possible, as opposed to individual A.A. members who, on a voluntary basis, carry the message as part of their own Twelfth Step efforts. Eventually, in 1946, New York Inter-Group was established, moving away from the clubhouse (it was difficult to carry on the work of intergroup in a social atmosphere that included an endless poker game and, at one point, a restaurant) to a space on West 75th Street.

By the time of the first General Service Conference in April 1951, at least 16 intergroup/central offices were serving local groups. Since they predated the formation of the general service structure and performed a different A.A. function, they were not a part of the A.A. structure (except in Chicago, where the area service office and area committee are essentially one). At times over the years, there has been an overlapping of services, but, for the most part, intergroups and general service have come to work in harmony.

Matthew C., office manager of the Ventura County Central Office (VCCO), is the epitome of a contemporary $\frac{1}{2}$

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intergroup/central office manager, dealing with all the rewards and challenges that this entails. The image of A.A. volunteers answering phone calls from suffering alcoholics, or A.A. members seeking a meeting or information, is still a relatively accurate one. "We rotate shifts of volunteers — we have at least one in the office at all times, and 60 to 70 willing to have calls forwarded to their homes after hours," Matthew says. They get about 500 to 600 calls a month at VCCO, but this is down from previous years because of the Internet, which has proved, for better or worse, a game-changer for intergroup/ central offices. Since so many people are bypassing phone calls and going to the VCCO website, the beta test site that Matthew is rolling out is geared heavily toward newcomers, opening with a banner that reads, "New to A.A.? Have Questions?" and a home page that addresses the most commonly occurring questions.

Matthew feels that there is a "certain comfort" about being able to explore the answers to questions individuals may have about their drinking without having to speak to someone, but there is also something that may be lost: "that one-on-one connection with another person. So, the website does encourage people to call, 24/7." When they do call, miracles can occur. Like so many of the intergroup/central office workers, Matthew has war stories. Once, an alcoholic attempting to detox himself called VCCO, certain that he was having a heart attack. "He was in bad shape," Matthew says, "and after a long conversation we convinced him to call EMS and get to an emergency room." Several years later, that same alcoholic — sober now — walked into the office and thanked them.

In Chicago, office manager Katie M. describes a very successful web presence for the Chicago Area Service Office (CASO). The website averages over 100,000 visits per month, and, out of these, roughly 26 percent are coming to the site for the first time.

Katie describes CASO as "an anchor" for the greater Chicago area and Cook County. "We have a bookstore, and all of our standing committees — like corrections, H&I, Grapevine, etc. — meet here in the evening, and other districts come down here to participate, so we connect people to the service structure."

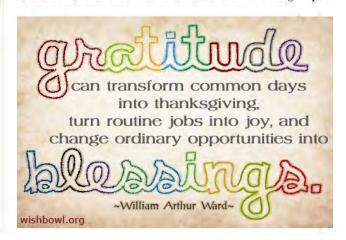
CASO does receive roughly 700 phone calls a month,

Katie adds, but she senses that they are somewhat different from the intergroup calls of the past. "The majority of the calls are not necessarily people wanting to go to a first meeting, or to talk about their drinking problems. We get calls from social workers, for instance, who are trying to help alcoholics connect with a meeting, often a bridging-the-gap kind of thing."

Like many intergroup/central office managers, Katie is concerned about the finances of the office. Like all intergroups, CASO acts as a clearinghouse for information about local groups and meetings and is directly responsible to the groups it serves. In turn, these groups provide volunteers for Twelfth Step work (i.e., answering the phones), supervise office policies and procedures via their intergroup reps, and offer financial support. CASO has a strong prudent reserve, but Katie is always looking for measures to cut costs, particularly since contributions from the groups have been declining. "Only 23 percent of the groups support the office," Katie says, "and individual contributions [which can be up to \$3,000 annually] make up only 5 to 10 percent." And e-commerce affects the way they can do business. "People can get the Big Book cheaper and faster from non-A.A. online stores than they can coming down here to the bookstore and purchasing it from us."

One answer to this problem is outreach to the groups. Katie M. sends out an appeal letter every November, and intergroup reps discuss the need for financing at every area assembly. Pauline D., office manager of the Northern Virginia Intergroup (NVI), agrees on how crucial outreach is: "We had a terrible year a couple of years ago," she says. So, we did a major outreach, letting people know just how intergroup works and how it is financed. We asked all of our intergroup reps to bring word back to their groups that intergroup needed their help. We really pushed Birthday Plans in November. And we had the intergroup chair visit each of the 14 districts we serve and talk about our mission. And that seemed to work very well for us."

(Pauline and NVI are hosting the 32nd Annual Intergroup/Central Office/AAWS/AAGV Seminar, October 6-8 this year. This annual seminar provides a forum for the exchange of ideas and shared experience for those on A.A.'s front line. Attendees are intergroup/



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central office managers, intergroup representatives, G.S.O. and Grapevine staff, and members of the A.A.W.S. and Grapevine Boards.)

Jennifer R., office manager of Miami-Dade Intergroup — an office with a long history, dating back to the 1940s — has seen the number of groups in the area decline. Phone calls to the hotline average only two or three a day, perhaps as a result of the website or the Meeting Finder app that many people use today. With so many groups closed and others facing increased rent, contributions to Miami-Dade Intergroup are down. Both Jennifer and another employee are part-time; despite this, they are incredibly productive, producing and distributing meeting directories, managing the website, selling A.A. Conferenceapproved literature, providing service materials, preparing

a monthly newsletter, and making sure the phones are answered 24/7 by A.A. volunteers. Jennifer speaks Spanish, and one of her many jobs is cooperation with the Spanish-speaking intergroups, which do not have a separate office, but pass the phone from one group to another, one month at a time.

Young people coming into A.A. need to be educated about intergroup, Jennifer says, and need to learn to volunteer. An A.A. without intergroup would not be A.A., really. "If we are not here, if someone calls for help and there is no one to pick up the phone, then A.A. has failed them."

Coco T., executive secretary of New York Inter-Group (NYIG), agrees that a thriving intergroup is incredibly important to the A.A. community it serves — in the case of NYIG, a community that includes 1,438 active groups registered with the NYIG office and 3,642 meetings in the meeting book. It's no wonder that NYIG's Seventh Avenue offices are open 365 days a year from 9 a.m. to 10 p.m., with phone volunteers available from 9 a.m. to 2 a.m. "We don't miss any opportunity to share our experience, strength and hope with other alcoholics," Coco says, especially since the web has changed the intergroup paradigm. Up until August 2016, when their new A.A. meeting finder appeared on the website, NYIG averaged 4,500 to 4,800 calls a month. At that point, the calls were almost immediately reduced to 3,000 to 3,200 per month.

It's a mixed blessing, of course. More and more people are able to find meetings quickly and efficiently, but, says Coco, the loss of 20 to 30 phone calls a day "is physically very noticeable. When alcoholics actually call on the phone for help, they get the benefit of the A.A. volunteer who may have been taking phone calls for five years and can really connect with another alcoholic. Now we get hundreds of emails asking us to make contact with a person about their drinking. It's a challenge to answer these, and also removes the value of that one-to-one connection, the immediate Twelfth Step element."

To provide human connection, Coco helps ensure that the NYIG office is a welcoming place. "There's a library and an archives area where people can and do come from all over for a cup of coffee and to read a book and look at some historic items. You can check out a book if you want. No one is ever turned away. Even in an electronic age, we are committed to providing hard copies of every flyer we produce - not everyone, particularly homeless people, has access to the Internet."

And the connection benefits not just the alcoholics reaching out to NYIG, but those 635 to 700 alcoholics with over one year of continuous sobriety who volunteer there. "You can't stop these volunteers," Coco says. "Even if there's six feet of snow outside, they'll be here." She tells

> the story of one 90-year-old volunteer - a physician who knew Bill W., and used to talk about how he had tried, unsuccessfully, to get Bill to stop smoking — who came in once a week, year after year, even as his health failed, showing up dressed in a suit and tie. "He was a man of elegance and grace," Coco says. "He used to tell his wife, 'I have to go help people.' His life's work was to carry the message."

The Area 87 Central Service Office in alcoholics. According to executive receives roughly 500 to 600 English-

Montréal, Québec (which is hosting the 2018 Intergroup/Central Office/AAWS/ AAGV Seminar), carries the message to both English- and French-speaking assistant Ginette W., their help line language calls monthly, with perhaps New York Inter-Group's three times that many in French. "We first meeting schedule — 1946. are officially bilingual, but we also

> have a Spanish-speaking presence," Ginette adds. "There are about 12 Spanish-speaking groups locally that have their own intergroup, but we host them at our office and make literature available in Spanish."

> Like most intergroup/central offices, some of the phone calls the Area 87 Central Service Office receives are from alcoholics who are lonely and simply want to talk, which can be a drain on resources. "We never cut these calls off," says Ginette, "but we work to direct these people to meetings, where real, face-to-face recovery can begin. We also have a group of volunteers who are willing to talk on the phone from their homes, which frees up our other workers."

> Replenishing the pool of volunteers is a constant concern. "We have to keep reminding groups that things don't happen by magic in A.A.: there is hard work in carrying the message. Our area's 27 districts have 550 groups, and we reach out to all of them via our newsletter and through intergroup reps going to meetings. We also make a point of educating groups about why we need money, not how much. We need to pay for literature, for phones, for the website. The A.A. message of recovery is free; for intergroup to pass it on costs money."

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Area 37 Central Service Office has a brand new website that features a special portal dedicated to newcomers. Ginette puts it simply: "We need to be where the people are. And, these days, people are on their computers and smartphones. So that is where intergroup has to go."

Many of those who have never had occasion to call intergroup (or who look up meetings on websites in strange towns without quite thinking of who is maintaining that website) wonder why they should support intergroup/central office with their financial donations. While cooperating closely with G.S.O. and local general service district and area committees, it is not unusual for intergroup/central offices to seem apart from the general service structure. However, as noted in The A.A. Service Manual (page S42), "Many areas find that a liaison between the intergroup/central office and the area committee is very helpful in maintaining good relations and communication. In some areas the liaison has a vote at the assembly; in others, a voice but no vote." And further, the General Service Office publishes Guidelines and other service material that share the accumulated experience of intergroups and central offices in the United States/

Canada and worldwide. These define an intergroup as "an A.A. service office that involves partnership among groups in a community — just as A.A. groups themselves are partnerships of individuals. It is established to carry out functions which are best handled by a centralized office.... It exists to aid the groups in their common purpose of carrying the Alcoholics Anonymous message to the alcoholic who still suffers."

According to Coco T., the NYIG office pays \$10,000 a month in rent alone — a relatively modest fee, considering Manhattan real estate prices, but not a stroll in the park either. When asked what the future might hold for intergroups, she replies, "We answer to the Fellowship; we are responsible to the groups. Ultimately, our future depends on them. I owe my life to Alcoholics Anonymous, and I would hope intergroup is always there."

As Matthew C. at VCCO sees it, the idea of intergroup is the idea of A.A. itself: "A suffering alcoholic talks to someone who is feeling the way they are feeling, who understands and has been through the humiliation they have experienced, who helps them know that they are not alone after all."

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Holiday Hours:

November 24, close at noon November 25-26, closed December 24, close at noon December 25, closed December 31, close at noon January 1, closed

Im A Friend Ot

The Inland Empire Newsletter Editorial Policy

The Inland Empire Newsletter is a monthly newsletter of the Inland Empire Central Office of Alcoholics Anonymous.

It is about, by and for members of AA Fellowship.

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Contributions from AA members are encouraged and welcomed! These will be printed as space permits. Submissions must be typed or neatly handwritten and signed (your name and last initial will only be published unless requesting to be "Anonymous".)

The Inland Empire Newsletter conforms, at all times, to the Guidelines set forth by A.A. World Service as outlined in pamphlet GSO Service F-29 "Conference-Approved Literature" (available at Central Office).

The Courage to Change









34th Inland Empire AA Convention April 20-23, 2023

SOBOBA CASINO RESORT EVENT CENTER
SAN JACINTO, CA

Speaker Line-up

Ralph W., Quincy W., Deb H., Wendi T.
Jason J. & More TBD
Alanon Speaker To Be Announced



*Speakers and events subject to change

Events

8 Speakers

Ice Cream Social, Poker Run/Motorcycle Run,

Gary P. Golf Tournament, 2 Banquet Meals, Sunday Breakfast.

Thursday Night: Interview with a Drunk

featuring: Lindsey C. interviewing Karl M.

More Days More Speakers More Meals

Registration Now Open

visit www.IEAAC.org for more information!

I am responsible...

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible

ON THE BEAM





ACTION
CONSIDERATE
FAITH
GIVING
HONESTY
LOVE
MODESTY
SELF-FORGIVENESS
TRUST

CALM
COURAGE
FORGIVENESS
GRATEFUL
HUMILITY
MODERATION
PATIENCE
TOLERANCE



7TH TRADITION CHALLENGE

"Now that we are sober in A.A., the word 'support' has to do with sharing, people, self-respect, gratitude, and what we are priviledged to give - not take - in material terms."







We are self-supporting through our own contributions ~ Many of our branches are suffering from lack of support (GSO, Area, H&I, Central Office). How much does one drink cost? If it were not for Alcoholics Anonymous, we'd be drinking plenty!

Drop the cost of one drink into your home groups basket when it comes by . . . you can't afford not to!



Intergroup Meeting Oct. 5, 2022

Duke W. opened with the Serenity Prayer at 7:02pm.

Board Members in Attendance: Duke W. Wilson W. Diane L. Tim D. Sharon G. Elizabeth E. and Carolyn V.

12 Traditions: Grant T.

Secretary Report: Diane L. Read Aug. minutes Elizabeth E. made motion to accept report as read. Tammy A. 2nd. Motion passed.

Treasure Report: Wilson W. Read July report Tim D. made motion to accept report as read. Sharon G. 2nd. Motion passed

New Reps: None

P I: John L. San Manuel POW Wow Health Center called and wants literature and a speaker. La Sierra Continuation School on 9th street wants us to come in and talk to the students. They will contact us. On Nov.5th Crafton has a need for us to talk to the young people aging out of foster care. 15-19 year olds.

H&I: Terri—I got an email from a man who has three men's facilities opening up. Two in Moreno Valley, one in Corona, they need panels to come in immediately. The Gibson House for men wants us to bring in a panel one Thurs a month. Get in touch with Teri if you would like to be on a panel.

Office manager Report: Carolyn- Still out of the office. Ordering books and literature from home. I have been getting phone calls every weekend due to the phone transfer issues. Teri-Literature is all in now, we have a little bit of everything. Seems slower than usual the past few weeks. Chaos done with the digging up from the Spectrum people. In addition, Spectrum is offering specials if we sign up with them. Dan brought a fan to the office. Thank you Dan.

12 Step/Phone Report: Carolyn- same issues as my report. Still working out the kinks in transferring the phones after hours.

Intergroup Meeting Oct. 5, 2022 Continued

GSR Report: On 9//11//22 Area 09 held an Area Assembly and approved updated Are 09 Guidelines and Bylaws. In addition, approved the 2023 meeting calendar. Next Area 09 meeting is 10/09/22. On 9/21/22 Districts 8 & 11 held their monthly meeting. Main topic of discussion was how to spend a \$17,000 surplus on worthy AA projects. District members are taking the question to their groups and a couple suggestions were made including 1) provide Grapevine subscriptions: and 2) hire an American Sign Language Interpreter for the meetings to attract the deaf alcoholics.

I would love to hear intergroup suggestions, I can be reached at 951-733-2888 or ghtay-lor58@icloud.com Next District 8 & 11 meeting is 11/19/22

District 8-hosted Servathon is Saturday11/12/22 from 6-9pm at the Ontario

Convention Report: Dan D.- The committee meeting are on the 2nd Thurs of the month at 7:00pm at the Ark Church in Redlands. Great speakers lined up.

Old Business: None

New Business: We are hosting a table at the Servathon, which is the Mock tail hour.

Announcements- Terri M. – There is a Car Wash for the Alkathon on Sat Nov 12 2022 between 10-2. The Alkathon is setting up slots and tables. Discussion about the Intergroup having a slot on Dec. 24 at 7:00pm.

Teri got a call from a woman from Corona. A literature rep that had a fire and all the Literature had been destroyed and would like us to help replace it. Suggestions are that some have volunteered to help her personally. However, we as Central Office does not do that. **Tradition 10 Tim S.**

Volunteer for tradition 11 Tammy A.

Birthdays-Grant T. Sept 24 4years. Pat R. made motion to adjourn. Tammy A. Motion passed

Take a Look at This

Please support your office by contributing to the:

Buck-A-Month Club – This helps pay for your newsletters and their postage.

Birthday Club – Each year on your **Sobriety Birthday** send us the dollar amount equal to the years that you have sober. This is a great way to give back and we will put you in the newsletter.

November is **Gratitude Month**. Please pass the basket twice. One for the 7th tradition and one for Central Office.

The Christmas Alkathon needs your help!!!

aainlandempire.org
You also can donate through PayPal!

Faithfully Yours in Service, The Board Members





DONATION ADDRESSES

Please let the Newsletter know, if this information is not current!

Inland Empire Central Office

P.O. Box 189, Colton, CA 92324 SHOW CITY AND NAME OF GROUP

General Service Office

- PO Box 2407
- James A Farley Station New York, NY 10116-2407

Mid-Southern California Area

P.O. Box 51446, Irvine, CA 92619-1446 SHOW GROUP SERVICE NUMBER

Hospitals and Institutions

P.O. Box 3927 Riverside, CA 92519-3927 SHOW CITY AND NAME OF GROUP

DISTRICT ADDRESSES

MSCA DISTRICT 8, P.O. Box 2673, Riverside, CA 92506-2851 Corona, Mentone, Mira Loma, Moreno Valley, Norco, Redlands, Riverside, Yucaipa

MSCA DISTRICT 11, Combined with District 8

Big Bear, Bloomington, Colton, Crestline, Fontana, Highland, Lake Arrowhead, Loma Linda, Rialto, Running Springs, San Bernardino

MSCA DISTRICT 14, P.O. Box 193, San Jacinto, CA 92581-0082 Banning, Beaumont, Hemet, Idyllwild, San Jacinto

MSCA DISTRICT 17, P.O. Box 1131, Temecula, CA 92593-1131 Canyon Lake, Lake Elsinore, Murrieta, Perris, Sun City, Temecula

HOSPITALS & INSTITUTIONS COMMITTEE

TREASURBR'S REPORT-SEPTEMBER 30, 2022
August 22 To September 18,2022 (Respectfully submitted by Gary B.Treasurer)

	manner anymane transport	A COLUMN CAN TANK THE COLUMN C	
GROUP / INDIVIDUAL	AMOUNT	GROUP / INDIVIDUAL	AMOUNT
BANNING-SATURDAY 7AM MTG. COLTON-LA CADENA GROUP,THUR 5:30 PM CORONA-THE LUCKY ONES CORONA-THE LUCKY ONES	50.00	REDLANDS-FRIDAY NIGHT MEN'S STAG	45.54 68.60 50.00 67.00
ETIWANDA-INLAND EMPIRE LEGACY GROUP, HEMET-WOMEN IN RECOVERY HIGHLAND- IT WORKS JEANNIE S, INDIVIDUAL DONATION MORENO VALLEY FRIDAY TGIF 5PM AWAKENINGS CLUB	65.00 25.00 145.02 25.00 20.00	RIVERSIDE- SOBER SISTERS, TUES. NITE RIVERSIDE-ATTITUDE ADJUSTMENT HOUR RIVERSIDE-CAME 2 BELIEVE	172,92 10.00 182,00 60,00 58,00
MORENO VALLEY-KAISER FRIDAY 6PM	33.40		136.00 60.00 75.00 17.50
SUB TOTAL	513.42	SUB TOTAL	1002.56
		TOTAL DONATIONS TOTAL LITERATURE	1515.98 \$ 901.65

Inland Empire Central Office Of Alcoholics Anonymous

Group Donations

		TOTAL
X11_1X	SEP 2022	JAN - SEP, 2022 (YTD)
000035503		50.00
140054109		125.00
Banning Sat. 7am		300.00
Banning Sat. Nite Daily Reflection 8pm		60.00
Banning Sun 7 AM		60.00
Banning There is a solution		50.00
Banning Thursday Noon Mens Stag	100.00	100.00
Banning Thursday Noon Womens		100.00
Banning Tue Living Sober Book Study		170.00
Banning Tuesday 7am A Day At A Time		20.00
Banning Wed. Nooners 674140		120.00
Banning Wednesday 7am		60.00
Beaumont AA		20.00
Beaumont As Bill See's It #151025		20.00
Beaumont Mon Candlelight 627865		240.00
Beaumont Plain Wrap Mens Mtg		691.05
Beaumont Thurs 7pm Big Book		120.00
Big Bear Honor the Mountain Group		350.00
Big Bear Lake BB Study Bear Lake Sunday 530am BS	50.00	350.00
Big Bear Mixer Group Wed. 530 pm		110.00
Big Bear Monday Night Red Road		40.00
Big Bear Saturday Night Speaker		426.59
Big Bear Tuesday Mens Stag		200.00
Big Bear Womens Reflection Tue pm		100.00
Blue Jay Altitude Adjustment Group		1,000.00
Central Office Picnic		3,059.26
Chino 630pm Wed Night Mens Stag	120.00	120.00
Chino Umbrella Group	125.00	125.00
Christmas Alkathon	119673.5	1,040.00
Claremont 11th Step Group 8am	240.00	720.00
Colton Fri Friendship Grp		90.00
Colton Sunday BS 12x12 1230	10.00	15.00
Colton Tue. Noon	22742	450.00
Colton-La Cadena Group Thurs	50.00	200.00
Corona Sunset Sisters		65.00
Corona Lucky Ladies Wed 7pm	124.00	368.53
Corona Mens Step Workers Meeting	, <u> </u>	150.00
Corona Stepping Stones	100.00	200.00
Corona Sunday 3rd step 671825	100.00	125.00
Corona The Lucky Ones		606.60
Corona Umbrella Group		1,674.74
Corona We are not Saints Monday 7pm		200.00
Corona Wed 7pm Men's Book Study Group	300.00	800.00

Inland Empire Central Office Of Alcoholics Anonymous

Group Donations

		TOTAL
	SEP 2022	JAN - SEP, 2022 (YTD
Corona Welcome Home Group 709168		542.50
Crestline Bridge to Shore		118.00
Etiwanda 615am Book Study		159.44
Fontana Attitude Adjustment	160.07	1,155.52
Fontana Monday Night		62.58
Fontana Thurs Night Att Adj		100.00
George Mc.		130.00
Group #90380		60.00
H&I Inland Empire		1,000.00
Hemet 5pm Freeway Group		140.00
Hemet Att. Adj. 7am Daily		482.00
Hemet Lucky ladies Group		75.00
Hemet Monday 12X12		75.00
Hemet Old Timers Group 722762		50.00
Hemet Sober Seniors Tue. 1pm		100.00
Hemet Step into Sobriety		25.00
Hemet Wednesday As Bill Sees It		75.00
Hemet Women in Recovery		300.00
Highland 7pm Fri. Round Table	50.00	140.00
Highland it works 530pm		217.82
Highland Sat Serenity		20.00
Idyllwild Daily Noon Zoom Meeting		183.28
E Mens Banquet		400.00
IEAA Convention		6,845.49
Lake Arrowhead Tues Night North Shore Mens Stag		600.00
Lake Arrowhead Tues. Nite Mt. Mens stagg		138.27
Mentone Where's The Beach		280.00
Moreno Valley 630am Living Sober		28.9
Moreno Valley 6pm Thursday Woman Sober Living Book Discussion on Zoom Group	28.91	70.56
Moreno Valley 9am Sat Morning Woman Daily Reflection Group		57.82
Moreno Valley Awakenings Club Mtg		320.00
Moreno Valley Fri. 5pm	20.00	20.00
Moreno Valley Friday Kaiser	33.40	178.80
Moreno Valley Friday noon Awakenings club		30.00
Moreno Valley Here's How		300.00
Moreno Valley Speaker Sat Nite		245.04
Moreno Valley The Awakenings Club		600.00
Moreno Valley Women in Solution		48.80
Norco 730pm James Club		124.00
Norco Friday Big Book 7pm		20.00
Norco Monday Night St Mels		80.00
North Shore Men's Stag		300.00
Pomona Triangle Club		400.00

Inland Empire Central Office Of Alcoholics Anonymous

Group Donations

		TOTAL
State of the Control	SEP 2022	JAN - SEP, 2022 (YTD
Rancho Cucamonga Alano Wed 4PM		40.00
Rancho Cucamonga Sunday 915am		25.00
Rancho Cucamonga 615		599.49
Rancho Cucamonga Alano Grp	105.00	205.00
Rancho Cucamonga Friday VAC 8pm Speaker		50.00
Rancho Cucamonga Human Touch	25.00	25.00
Rancho Cucamonga sacred heart book Study		153.66
Rancho Cucamonga Sat 530 PM		100.00
Rancho Cucamonga Tue. 8pm Kicks on 66		275.00
Rancho Cucamonga Valley Alano Wed Noon		25.00
Rancho Cucamonga Valley Monday night BS		50.00
Rancho Cucamonga WED Happy Hour		97.52
Rancho Tues. Woman to Woman		280.00
Redland's Inland Group Mon 730pm	340.00	3,108.50
Redlands Attitude Adjustment T, Th, Sat		125.00
Redlands BMC Daily Attitude Adjustment		240.00
Redlands Discovery Group	60.00	195.00
Redlands Friday ladies Night Candlelight	50.00	150.00
Redlands Friday Night Mens Stag	200.00	200.00
Redlands Friday Nite 7pm Men's Stag		390.00
Redlands Mon. 7pm Women's Candlelight		290.00
Redlands Sat Night Caring and Sharing	269.00	368.20
Redlands This Too Shall Pass Group	62.24	135.69
Redlands Thurs Nite 7pm Men's Big Book	186.50	520.50
Redlands Tues 6.30pm		225.00
Redlands Unity		1,500.00
Redlands Unity Group	500.00	1,005.64
Redlands Women Clean Beginnings		80.00
Riverside 140637		50.00
Riverside Pigs No More Fri. 7pm Men Stag	136.00	136.00
Riverside (RAAH) Attitude Adjustment Hr.	730.00	5,339.00
Riverside Friday Came to Believe	160.00	352.00
Riverside Friday Sermon on the Mount		90.35
Riverside Friday Step Sisters		25.00
Riverside GTBA Sat. 730	408.00	704.00
Riverside Mon. Salad Bowl	209.00	511.50
Riverside Monday 7PM Story Time		85.00
Riverside New Dawning # 127984	180.00	300.00
Riverside Sat 8pm Fellowship	3,20,00	725.00
Riverside Sat. Night As Bill Sees It		150.00
Riverside Sober Sisters	50.00	210.00
Riverside Thursday Night Casa Blanca	55.66	699.60
Riverside Thursday Sober Steps		482.00

Inland Empire Central Office Of Alcoholics Anonymous

Group Donations

	TOTAL	
	SEP 2022	JAN - SEP, 2022 (YTD)
Riverside Tuesday 10 am #722786		88.00
Riverside Wed Women Celebrate Sobriety		44.00
Riverside Wed. 630 Men's The Point is 681653		255.00
Riverside Wed. Men's For Pete's Sake 7pm		196.33
Riverside Wed. Men's Stag Calvary Pres 8PM 149165	100.00	300.00
Riverside Women Celebrate Recovery		100.00
Rubidoux Alana Grp	75.00	675.00
Running Springs Mountain 12 Sep Club	100.00	100.00
San Bernardino INCA		180.00
San Jacinto 7am Att adj		168.00
Shelter For Change		150.00
Sun City Tue 7am Men's Stag	50.00	150.00
The Meeting Place	600.00	600.00
Upland 630AM Attitude Adjustment Zoom #000369258		718.40
Upland Women's BB Study		330.00
Vagabonds		146.52
Yucaipa Group		1,130.00
Yucaipa New Beginnings Woman 630pm 35869		99.60
Yucaipa Thursday Woman 1130		75.00
Yucaipa Tue. Men's Stag-652034		495.50
Yucaipa Women's Serenity Solutions		145.00
Not Specified	192.00	256.50
TOTAL	\$6,299.12	\$57,912.10



Inland Empire Central Office Of AA

Statement of Activity YTD Comparison September 2022

	TOTAL	
	SEP 2022	JAN - SEP, 2022 (YTD
Revenue		-
Credit Card Surcharge	45.00	375.00
Donations		
BAM	69.64	1,026.4
Birthday Donations		265.22
Group Contributions	6,369.20	58,589.0
In Memory Of		22.00
Personal	231.76	4,610.99
Total Donations	6,670.60	64,513.63
Funds Recovered		243.15
Investments		
Interest-Savings, Short-term CD	0.89	19.58
Total Investments	0.89	19.55
Medallions	62.00	82.00
Misc. Income		0.70
Net Sales Income		
Book Covers		
Sales of Product Revenue	27.00	912.00
Total Book Covers	27.00	912.00
Books		
Sales of Product Revenue	3,780.59	36,439.97
Total Books	3,780.59	36,439.97
CD-DVD-Audio		
Sales of Product Revenue		45.10
Total CD-DVD-Audio		45.10
Directories		200
Sales of Product Revenue	116.00	1,803.61
Total Directories	116.00	1,803.61
Section (Constitution and	50.00	
Grapevine Medallions	56.50	89.95 209.00
Sales of Product Revenue	1,122.00	9,616.19
Total Medallions	1,178.50	9,825.19
Misc. Literature	1.17	58.54
Sales of Product Revenue	331.35	2,598.35
Total Misc. Literature	332.52	2,656.89
Pamphlets		
Sales of Product Revenue	74.85	866.30
Total Pamphlets	74.85	866.30
Total Net Sales Income	5,559.46	52,639.01

Inland Empire Central Office Of AA

Statement of Activity YTD Comparison September 2022

	TOTAL	
	SEP 2022	JAN - SEP, 2022 (YTD)
Refunds		154.06
Total Revenue	\$12,337.95	\$118,027.10
Cost of Goods Sold		
Cost of Goods Sold	3,959.91	36,477.70
Total Cost of Goods Sold	\$3,959.91	\$36,477.70
GROSS PROFIT	\$8,378.04	\$81,549.40
Expenditures		
Business Expenses		
Business Registration Fees		69.00
CTDF		90.00
Total Business Expenses		159.00
Contract Services		
Accounting Fees		230.00
Total Contract Services		230.00
Facilities and Equipment		
Equip Rental and Maintenance		121.00
Property Insurance		1,270.00
Rent	1,030.00	9,030.00
Rent, Parking, Utilities		167.88
Utilities		796.90
Total Facilities and Equipment	1,030.00	11,385.78
Operations	4,676.42	10,837.04
Other Types of Expenses		
Sales Tax Rounding Error		16.12
Total Other Types of Expenses		16.12
Payroll Expenses		
Medical	1,072.23	6,634.16
Taxes	175.12	3,180.91
Wages	2,312.65	37,862.65
Total Payroll Expenses	3,560.00	47,677.72
QuickBooks Payments Fees		17.37
Travel and Meetings		
Conference, Convention, Meeting	1,005.85	2,508.35
Total Travel and Meetings	1,005.85	2,508.35
Total Expenditures	\$10,272.27	\$72,831.38
NET OPERATING REVENUE	\$ -1,894.23	\$8,718.02
NET REVENUE	\$ -1,894.23	\$8,718.02

Inland Empire Central Office

P. O. Box 189 Colton, CA 92324 Return Service Requested



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Donation Form	

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В	UCK-A-MONTH

Please mail the Form with your monthly or annual donation of \$1.00 to the front of the Newsletter for your Central Intergroup Office.

Don't miss an issue, have the

Inland Empire Newsletter

delivered to your mail or e-mail box each month