

Inland Empire

November 2019

Newsletter

aainlandempire.org

A publication of the Inland Empire Central Office
Serving the Inland Empire



Inland Empire Central Office
P.O. Box 189
897 Via Lata Suite A
Colton, CA 92324
(Mail to P.O. Box 189)

Open 8 AM to 4 PM, Mon.-Fri.
9 AM to 1 PM, Sat.
909-825-4700

Web site: www.aainlandempire.org



aacentral@sbcglobal.net

Intergroup Meeting
1st Wednesday of the month, 7 PM
670 Carreon, Colton

Board of Directors Meeting
3rd Thursday of the month
7:00 PM

**General Service,
District 8**
3rd Wednesday of the month
6:00 PM GSR School
7:00 PM Meeting
5770 Arlington, Riverside

District 11
Dark

District 14
3rd Wednesday of the month
GSR School 6 PM
District 14 GSR 7PM
Church of the Good Shepherd
308 E. Acacia, Hemet, 92546

District 17
1st Tues. of the month, 6:30 PM
41735 Winchester #C
Temecula, 92590

Hospitals & Institutions
3rd Sunday of the month 3 PM
Redlands Unity Club,
1307 Brookside, Redlands

Area 9
Msca09aa.org

Step
Sought through prayer and
meditation to improve our
conscious contact with God as we
understood him, praying only for
knowledge of his will for us and the
power to carry that out.

Tradition
Our public relations policy is based
on attraction rather than promotion;
we need always maintain personal
anonymity at the level of press,
radio and films.

Concept
The trustees should always have
the best possible committees,
corporate service directors,
executives, staffs, and consultants.
Composition, qualifications,
induction procedures, and rights
and duties will always be matters of
serious concern.

E
L
E
V
E
N

Principle Eleven
Attunement
**(Becoming as one with our
Higher Power)**

**Central Intergroup Office of the Inland Empire
Board of Directors**

**Chairman: George D.
Vice Chairman: Dennis H.
Treasurer: Elizabeth E.
Secretary: Diane L.**

Members At Large

**Tim D.
Duke W.
Tom F.**

**Inland Empire Editor: Carolyn V.
Office Manager: Carolyn V.**

Letters to the Editor or Articles for the Newsletter must be received by the 15th of the month for consideration of publication in the following month's issue.

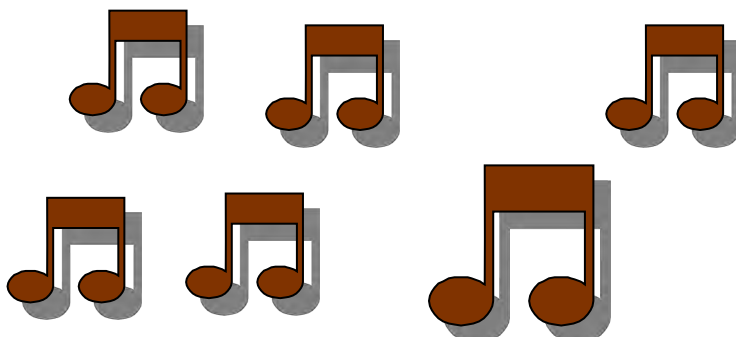
Please submit your material for *The Inland Empire Newsletter* to:

Inland Empire Central Office
P.O. Box 189
Colton, Ca., 92324
E-mail: aacentral@sbcglobal.net

November 2019

Ernestine M.	19
Leanne G.	32
Gilbert S.	50
Bill S.	39
Jeanne R.	24
Michele B.	6

**Happy
Birthday**



**November
Central Office Activity Report**

AA Calls	266
12 Step Calls	8
Other Calls	31
Visitors	208
TOTAL:	513

Web Site

Visitors	3568
Countries	37
Subscribers	750

TOTAL: 4355

***Thanks to all who are of service.
It makes a difference!***

In Loving Memory

**Gary P. Martin L., Sally R.,
Doug M., Pete P.**

Take a Look at This

Please support your office by contributing to the: Buck-A-Month Club-this helps pay for your newsletters and their postage.

Birthday Club- Each year on your sobriety Birthday send us the dollar amount of the years that you have sober. This is a way to give back and we will put you in the newsletter.

November is Gratitude Month, Please pass the basket twice. One for the 7th tradition and one for Central Office.

The Alkathon needs your help!!!

The new website is up and running go to:

aainlandempire.org

You Also can donate through PayPal.!

Faithfully Yours in Service,
The Board Members



We thank all of the birthday celebrants for their contributions to the Central Office Birthday Club.

Holiday Hours:

Thanksgiving

November 27, close at noon

November 28,29, closed

Christmas

December 24, close at noon

December 25, closed

New Year

December 31, close at noon

Jan 1, closed



DONATION ADDRESSES

Please let the Newsletter know, if this information is not current!

Inland Empire Central Office

P.O. Box 189, Colton, CA 92324
SHOW CITY AND NAME OF GROUP

Mid-Southern California Area

P.O. Box 51446, Irvine, CA 92619-1446
SHOW GROUP SERVICE NUMBER

General Service Office

P.O. Box 459, Grand Central Station
New York, New York 10164-0371
SHOW GROUP SERVICE NUMBER

Hospitals and Institutions

P.O. Box 3927
Riverside, CA 92519-3927
SHOW CITY AND NAME OF GROUP

DISTRICT ADDRESSES

MSCA DISTRICT 8, P.O. Box 2673, Riverside, CA 92506-2851

Corona, Mentone, Mira Loma, Moreno Valley, Norco, Redlands, Riverside, Yucaipa

MSCA DISTRICT 11, Not active, at this time.

Big Bear, Bloomington, Colton, Crestline, Fontana, Highland, Lake Arrowhead, Loma Linda, Rialto, Running Springs, San Bernardino

MSCA DISTRICT 14, P.O. Box 193, San Jacinto, CA 92581-0082

Banning, Beaumont, Hemet, Idyllwild, San Jacinto

MSCA DISTRICT 17, P.O. Box 1131, Temecula, CA 92593-1131

Canyon Lake, Lake Elsinore, Murrieta, Perris, Sun City, Temecula

VAGABOND GROUP

www.snafubar.com@vagabonds

**NOTICE: WE MUST HAVE YOUR RESERVATIONS AND
PAYMENT AT LEAST THREE WEEKS IN ADVANCE OF EACH
CAMPOUT TO RESERVE A SITE FOR YOU. THANKS!**

Saturday: Alanon meets 11 a.m., Potluck 5 p.m. during Standard Time and 6 p.m. during Daylight Savings Time, followed by Business meeting and A.A. Campfire meeting, Please bring firewood.

**November 8-9, 2019
Prado Regional Park**

Reservations required, Contact the
WAGON MASTER: Mike & Debbie 909-969-4521
\$91 w/hookups W/E. sites: 17,19,20,55-60

Directions: From Hwy 15, take Hwy 76 West 11 miles West on Hwy 76. Bring Firewood !!

**December 13-14, 2019
Rancho Jurupa, Rubidoux**

Reservations required, Contact the
WAGON MASTER: Gail & Malissa 951-845-1553
Back Row pay at gate. TBD w/hookups

Directions: Hwy 60 to Rubidoux Blvd south, turn left on Mission Blvd., go to Crestmoor Road and turn right. Bring Firewood !!

**January 12-13, 2020
Lake Cahuilla, Indio**

Reservations required, Contact the
WAGON MASTER: Jeannie 951-682-7881
W,E \$73 w/hookups sites: 44-50

Directions: Hwy 10 to Jefferson offramp. GO Right and follow Park signs. Bring Firewood !! Fishing!

Please Submit all of your events and / or letters we would love to put them in the newsletter.

Thank You !!

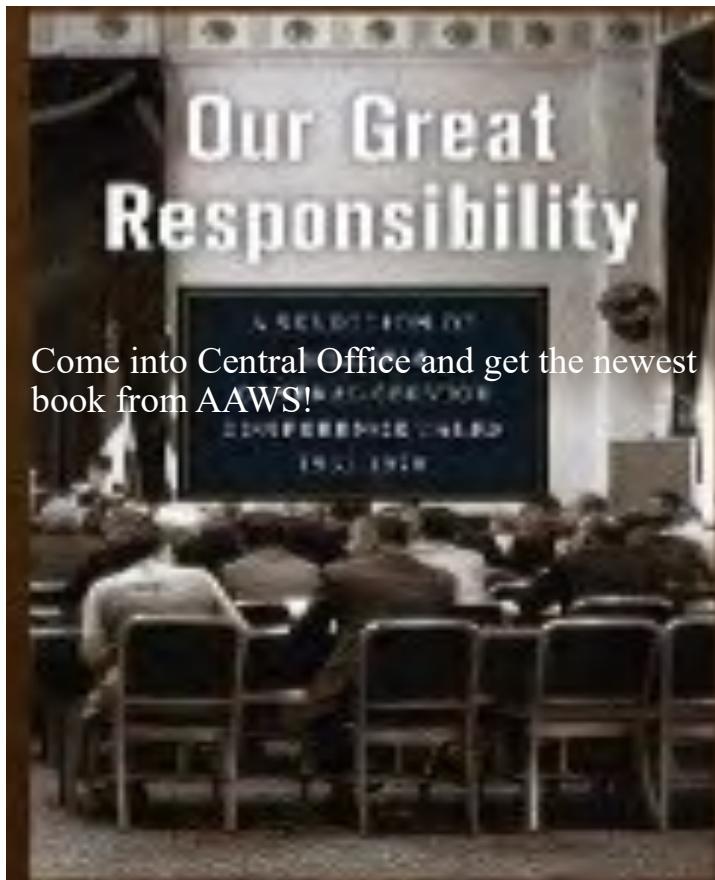
THANK YOU VOLUNTEERS!!

Thanks to these volunteers for keeping Central Office running smoothly for the past month:

Mike B., Tim M., Chris S., Patti M., Gaby R., Misti S., Mario M., Cheryl D.

Thank You !!

We would like to give a special Thank You to the Mountain AA Conference for your generous donation!!



Come into Central Office and get the newest book from AAWS!

**The Inland Empire Newsletter
Editorial Policy**

The Inland Empire Newsletter is a monthly newsletter of the Inland Empire Central Office of Alcoholics Anonymous.

It is about, by and for members of AA Fellowship.

Opinions expressed herein are not to be attributed to the AA organization as a whole, nor does publication of information imply any endorsement by either AA or the Inland Empire Central Office. Quotations and artwork from the AA books or pamphlets are printed with permission from A.A. World Services Inc. or the AA Grapevine Inc.

Contributions from AA members are encouraged and welcomed! These will be printed as space permits. Submissions must be typed or neatly handwritten and signed (your name and last initial will only be published unless requesting to be "Anonymous".)

The Inland Empire Newsletter conforms, at all times, to the Guidelines set forth by A.A. World Service as outlined in pamphlet GSO Service F-29 "Conference- Approved Literature" (available at Central Office).

November Newsletter 2019



44th Annual Inland Empire Christmas Alkathon

Knights of Columbus Hall 1729 East Baseline Street – San Bernardino, CA

Schedule of Meetings by Day, Time and Group

Christmas Eve Day

Meeting 1 – Noon to 1:30 pm

Colton Tue 12:00 pm *Water Walkers*
Fontana Thur 7:30 pm *BYOB*
Perris Mon 7:00 pm *River of Light*
Redlands 6:30 am *Attitude Adjustment*
Riverside Mon 6:00 pm *Not All Saints*
Riverside Sat 8:00 pm *Fellowship*
San Berdo All meetings *Arid Club*
Yucaipa Sat 10:30 am *Men's B/B Study*
Highland Fri 8:00 pm *Roundtable*
San Berdo Sat. *Straight Up AA*

Meeting 4 – 7:00 pm to 8:30 pm

Banning All meetings
Corona All meetings
Hemet Tue 12:00 pm *Sober Seniors*
Riverside Mon 12:00 pm *Brown Baggers*
San Berdo Mon 8:00 pm *Inland Group Spkrs*
San Jacinto All meetings
Redlands Thurs. 7p.m. *Men's Book Study*
Green Valley Lake All meetings
Alta Loma All meetings
Sun City/Unity Hall All meetings

Meeting 2 – 2:30 pm to 4:00 pm

Alta Loma All meetings
Covina All Meetings *502 Club*
Lake Arrowhead Sun 10:00 am *Speakers*
Lake Elsinore All meetings
Pomona All meetings *Triangle Club*
Rancho Cucu All meetings *Alano Club*
Redlands Tue 7:30 pm *Tuesday Nite Live*
Riverside Mon 7:00 pm *B/B Winners*
Moreno Valley Tues. 6:00 pm *Women's*
San Berdo All meetings *Dawn Patrol*

Meeting 5 – 9:00 pm to 10:30 pm

Big Bear All meetings
Colton All meetings
Chino All meetings
Hemet Mon 5:30 pm *Happy Hour*
Lytle Creek Mon 6:00 pm *Watering Hole*
Rancho Cucu Sun 10:30 am *Coffee Talk*
Redlands All meetings *BMC Alumni*
Riverside Tue 7:30 pm *By the Book*
San Berdo Sat 7:00 pm *Serenity Club Spkrs*

Meeting 3 – 5:00 pm to 6:30 pm

Loma Linda Sun 7:30 pm *Candlelite*
Redlands Fri 7:00 pm *Men's Stag*
Hemet All meetings *All About Me*
Lake Arrowhead Tue *Men's Stag*
Rancho Cucu Wed 5:30 pm *Upper Room*
Redlands Tue 6:30 pm *Discovery Group*
Riverside Mon 6:00 pm *Mon Night Live*
Running Springs All meetings
Redlands Sat 7:00 pm *Care/Share*
Redlands Women's All meetings

Meeting 6 – 11:00 pm to 12:30 am Birthday Meeting At Midnight (All December Birthdays)

Corona All meetings *Serenity Club*
Mentone All meetings
Rancho Cucu Thur 7:30 pm *24*
Hours Ontario All meetings
Riverside Tue 6:00 pm *Men's Stag*
Yucaipa All meetings
Riverside/ Salad Bowl

Christmas Day

Meeting 7 – 12:45 am to 1:45 am

Banning Fri 7:00 am *As Bill Sees It*
Corona /Serenity Club
Hemet Sober Seniors
Hemet Mother Hen's Chicks
Mentone Where's the Beach
Riverside Tue 5:30 pm *Sober Sisters*
Rubidoux All meetings *Alano Club*
San Berdo/ All meetings *10th St Alano Club*
Temecula/ All meetings

Meeting 10 – 4:30 am to 5:30 am

Beaumont All meetings
Hemet Thur 6:00 pm *Chicago Style*
Moreno Valley All meetings *Awakenings Club*
Redlands Wed 7:30 pm *Free "4" All*
Riverside Wed 7:00 pm *Men's Stag*
San Berdo Sun 9:00 am *Indian Spirit*
Sun City All meetings
Beaumont Thur 7:00 pm *Big Book Study*
Corona Thur 7:00 pm *New Pair of Glasses*

Meeting 13 – 9:00 am to 10:30 am

Claremont All meetings
Laverne All meetings
Lytle Creek All meetings
Mead Valley All meetings
Moreno Vly Tue 6:30 am *Plug in the Jug*
Mount Baldy All meetings
Riverside Thur 12:00 pm *Lunch with Bill*
Upland Fri 8:30 pm *Everyone Welcome*
Anza-Idyllwild/ All meetings

Meeting 16 – 3:00 pm to 4:30 pm

Chino All meetings
Etiwanda All meetings
Norco All meetings
Rancho Cucamonga All meetings
Riverside Mon 6:30 am *Serenity Sunrise*
Riverside Fri 6:30 pm *Step Sisters*
Riverside Wed 7:30 pm *Cele. Sobriety*
San Berdo All meetings
Betty Ford Alumni
Big Bear Mon 10:00 am *Women*

Meeting 8 – 2:00 am to 3:00 am

Banning Fri 12:00 pm *Step Study*
Corona Thur 7:00 pm *Church*
Hemet Wed 12:00 pm *Lucky Ladies*
Moreno Valley Sun 10:30 am *Speakers*
Redlands Wed 6:30 pm *Women's*
Riverside Wed 6:30 pm *Men's The Point Is*
Rubidoux All meetings
San Berdo Sat 7:30 pm *Oakwood 2*

Meeting 11 – 5:45 am to 6:45 am

Fontana/Grupo/ Por Fin liege
Colton 10/ De Juno
San Bndol La Mission
Riverside/ Bienvenidos
Ontario/ Nuevo 24
Highland/ All Meetings
Riverside/ Cypress Alano Club
Upland All meetings

Meeting 14 – 11:00 am to 12:30 pm

Bloomington All meetings
Chino Mon 7:30 pm *Calvary Church*
Crestline / All Meetings
Moreno Valley Fri 8:00 pm *Here's How*
Rialto All meetings *Stepping Stones*
Riverside Thur 8:00 pm *Casa Blanca*
Spkrs Upland All meetings *Older Than Dirt*

Meeting 17 – 5:00 pm to 6:30 pm

Colton Thur 8:00 *La Cadena Group*
Crestline Wed 7:00 pm *Easy Does It*
Fontana All meetings
Norco Attitude Adjustment
Yucaipa Sun 10:00 am *11th Step*
Riverside Wed 7:30 *Celebrate*
Sobriety San Jacinto All meetings
Upland All meetings
Running Springs All meetings
Blue Jay Alano Club All meetings

Meeting 9 – 3:15 am to 4:15 am

Hemet All Meetings *Attitude Adjustment*
Moreno Valley All Meetings
Quail Valley All meetings
Rainbow All meetings
Riverside Tue 8:00 pm *Men's Stag*
San Berdo Sat 4:30 *Alano Club*
Inland Empire All meetings *Intergroup Reps*

Meeting 12 – 7:00 am to 8:30 am

Perris/ Dose Pasos
Moreno Valley/ Nueva Vida
Rubidoux/ Nuevos Horizontes
Rancho Cucamonga/ Hoy
Pomona/ 19 De Enero
Moreno Valley Tue 12:00 pm *Step*
Study Sun City/ Unity Hall/ All meetings
Hemet Sat 6:00 pm *Saturday Night Live*

Meeting 15 – 1:00 pm to 2:30 pm

Chino Wed 6:30 pm *Men Only*
Glen Avon All meetings
Grand Terrace All meetings
Moreno Valley Sat 8:00 pm *Speaker*
Norco Wed 5:30 pm *St Mel's*
Riverside Sun 10:45 am *AM Speakers*
Riverside Fri 7:30 pm *We Care*
Vagabond Group
Yucaipa All meetings *Attitude Adjustment*

Meeting 18 – 7:00 pm to 8:00 pm

Yucaipa Tue 7pm *Men's Stag*
Colton Fri 5:30 pm *Friendship Group*
Devore All Meetings *Serenity Castle*
Fontana Wed 6:00 pm *Speakers*
Norco Fri 7:30 pm *Big Book Study*
Riverside All meetings *Attitude Adjustment*
Riverside Sat 7:00 pm *As Bill Sees It*
Inland Empire All meetings *Secretaries*
Riverside Thur 6:30 pm *Sober Steps*

Please pass the 7th Tradition basket twice, first for the group 7th tradition and the second time for a Central Office Gratitude donation.

Mail or deliver the November Gratitude donations to the Central office after your last meeting in November. Special envelopes will be provided.

Please begin announcements at your last October meeting and November meeting when the 7th Tradition is passed the second time.

For many decades now, we in the fellowship have formally carved out from the calendar the month of November as a time to express our collective gratitude for our individual sobriety. Interestingly, no one is exactly sure why that month was originally chosen, though its connection with Thanksgiving seems obvious. AA co-founder, Bill W., thought for a while that his sobriety had begun in November, but later calculations established the date of his new beginnings as December 11.

INLAND EMPIRE CENTRAL OFFICE
PO BOX 189
COLTON, CA 92324

For many decades now, we in the Fellowship have formally carved out from the calendar the month of November as a time to express our collective gratitude for our individual sobriety. Interestingly, no one is exactly sure why that month was originally chosen, though its connection with Thanksgiving seems obvious. A.A. co-founder, Bill W., thought for a while that his sobriety had begun in November, but later calculations established the date of his new beginnings as December 11.

Misty origins notwithstanding, Gratitude Month has, since the 1940s, been November and our shared thankfulness over the years has taken many forms and will continue to do so as our membership widens.

The General Service Board began giving small gratitude dinners in the 1940s. These were precursors to the much larger Gratitude Luncheons that were orchestrated during the 1960s as a Public Information effort of G.S.O. A.A. Traditions were the undeniable anchor of our new sober life, Bill W. thought when he wrote, "What then could be more appropriate than to set aside Thanksgiving week for discussion of the practical and spiritual values to be discovered in our Traditions?" The Traditions, he wrote in November 1949, "are a distillate of our experience of living and working together. They apply the spirit of the Twelve recovery Steps to our group life and security." (*The Language of the Heart*, p. 96) The first sealed and approved, official recognition of an A.A. "Gratitude Week," to be specifically designated to coincide with Thanksgiving week, dates back to 1956. That year, at the Sixth General Service Conference, delegates approved a motion to that effect, stipulating that "this action be noted in the annual pre-Thanksgiving appeals to the groups for funds to help support A.A.'s worldwide services."

Carrying the message, expressing gratitude, as well as wanting to make a gesture of appreciation for the numerous published articles, books

and radio and TV interviews relating to A.A. that year, were what motivated a number of Gratitude Luncheons. These were held, always in November, during the 1960s at New York City's Roosevelt Hotel—where, incidentally, members of the media who might care to have a drink, were assured, in the invitation by General Service Board chairman (nonalcoholic) Dr. John L. Norris, that "cocktails will be served at 12:15 in the Library, and the luncheon will end promptly at 2:00 p.m."

Well-attended functions, these luncheons drew a sizable, wide-ranging representation from the media, and G.S.O. Archives served a double purpose: to thank the writers and commentators who attended for their contributions to A.A. in the preceding year and to, in the words of a G.S.O. memo written at the time, "advance A.A.'s public relations by bringing editors, publishers, writers and broadcasters in personal contact with sources of reliable information on the movement." A typical list of invitees to the 1965 luncheon, who had published articles and books on the Fellowship were from *The New York Times*, *Medical World News*, *McCall's Magazine*, *Macmillan Publishing Company*, *The Christian Science Monitor*, and many other news and publishing organizations.

Bill W. always addressed the gatherings, as did Dr. Norris, and, in addition to a question and answer period at the end of the proceedings, there was always plenty of A.A. literature available for the guests to take along. In 1965, Bill sent an autographed copy of the newly-released *A.A. Comes of Age* to each guest.

Although those who came to the luncheons found them helpful and informative, the board thought they were too expensive a way to say thank you, when a letter from Bill, after an article or TV production was completed,

In A.A. November is
Gratitude Month

A November
Tradition
Gratitude
Month
November
2019



Would have been enough. Others voiced the opinion that more cooperation offered on articles or radio and TV spots might have been more helpful. In any event, the luncheons were discontinued in 1968.

Gratitude. We all know it serves us best when it's kept alive, in our individual lives and in our group conscience. Realizing this, countless A.A. groups over the years have used the month of November (for Canadian groups, it's October), to open the door of gratitude even wider. It's a sure way of insuring a continued healthy sobriety, group unity, and to avoid complacency and stagnation. Many groups observe Gratitude Month by holding Traditions meetings and taking up special contributions to the General Service Office for A.A. services worldwide. This is an opportunity for all A.A.s to think of new and expanding ways to express and share their gratitude. For example, groups could hold topic meetings during the month on the power and different faces of gratitude: "How Grateful Are We?"; "Gratitude is not Passive"; "Giving it Away."

How about trying something new, something your group has never done before, which will make the members' gratitude more tangible and real? Traditions meetings, of course, always bring home to us all over again the richness of our A.A. heritage, strengthening not only our gratitude but the sobriety of A.A.s, old and new. In deepening our appreciation of A.A.'s Traditions during Thanksgiving week, Bill wrote, "We could thus reinforce our faith in the future by these prudent works; we could show that we deserve to go on receiving that priceless gift of oneness which God in his wisdom has so freely given to us of Alcoholics Anonymous in the precious years of our infancy." (*ibid.*)

So how about it? Let's give Gratitude a real send-off this year!

Reprinted from Box 4-5-9, Oct./Nov. 1994.



News and Notes from the General Service Office of A.A.®

www.aa.org

Vol. 63, No. 3 / Fall 2017

■ Intergroup/Central Office: Then and Now

Established and supported by local groups to carry out the functions of a centralized office, intergroups have provided thousands of desperate alcoholics with their first contact with Alcoholics Anonymous, either over the phone, in person, or, increasingly, online. With 469 intergroups/central offices listed with G.S.O. in the U.S./Canada alone (and nearly 700 worldwide), A.A. is so easily “searchable” these days that we often forget that, at one time, it played a little hard to get. Back in the early days, “A.A. wasn’t that easy to find,” wrote one oldtimer. “A carefully selected group of priests, judges and policemen knew about A.A.; our phone number wasn’t listed, and it could be gotten only by dialing Information.” This was a deliberate attempt to ensure that anyone wanting to get sober was sincere enough to make a real effort. But gauging the level of someone else’s desire to quit drinking was an often subjective judgment that the Third Tradition fortunately did away with.

In the very beginning, there was the Central Committee in Cleveland, Ohio, where by October 1939 a group of seven members convened on a regular basis to coordinate efforts regarding hospitalizations and sponsorship, doing crucial work at a time when the slip of just one member or the dissolution of just one group seemed to threaten the very existence of A.A. itself.

What Bill W. called “A.A.’s first organized service center” — the forerunner of today’s intergroup — sprang up in the Chicago suburb of Evanston. Around 1940, an A.A. member named Sylvia used the proceeds of her monthly alimony check to rent an apartment and establish a phone line. In 1941, after publication of the Jack Alexander article about A.A. in the *Saturday Evening Post*, Sylvia’s apartment began to resemble, according to Bill, “a sort of Chicago Grand Central,” with so many phone calls that Sylvia had to enlist the aid of Grace Coultice, a nonalcoholic secretary. Eventually, Sylvia and Grace upgraded to an office in the Loop (only a few blocks from where the current Chicago Area Service Office now has its offices), where they welcomed, Bill wrote, “a stream of applicants for Twelfth Step attention, hospitalization, or other help.”

Most early intergroup offices were nowhere near as elaborate as this: they were simply phone lines listed as belonging to A.A. but that were in fact connected to members’ homes. But Sylvia’s office inspired the opening of numerous early intergroup/central offices all over the Midwest, notably ones in Green Bay, Wisconsin, and



Minneapolis, Minnesota.

On the East Coast, New York Inter-Group essentially started when the doors of the 24th Street Clubhouse at 334½ West 24th Street opened in June 1940 and began serving the members of Alcoholics Anonymous in the metropolitan area. By 1942, the Club, as it was called, began to serve as more than a meeting place and to function as a de facto central committee for over 20 A.A. groups, with two paid clubhouse secretaries who answered phones and manned the desk 12 to 14 hours a day. These were some of A.A.’s first “special workers,” as articulated in Tradition Eight, who were paid to make A.A. Twelfth Step work possible, as opposed to individual A.A. members who, on a voluntary basis, carry the message as part of their own Twelfth Step efforts. Eventually, in 1946, New York Inter-Group was established, moving away from the clubhouse (it was difficult to carry on the work of intergroup in a social atmosphere that included an endless poker game and, at one point, a restaurant) to a space on West 75th Street.

By the time of the first General Service Conference in April 1951, at least 16 intergroup/central offices were serving local groups. Since they predated the formation of the general service structure and performed a different A.A. function, they were not a part of the A.A. structure (except in Chicago, where the area service office and area committee are essentially one). At times over the years, there has been an overlapping of services, but, for the most part, intergroups and general service have come to work in harmony.

Matthew C., office manager of the Ventura County Central Office (VCCO), is the epitome of a contemporary

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Mail address: P.O. Box 459, Grand Central Station
New York, NY 10163

G.S.O.'s A.A. Website: www.aa.org

Subscriptions: Individual, \$3.50 per year; group, \$6.00 for each unit of 10 per year. Check—made payable to A.A.W.S., Inc.—should accompany order. To have issues delivered directly to your inbox, register your email on the A.A. Digital Subscription Service on G.S.O.'s website.

intergroup/central office manager, dealing with all the rewards and challenges that this entails. The image of A.A. volunteers answering phone calls from suffering alcoholics, or A.A. members seeking a meeting or information, is still a relatively accurate one. “We rotate shifts of volunteers — we have at least one in the office at all times, and 60 to 70 willing to have calls forwarded to their homes after hours,” Matthew says. They get about 500 to 600 calls a month at VCCO, but this is down from previous years because of the Internet, which has proved, for better or worse, a game-changer for intergroup/central offices. Since so many people are bypassing phone calls and going to the VCCO website, the beta test site that Matthew is rolling out is geared heavily toward newcomers, opening with a banner that reads, “New to A.A.? Have Questions?” and a home page that addresses the most commonly occurring questions.

Matthew feels that there is a “certain comfort” about being able to explore the answers to questions individuals may have about their drinking without having to speak to someone, but there is also something that may be lost: “that one-on-one connection with another person. So, the website does encourage people to call, 24/7.” When they do call, miracles can occur. Like so many of the intergroup/central office workers, Matthew has war stories. Once, an alcoholic attempting to detox himself called VCCO, certain that he was having a heart attack. “He was in bad shape,” Matthew says, “and after a long conversation we convinced him to call EMS and get to an emergency room.” Several years later, that same alcoholic — sober now — walked into the office and thanked them.

In Chicago, office manager Katie M. describes a very successful web presence for the Chicago Area Service Office (CASO). The website averages over 100,000 visits per month, and, out of these, roughly 26 percent are coming to the site for the first time.

Katie describes CASO as “an anchor” for the greater Chicago area and Cook County. “We have a bookstore, and all of our standing committees — like corrections, H&I, Grapevine, etc. — meet here in the evening, and other districts come down here to participate, so we connect people to the service structure.”

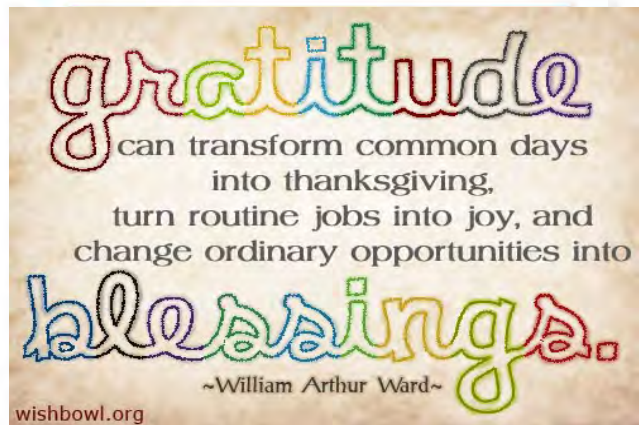
CASO does receive roughly 700 phone calls a month,

Katie adds, but she senses that they are somewhat different from the intergroup calls of the past. “The majority of the calls are not necessarily people wanting to go to a first meeting, or to talk about their drinking problems. We get calls from social workers, for instance, who are trying to help alcoholics connect with a meeting, often a bridging-the-gap kind of thing.”

Like many intergroup/central office managers, Katie is concerned about the finances of the office. Like all intergroups, CASO acts as a clearinghouse for information about local groups and meetings and is directly responsible to the groups it serves. In turn, these groups provide volunteers for Twelfth Step work (i.e., answering the phones), supervise office policies and procedures via their intergroup reps, and offer financial support. CASO has a strong prudent reserve, but Katie is always looking for measures to cut costs, particularly since contributions from the groups have been declining. “Only 23 percent of the groups support the office,” Katie says, “and individual contributions [which can be up to \$3,000 annually] make up only 5 to 10 percent.” And e-commerce affects the way they can do business. “People can get the Big Book cheaper and faster from non-A.A. online stores than they can coming down here to the bookstore and purchasing it from us.”

One answer to this problem is outreach to the groups. Katie M. sends out an appeal letter every November, and intergroup reps discuss the need for financing at every area assembly. Pauline D., office manager of the Northern Virginia Intergroup (NVI), agrees on how crucial outreach is: “We had a terrible year a couple of years ago,” she says. So, we did a major outreach, letting people know just how intergroup works and how it is financed. We asked all of our intergroup reps to bring word back to their groups that intergroup needed their help. We really pushed Birthday Plans in November. And we had the intergroup chair visit each of the 14 districts we serve and talk about our mission. And that seemed to work very well for us.”

(Pauline and NVI are hosting the 32nd Annual Intergroup/Central Office/AAWS/AAGV Seminar, October 6-8 this year. This annual seminar provides a forum for the exchange of ideas and shared experience for those on A.A.'s front line. Attendees are intergroup/



central office managers, intergroup representatives, G.S.O. and Grapevine staff, and members of the A.A.W.S. and Grapevine Boards.)

Jennifer R., office manager of Miami-Dade Intergroup — an office with a long history, dating back to the 1940s — has seen the number of groups in the area decline. Phone calls to the hotline average only two or three a day, perhaps as a result of the website or the Meeting Finder app that many people use today. With so many groups closed and others facing increased rent, contributions to Miami-Dade Intergroup are down. Both Jennifer and another employee are part-time; despite this, they are incredibly productive, producing and distributing meeting directories, managing the website, selling A.A. Conference-approved literature, providing service materials, preparing a monthly newsletter, and making sure the phones are answered 24/7 by A.A. volunteers. Jennifer speaks Spanish, and one of her many jobs is cooperation with the Spanish-speaking intergroups, which do not have a separate office, but pass the phone from one group to another, one month at a time.

Young people coming into A.A. need to be educated about intergroup, Jennifer says, and need to learn to volunteer. An A.A. without intergroup would not be A.A., really. “If we are not here, if someone calls for help and there is no one to pick up the phone, then A.A. has failed them.”

Coco T., executive secretary of New York Inter-Group (NYIG), agrees that a thriving intergroup is incredibly important to the A.A. community it serves — in the case of NYIG, a community that includes 1,438 active groups registered with the NYIG office and 3,642 meetings in the meeting book. It’s no wonder that NYIG’s Seventh Avenue offices are open 365 days a year from 9 a.m. to 10 p.m., with phone volunteers available from 9 a.m. to 2 a.m. “We don’t miss any opportunity to share our experience, strength and hope with other alcoholics,” Coco says, especially since the web has changed the intergroup paradigm. Up until August 2016, when their new A.A. meeting finder appeared on the website, NYIG averaged 4,500 to 4,800 calls a month. At that point, the calls were almost immediately reduced to 3,000 to 3,200 per month.

It’s a mixed blessing, of course. More and more people are able to find meetings quickly and efficiently, but, says Coco, the loss of 20 to 30 phone calls a day “is physically very noticeable. When alcoholics actually call on the phone for help, they get the benefit of the A.A. volunteer who may have been taking phone calls for five years and can really connect with another alcoholic. Now we get hundreds of emails asking us to make contact with a person about their drinking. It’s a challenge to answer these, and also removes the value of that one-to-one connection, the immediate Twelfth Step element.”

To provide human connection, Coco helps ensure that the NYIG office is a welcoming place. “There’s a library and an archives area where people can and do come from all over for a cup of coffee and to read a book and look at some historic items. You can check out a book if you want. No one is ever turned away. Even in an electronic age, we are committed to providing hard copies of every flyer we produce — not everyone, particularly homeless people, has access to the Internet.”

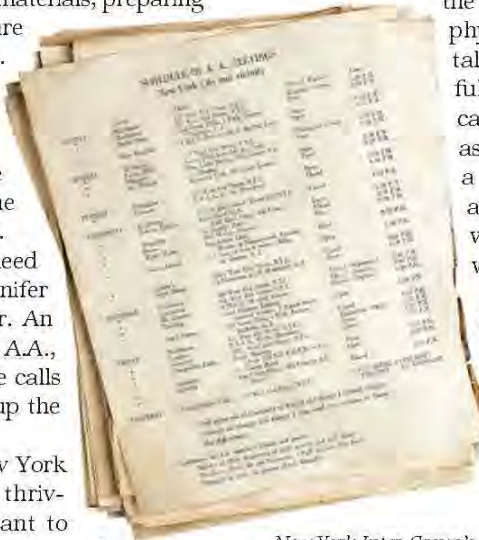
And the connection benefits not just the alcoholics reaching out to NYIG, but those 635 to 700 alcoholics with over one year of continuous sobriety who volunteer there. “You can’t stop these volunteers,” Coco says. “Even if there’s six feet of snow outside, they’ll be here.” She tells

the story of one 90-year-old volunteer — a physician who knew Bill W., and used to talk about how he had tried, unsuccessfully, to get Bill to stop smoking — who came in once a week, year after year, even as his health failed, showing up dressed in a suit and tie. “He was a man of elegance and grace,” Coco says. “He used to tell his wife, ‘I have to go help people.’ His life’s work was to carry the message.”

The Area 87 Central Service Office in Montréal, Québec (which is hosting the 2018 Intergroup/Central Office/AAWS/AAGV Seminar), carries the message to both English- and French-speaking alcoholics. According to executive assistant Ginette W., their help line receives roughly 500 to 600 English-language calls monthly, with perhaps three times that many in French. “We are officially bilingual, but we also have a Spanish-speaking presence,” Ginette adds. “There are about 12 Spanish-speaking groups locally that have their own intergroup, but we host them at our office and make literature available in Spanish.”

Like most intergroup/central offices, some of the phone calls the Area 87 Central Service Office receives are from alcoholics who are lonely and simply want to talk, which can be a drain on resources. “We never cut these calls off,” says Ginette, “but we work to direct these people to meetings, where real, face-to-face recovery can begin. We also have a group of volunteers who are willing to talk on the phone from their homes, which frees up our other workers.”

Replenishing the pool of volunteers is a constant concern. “We have to keep reminding groups that things don’t happen by magic in A.A.: there is hard work in carrying the message. Our area’s 27 districts have 550 groups, and we reach out to all of them via our newsletter and through intergroup reps going to meetings. We also make a point of educating groups about why we need money, not how much. We need to pay for literature, for phones, for the website. The A.A. message of recovery is free; for intergroup to pass it on costs money.”



New York Inter-Group's first meeting schedule — 1946.

Area 87 Central Service Office has a brand new website that features a special portal dedicated to newcomers. Ginette puts it simply: "We need to be where the people are. And, these days, people are on their computers and smartphones. So that is where intergroup has to go."

Many of those who have never had occasion to call intergroup (or who look up meetings on websites in strange towns without quite thinking of who is maintaining that website) wonder why they should support intergroup/central office with their financial donations. While cooperating closely with G.S.O. and local general service district and area committees, it is not unusual for intergroup/central offices to seem apart from the general service structure. However, as noted in *The A.A. Service Manual* (page S42), "Many areas find that a liaison between the intergroup/central office and the area committee is very helpful in maintaining good relations and communication. In some areas the liaison has a vote at the assembly; in others, a voice but no vote." And further, the General Service Office publishes Guidelines and other service material that share the accumulated experience of intergroups and central offices in the United States/

Canada and worldwide. These define an intergroup as "an A.A. service office that involves partnership among groups in a community — just as A.A. groups themselves are partnerships of individuals. It is established to carry out functions which are best handled by a centralized office.... It exists to aid the groups in their common purpose of carrying the Alcoholics Anonymous message to the alcoholic who still suffers."

According to Coco T., the NYIG office pays \$10,000 a month in rent alone — a relatively modest fee, considering Manhattan real estate prices, but not a stroll in the park either. When asked what the future might hold for intergroups, she replies, "We answer to the Fellowship; we are responsible to the groups. Ultimately, our future depends on them. I owe my life to Alcoholics Anonymous, and I would hope intergroup is always there."

As Matthew C. at VCCO sees it, the idea of intergroup is the idea of A.A. itself: "A suffering alcoholic talks to someone who is feeling the way they are feeling, who understands and has been through the humiliation they have experienced, who helps them know that they are not alone after all."

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HOSPITALS & INSTITUTIONS COMMITTEE

TREASURER'S REPORT - SEPTEMBER, 2019

August 19, to September 15, 2019 (Respectfully submitted by Gary B. Treasurer).

<u>GROUP / INDIVIDUAL</u>	<u>AMOUNT</u>	<u>GROUP / INDIVIDUAL</u>	<u>AMOUNT</u>
BEAUMONT-MEN'S WEDNESDAY 7PM	6.80	REDLANDS- MEN'S THURSDAY BIG BOOK STUDY	13.00
ARROWHEAD- TUES NITE MEN'S STAG	106.86	PERRIS-GRP# 676781	37.50
BANNING- FRIDAY NOON 12X12	10.00	REDLANDS- ATTITUDE ADJUSTMENT MTG	65.00
BANNING-THURSDAY 5PM MEN'S	30.00	REDLANDS- WOMEN'S THURSDAY 6:30 PM, CH OF NAZERENE	65.73
CHINO- AA MTG	5.00	REDLANDS-DISCOVERY GROUP	18.80
COLTON-TUESDAY NOON	57.77	REDLANDS-GRP # 000134210	30.00
CORONA- THURSDAY MORNING STEP WORKERS	20.00	RUBIDOUX-UNITY GROUP	75.00
CORONA-LUCKY ONES	8.80	SAN BERNARDINO- INLAND GROUP	125.00
CORONA-STEPPING STONES	31.50	SAN BERNARDINO-STRAIGHT-UP-AA (12ea)	139.17
FONTANA-KAISER WED.NITE SPEAKERS MTG	35.00	UNKNOWN-GSO# 715536	39.00
HEMET-5 PM FREEWAY # 169787	20.00	YUCAIPA-TUES.NITE MEN'S STAG	235.31
MORENO VALLEY-WOMEN IN SOLUTION	34.89		
NORCO-WED NITE 7PM MEN'S STAG	40.00		
SUB TOTAL	\$ 406.62	SUB TOTAL	\$ 843.51
		TOTAL DONATIONS	\$ 1,250.13
		LITERATURE COSTS	\$ 1,215.35

56th International Women's Conference

**Indianapolis
February 20-23, 2020**



**JW Marriott Hotel
10 S West St
Indianapolis, IN 46204
317.860.5800**

www.internationalwomensconference.org

2020 International Convention of Alcoholics Anonymous

July 2-5, 2020 Detroit, Michigan

The 2020 International Convention of Alcoholics Anonymous will be held July 2-5, 2020 in Detroit, Michigan with the theme "Love and Tolerance is our Code." A.A. members and guests from around the world will celebrate A.A.'s 85th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Ford Field Stadium. Other meetings, scheduled or informal, will take place throughout the weekend in the COBO Center in downtown Detroit.

We know many are excited about the International Convention and eager for detailed information. As the time gets closer, additional information about the Convention and Detroit, our host city, will be provided.

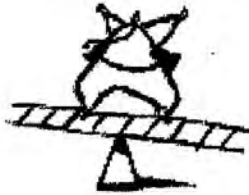
This website will be updated as more information becomes available. Also watch for articles in Box 4-5-9 that is mailed to the general service representative of every group in the U.S. and Canada listed with G.S.O. and is also posted on the website.

Information about Convention registration and housing reservations will be available in fall 2019. All necessary information will be included in the registration packet which will also be available in the fall of 2019. This packet will list numbers to call for answers to specific questions about housing, the program, etc. The information will be mailed to A.A. groups, offices and contacts around the world and posted on the website.

We look forward to seeing you in Detroit!



ON THE BEAM



E C N A R E L O T H F G C O P
 T Y F A I T H Q O L O N A M A
 U R T K C C X N K H R I L P T
 F M U S I O E Y A T G V M P I
 Y U I S E S N F J Z I I O J E
 Q D Y H T D U S Q N V G J M N
 K S T Y U E O D I C E E O V C
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 H Y U E I L M T K N D P N T D
 T L H T C E I E G A R U O C E
 K H C E P O G R A T E F U L U
 N A L U N G K M B J L O M O P

ACTION
 CONSIDERATE
 FAITH
 GIVING
 HONESTY
 LOVE
 MODESTY
 SELF-FORGIVENESS
 TRUST

CALM
 COURAGE
 FORGIVENESS
 GRATEFUL
 HUMILITY
 MODERATION
 PATIENCE
 TOLERANCE

2019 ALKATHON

PLANNING COMMITTEE MEETINGS

At Unity Club, 1307 Brookside Ave, Redlands 92373

Starting October 5th and October 12th at 4:00

November 2nd and November 9th

Alkathon is in its 53rd year and provides food, fun and meetings around the clock from noon Christmas Eve day till 9 p.m. Christmas night.

Need lots of help to make this happen and all volunteers are welcome.

Alkathon Committee donated over \$1,300 to our Central Office last year.

Along with GSO, District 8, 9 and H&I

PLEASE COME AND HELP

•TRIUMPHANT ARCH•

January 9-12, 2020 River Roundup

THURSDAY

Registration Opens 2pm

Hospitality Social 4-6pm
Free Coffee & Dessert

Al-Anon Speaker Panel 7pm
Topic: Favorite Daily
Bridgeview Room

Opening Speaker Meeting 7pm
Pam R. - Bullhead City, AZ
Starview Room

FRIDAY

Speaker Meeting 10am
Joe L. - Munds Park, AZ

Speaker Meeting 2pm
Amanda T. - Fayette, OH

Chili Dinner 4-6pm - \$5

Al-Anon Speaker Meeting 5pm
Cookie T. - Lake Havasu City, AZ

Speaker Meeting 7pm
Fisher Tom - Oakland, CA

Rock N' Bowl Check in 9pm
Prizes, fun, fellowship
Shoe rental included

SATURDAY

Golf Tournament Includes Lunch

Mojave Resort Golf Club, Laughlin NV

Raffles: Odyssey Putter

Straightst drive: Golf Bag

Other goods will be presented to each paid

golfer at time of check in.

Check in: 7:30 (NV Time); 8:30 am (AZ Time)

Shotgun: 8:30 am (NV Time); 9:30 (AZ Time)

Speaker Meeting 10am

Jim R. (Captain Happy) - Phoenix, AZ

Al-Anon Luncheon 11am

Al-Anon Raffle/50-50 12pm

Al-Anon Speaker 12:15pm

Veronica R. - Las Vegas, NV

Starview Room

Speaker Meeting 2pm

Micky B - Los Angeles, CA

Banquet Dinner 5-6:30pm

Banquet Dinner Entertainment

Banquet Speaker 7pm

Speaker - TBA

SUNDAY

Unity Breakfast 7-8am

Sobriety Countdown & 50/50 8-9am

Spiritual Speaker Meeting 9am

Priscilla O. - Tuba City, AZ

All proceeds from this
 Roundup go to benefit
 River Cities Central Office.
 Your support is appreciated

CONTACT INFO

Chairperson: Tammy G. 805.680.2629
 Registration: Bill H. 909.270.1189
 Co-Registration: Roxanne S. 404.702.8700
 riverroundup@yahoo.com
 Banquets: Debra C 928.542.9044
 Terri C 775.470.9606
 Golf Tournament: Bill C 928.542.9329
 riverroundupgolf@yahoo.com

AL-ANON
 Chairperson: Victoria C. 928.444.2080
 Co-Chair: Pat O. 714.726.0619

River Cities Central Office:
 928.763.4499 or 800.864.1606



October 2, 2019

The Intergroup meeting was canceled due to an event at the Gonzales Center.

Thank You,
The Board

Change is
inevitable



Inland Empire Central Office Of Alcoholics Anonymous

BAM

September 2019

Name	Amount
Service	
Contributions	
Individual Donations	
BAM Individual Donations	
Debbe R.	15.00
Gil L.	10.00
Jeff O.	4.55
Leann G.	12.00
Pete P.	25.00
Pete R.	10.00
Richard C.	15.00
Sam H.	27.00
Total BAM Individual Donations	118.55
Coffee Kitty	
Coffee Kitty	0.30
Coffee Kitty	2.65
Coffee Kitty	8.04
Total Coffee Kitty	10.99
Personal Donations	
Gil L.	45.00
Jeannie S.	100.00
Jeano M.	39.00
Total Personal Donations	184.00
Total Individual Donations	313.54
Total Contributions	313.54
Total Service	313.54
TOTAL	313.54

7TH TRADITION CHALLENGE

"Now that we are sober in A.A., the word 'support' has to do with sharing, people, self-respect, gratitude, and what we are privileged to give - not take - in material terms."



We are self-supporting through our own contributions ~ Many of our branches are suffering from lack of support (GSO, Area, H&I, Central Office). How much does one drink cost? If it were not for Alcoholics Anonymous, we'd be drinking plenty!

Drop the cost of one drink into your home groups basket when it comes by ... you can't afford not to!



IN ATTENDANCE

MEETING
WAS
CANCELED

November Newsletter 2018

Inland Empire Central Office Of Alcoholics Anonymous Profit & Loss YTD Comparison September 2019

	Sep 19	Jan - Sep 19		Sep 19	Jan - Sep 19
Ordinary Income/Expense			Operations		
Income			Alarm	27.78	222.24
Credit Card Surcharge	49.00	503.20	Merchant Service Fee	90.96	837.81
Donations			Newsletter	74.86	1,192.56
BAM	118.55	1,478.84	Office Help	240.00	1,076.00
Birthday Donations	0.00	764.00	Postage, Mailing Service	0.00	419.73
Group Contributions	3,173.39	42,108.33	Printing	0.00	90.00
In Memory Of	0.00	50.00	Register Over/Short	14.45	11.49
Personal	194.99	5,118.05	Software	0.00	24.00
			Supplies	22.85	597.00
Total Donations	3,466.93	49,519.22	Telephone, Telecommunications	216.89	1,686.72
Investments			Water	4.51	120.80
Interest-Savings, Short-term CD	0.00	74.47	Website	0.00	117.00
Total Investments	0.00	74.47	Total Operations	692.30	6,395.35
Net Sales Income			Other Types of Expenses		
Book Covers	65.00	735.00	Insurance - Liability, D and O	0.00	1,045.00
Books	3,508.80	41,618.50	Memberships and Dues	0.00	53.34
CD-DVD-Audio	72.20	157.20	Total Other Types of Expenses	0.00	1,098.34
Directories	368.00	6,340.02	Payroll Expenses		
Grapevine	0.00	728.50	Employee Hourly	416.00	6,751.50
Medallions	1,650.94	11,808.13	Medical	500.00	4,085.77
Misc. Literature	661.66	4,583.01	QB DD Fee	8.75	94.50
Pamphlets	106.80	2,004.11	Salary	4,000.00	36,000.00
Total Net Sales Income	6,433.40	67,974.47	Taxes		
Total Income	9,969.33	118,071.36	Federal Unemployment	2.49	82.51
Cost of Goods Sold			Medicare	64.04	619.91
Cost of Literature	4,680.67	48,175.91	Social Security	273.80	2,850.60
Total COGS	4,680.67	48,175.91	State Unemployment	9.99	330.03
Gross Profit	5,288.66	69,895.45	Training Tax	0.41	13.75
Expense			Total Taxes	350.73	3,696.80
Business Expenses			Workman's Comp	427.14	427.14
Business Registration Fees	0.00	69.00	Payroll Expenses - Other	1.75	1.75
Total Business Expenses	0.00	69.00	Total Payroll Expenses	5,704.37	51,057.46
Contract Services			Travel and Meetings		
Accounting Fees	0.00	235.00	Conference, Convention, Meeting	0.00	491.34
Total Contract Services	0.00	235.00	Total Travel and Meetings	0.00	491.34
Facilities and Equipment			Total Expense	7,520.60	69,192.06
Equip Rental and Maintenance	0.00	256.00	Net Ordinary Income	-2,231.94	703.39
Rent	953.95	8,177.55	Net Income	-2,231.94	703.39
Rent Intergroup mtg room	0.00	292.00			
Utilities	169.98	1,120.02			
Total Facilities and Equipment	1,123.93	9,845.57			



November Newsletter 2019

Inland Empire Central Office Of Alcoholics Anonymous

Group Donations

September 2019

	Sep 19	Jan - Sep 19		Sep 19	Jan - Sep 19		Sep 19	Jan - Sep 19
Alta Loma WtoW 630	0.00	210.00	Loma Linda 730 pm St. Joseph Candlelight	0.00	70.00	Riverside Monday We Agnostics	50.00	100.00
Banning 127191	0.00	140.00	Mentone Where's The Beach	75.00	75.00	Riverside Monday Winners Big Book	0.00	100.00
Banning 702849	0.00	20.00	Moreno Valley-Saturday Kaiser	0.00	28.35	Riverside Not All Saints	0.00	500.00
Banning Fri. noon 12x12 151026	0.00	140.00	Moreno Valley Awakenings Club Mtg	0.00	500.00	Riverside Sat. Night as Bill Sees it	0.00	82.50
Banning Friday 7am As Bill Sees It	0.00	12.50	Moreno Valley Awakenings Wed noon	0.00	20.00	Riverside Sat. noon As Bill Sees It	0.00	50.00
Banning Friday Happy Hour	0.00	50.00	Moreno Valley Fri. 5pm	0.00	50.00	Riverside Serenity Sunrise	0.00	2,500.00
Banning Sat. 7am	0.00	80.00	Moreno Valley Friday Kaiser	0.00	84.25	Riverside Sober Sisters	75.00	250.00
Banning Sun 5 pm	0.00	40.00	Moreno Valley Friday Kaiser noon	0.00	25.00	Riverside Spring Fling	0.00	350.00
Banning There is a solution	0.00	180.00	Moreno Valley Heres How	0.00	71.80	Riverside Sunday Back to The Grind	0.00	225.00
Banning Thurs Women's TIAS	0.00	48.00	Moreno Valley Monday Kaiser	0.00	80.76	Riverside Thursday Night Casa Blanca	0.00	777.96
Banning Thursday Noon Mens Stag	0.00	80.00	Moreno Valley Plug In the Jug 630 AM	0.00	20.00	Riverside Thursday noon Newmans Center	0.00	100.00
Banning Tues 7PM Beginners Meeting	0.00	80.00	Moreno Valley Sat. 930AM	0.00	124.51	Riverside Tues Noon Newman Center	0.00	85.00
Banning Tuesday 7am A Day At A Time	0.00	10.00	Moreno Valley Speaker Sat Nite	77.38	251.56	Riverside Unknown	0.00	325.00
Banning Unknown	0.00	48.00	Moreno Valley Thurs. 5pm	0.00	67.64	Riverside Wed Noon Newmans Center	0.00	120.00
Banning Wed. nooners	0.00	65.45	Moreno Valley Tue. 5pm Meeting	0.00	50.00	Riverside Wed. Mens For Petes Sake 7pm	100.00	280.00
Beaumont Mon Candlelight	120.00	120.00	Moreno Valley unknown	0.00	16.00	Riverside Wed. Mens Stag Calvary Pres 8PM	0.00	140.00
Beaumont Plain Wrap Mens Mtg	0.00	166.95	Moreno Valley Wed Mens 6pm Kaiser	0.00	210.00	Riverside Wed.Rock Talk	0.00	122.30
Beaumont Thurs 7pm Big Book	0.00	180.00	Moreno Valley Wed Womens Kaiser	0.00	172.34	Riverside Women Celebrate Recovery	0.00	14.00
Big Bear 612538 Honor the Mountain Group	0.00	20.00	Moreno Valley Women in Solution	0.00	90.43	Rubidoux Alana Grp	0.00	285.00
Big Bear 630 am m-f	100.00	300.00	Norco 3rd Step 530 Weekly	50.00	50.00	Running Springs Mountain 12 Sep Club	25.00	50.00
Big Bear Call To The Circle	80.00	180.00	Norco Monday Night St Mels	0.00	168.00	San Bernardino INCA	60.00	300.00
Big Bear Friday 11 am 12x12	0.00	100.00	Norco Unknown Group	0.00	20.00	San Bernardino Indian Spirit Sun. 9am	0.00	25.00
Big Bear Group	0.00	40.00	Norco Wed Mens Book Study	0.00	725.00	San Bernardino Inland Group Mon 8pm	0.00	450.00
Big Bear Saturday Night Speaker	0.00	100.00	Ontario Wednesday Drop The Rock Noon	60.00	60.00	San Bernardino Monday No Matter What 12pm	0.00	20.00
Big Bear Tuesday Mens Stag	0.00	40.00	Perris 676781	100.00	200.00	San Bernardino Sat. Straight Up AA	0.00	258.00
Calimesa W Big Boys 10am	25.00	50.00	Rancho Cucamonga Alano Sunday 915	0.00	30.00	San Bernardino Sunrise Group	0.00	50.00
Camp Seely	0.00	100.00	Rancho Cucamonga Alano Tue 4PM	0.00	20.00	San Jacinto 647513	0.00	30.00
Central Office Picnic	0.00	2,740.77	Rancho Cucamonga Alano Wed 4PM	0.00	40.00	San Jacinto Manly Mens Stag	0.00	50.00
Chino 630pm Wed Night Mens Stag	0.00	300.00	Rancho Cucamonga Alano Grp	0.00	85.00	Sun City Wed. 7am Mens Stag	0.00	10.00
Chino Unknown	0.00	10.00	Rancho Cucamonga Friday VAC 8pm Speaker	0.00	100.00	Upland 6.30am Attitude Adjustment	0.00	1,120.43
Chino Womens 11th step	24.20	24.20	Rancho Cucamonga M Old School Meeting	0.00	200.00	Upland Womens BB Study	0.00	90.00
Christmas Alkathon	0.00	1,309.22	Rancho Cucamonga Sunday 645 am	0.00	40.00	Vagabonds	0.00	150.00
Claremont Sunday 8am	0.00	611.00	Rancho Cucamonga Tues. 7pm Down and Dirty	0.00	100.00	Yucaipa 11th Step	0.00	250.00
Colton-La Cadena Group Thurs	0.00	25.00	Rancho Cucamonga Wed. 530	0.00	75.00	Yucaipa Attitude Adjustment M-Sa	87.09	483.69
Corona 709168	107.00	107.00	Rancho Stone Sober Mens m-f	0.00	200.00	Yucaipa Group 684550	0.00	240.00
Corona Sunset Sisters	0.00	20.00	Rancho Tues. Woman to Woman	0.00	69.31	Yucaipa Tue. Mens Stag-652034	0.00	270.00
Corona Welcome Home Meeting	0.00	465.20	Redlands 128284	0.00	50.00	Yuciapia Friday Night	0.00	57.78
Corona Came to Believe Sun.	50.00	100.00	Redlands 12x12 Mon Noon	0.00	100.00			
Corona Men's Wed Wrecking Crew 161981	0.00	244.00	Redlands Attitude Adjustment T, Th, Sat	0.00	500.00			
Corona Mens Step Workers Meeting	0.00	300.00	Redlands BMC Daily Attitude Adjustment	560.00	3,450.00			
Corona Stepping Stones	0.00	217.93	Redlands BMC Friday	50.00	150.00			
Corona The Lucky Ones	0.00	188.45	Redlands Discovery Group	0.00	205.51			
Corona Thurs. 530 Sunset Sisters	0.00	40.00	Redlands Friday Nite 7pm Men's Stag	120.00	1,386.00			
Corona Umbrella Group	0.00	200.00	Redlands Mon. 7pm Women's Candlelight	70.00	263.12			
Crestline Mountain Unity Group	169.37	169.37	Redlands Sat Night Caring and Sharing	147.14	2,259.53			
Eltiwanda 6am Book Study	150.00	150.00	Redlands Thurs 7pm Womens Candlelight	0.00	110.00			
Fontana Attitude Adjustment	178.12	1,235.57	Redlands Thurs Nite 7pm Men's Big Book	0.00	126.00			
Fontana Kaiser Thurs. Nite Part.	0.00	120.00	Redlands Tues 6.30pm	0.00	87.20			
Fontana Kaiser Wed Speaker	30.00	220.00	Redlands Tues Nite Live 730pm BMC	0.00	305.00			
Hemet-652097 Arid Club	0.00	50.00	Redlands Unity	0.00	1.22			
Hemet 5pm Freeway Group	0.00	120.00	Redlands Unity Sunday Speaker	0.00	30.00			
Hemet Arid Club 12 noon Meetings	100.00	406.60	Redlands Womens BB Friday Noon	0.00	150.00			
Hemet Att. Adj. 7am Daily	0.00	156.40	Redlands Womens12x12 Mon Noon	0.00	100.00			
Hemet Lucky ladies Group	10.00	37.00	Redlands Womens Noon Nazarine	0.00	50.43			
Hemet Mother Hens Chicks Tues.	0.00	80.00	Rialto Stepping Stones	0.00	20.00			
Hemet Sharing the Legacy Tue	0.00	25.00	Riverside 140637	0.00	50.00			
Hemet Sober Seniors Tue. 1pm	0.00	50.00	Riverside (RAAH) Attitude Adjustment Hr.	267.00	2,372.48			
Hemet Women in Recovery	0.00	300.00	Riverside 101900	0.00	110.00			
Highland 7pm Fri. Round Table	0.00	50.00	Riverside 161077	0.00	15.00			
Highland it works 530pm	0.00	48.00	Riverside Friday Came to Believe	0.00	192.80			
Idyllwild Mens AA 718796	0.00	50.00	Riverside Friday Sermon on the Mount	0.00	46.00			
IE Amazing Grace Womens Banquet	0.00	702.00	Riverside GTBA Sat. 730	0.00	959.90			
Inland Empire Men's Banquet	0.00	300.00	Riverside Last House OnThe Block	0.00	100.00			
Intergroup	36.00	293.83	Riverside Lunch with Bill	0.00	104.00			
Kaiser Fontana Sat. am	20.09	20.09	Riverside Men's Stag Wednesday 7pm	0.00	35.00			
Lake Arrowhead Sunday Morn. Spkr. mtg	0.00	80.00	Riverside Mon. Salad Bowl	0.00	110.00			

101 out of approximately 1100 groups contributed to Central Office so far this fiscal year.
That represents roughly 13% of the meetings in the Inland empire.

Inland Empire Central Office

P. O. Box 189

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