

Inland Empire

October 2019

# Newsletter

aainlandempire.org

A publication of the Inland Empire Central Office  
Serving the Inland Empire



**Inland Empire Central Office**  
**P.O. Box 189**  
**897 Via Lata Suite A**  
**Colton, CA 92324**  
**(Mail to P.O. Box 189)**

Open 8 AM to 4 PM, Mon.-Fri.  
9 AM to 1 PM, Sat.  
**909-825-4700**

Web site: [www.aainlandempire.org](http://www.aainlandempire.org)



[aacentral@sbcglobal.net](mailto:aacentral@sbcglobal.net)

**Intergroup Meeting**  
1st Wednesday of the month, 7 PM  
670 Carreon, Colton

**Board of Directors Meeting**  
3rd Thursday of the month  
7:00 PM

**General Service,  
District 8**  
3rd Wednesday of the month  
6:00 PM GSR School  
7:00 PM Meeting  
5770 Arlington, Riverside

**District 11**  
Dark

**District 14**  
3rd Wednesday of the month  
GSR School 6 PM  
District 14 GSR 7PM  
Church of the Good Shepherd  
308 E. Acacia, Hemet, 92546

**District 17**  
1st Tues. of the month, 6:30 PM  
41735 Winchester #C  
Temecula, 92590

**Hospitals & Institutions**  
3rd Sunday of the month, 3 PM  
Redlands Unity Club,  
1307 Brookside Redlands

**Area 9**  
[Msca09aa.org](http://Msca09aa.org)

## Step

Continued to take personal  
inventory and when we were  
wrong, promptly admitted it.

## Tradition

Alcoholics Anonymous has no  
opinion on outside issues;  
hence the A.A. name ought  
never be drawn into public  
controversy.

## Concept

Every service responsibility  
should be matched by an equal  
service  
authority, with the scope of  
such authority well defined.

T  
e  
n

# Principle Ten

## Vigilance

Exercising self-discovery, honesty, abandonment,  
humility, reflection and amendment on a  
momentary, daily and periodic basis.

**Central Intergroup Office of the Inland  
Empire  
Board of Directors**

**Chairman: George D.  
Vice Chairman: Dennis H.  
Treasurer: Elizabeth E.  
Secretary: Diane L.**

**Members At Large**

**Tim D.  
Duke W.  
Tom F.**

**Inland Empire Editor: Carolyn V.  
Office Manager: Carolyn V.**

**October  
Central Office Activity Report**

AA Calls	140
12 Step Calls	4
Other Calls	36
Visitors	184
<b>TOTAL:</b>	<b>523</b>

**Web Site**

Visitors	17484
Countries	37
Subscribers	755
<b>TOTAL:</b>	<b>18276</b>

**Letters to the Editor** or **Articles for the Newsletter** must be received by the 15th of the month for consideration of publication in the following month's issue.

Please submit your material for *The Inland Empire Newsletter* to:  
Inland Empire Central Office  
P.O. Box 189  
Colton, Ca., 92324  
E-mail: [aacentral@sbcglobal.net](mailto:aacentral@sbcglobal.net)

***Thanks to all who are of service.  
It makes a difference!***

**In Loving Memory**

Larry M.  
Mary G.  
Red Mountain Willie

**2019 ALKATHON**

**PLANNING COMMITTEE MEETINGS**

At Unity Club, 1307 Brookside Ave, Redlands 92373

Starting October 5<sup>th</sup> and October 12<sup>th</sup> at 4:00

November 2<sup>nd</sup> and November 9<sup>th</sup>

Alkathon is in its 53<sup>rd</sup> year and provides food, fun and meetings around the clock from noon Christmas Eve day till 9 p.m. Christmas night.

Need lots of help to make this happen and all volunteers are welcome.

Alkathon Committee donated over \$1,300 to our Central Office last year.

Along with GSO, District 8, 9 and H&I

**PLEASE COME AND HELP**

**Take a Look at These Upcoming  
Events!**

**IEAAC  
10/18-20/2019**

**Holiday Hours:**

November 27, close at noon

November 28, 29, closed

December 24, close at noon

December 25, closed

December 31, close at noon

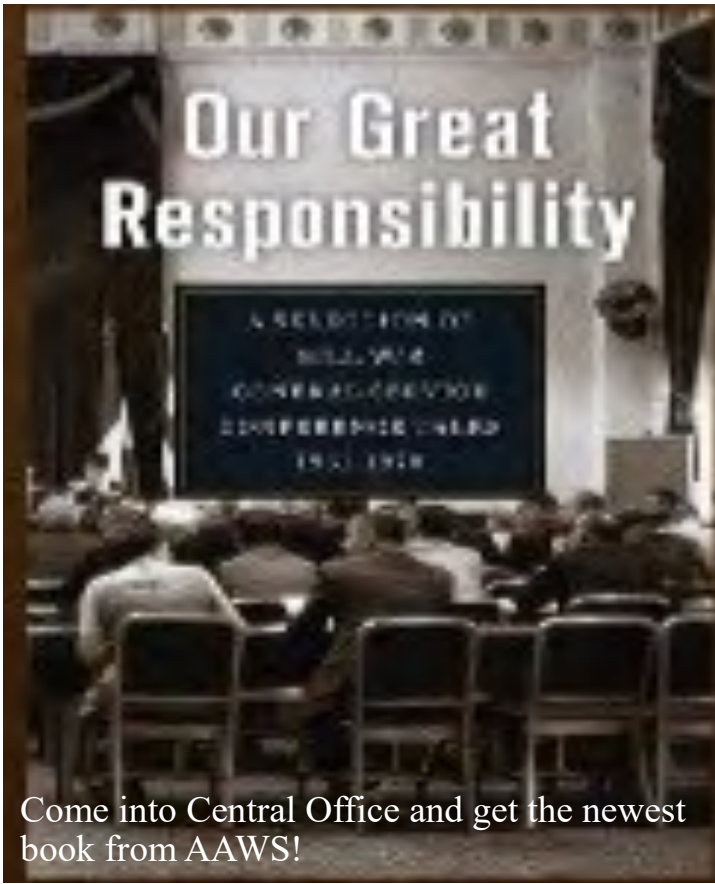
January 1, closed

Faithfully Yours in Service,  
The Board Members

**[aainlandempire.org](http://aainlandempire.org)**

**You Also can donate through  
PayPal!**





Come into Central Office and get the newest book from AAWS!

## October 2019

Tom V.	21
Bart S.	24
Trudy B.	21
Wyly R.	33
Gilbert S.	50
Debra B.	31

Happy Birthday



Want to have someone's Birthday in the newsletter?  
Contact Central Office.  
Suggested donation is \$1.00 per year of sobriety.

### VAGABOND GROUP

[www.snafubar.com@vagabonds](http://www.snafubar.com@vagabonds)

**NOTICE:** WE MUST HAVE YOUR RESERVATIONS AND PAYMENT AT LEAST THREE WEEKS IN ADVANCE OF EACH CAMPOUT TO RESERVE A SITE FOR YOU. **THANKS!**

**Saturday:** Alanon meets 11 a.m., Potluck 5 p.m. during Standard Time and 6 p.m. during Daylight Savings Time, followed by Business meeting and A.A. Campfire meeting, Bring firewood.

#### October 11-12, 2019 Lake Skinner, Temecula

Directions: Hwy 15, take Rancho California Rd east until it turns into Warren Rd. For about a mile, turn right into park entrance. Bring Firewood!

Reservations required, Contact the  
WAGON MASTER: Jeff & Lisa 310-283- 1342  
\$85 W/E 10 sites: 104-106, 127-128

#### November 8-9, 2019 Prado Regional Park

Directions: From Hwy 15, take Hwy 76 West 11 miles West on Hwy 76. Bring Firewood !!

Reservations required, Contact the  
WAGON MASTER: Mike & Debbie 909-969-4521  
\$91 w/hookups W/E. sites: 17,19,20,55-60

#### December 13-14, 2019 Rancho Jurupa, Rubidoux

Directions: Hwy 60 to Rubidoux Blvd south, turn left on Mission Blvd., go to Crestmoor Road and turn right. Bring Firewood !!

Reservations required, Contact the  
WAGON MASTER: Gail & Malissa 951-845-1553  
Back Row pay at gate. TBD w/hookups

**We thank all of the birthday celebrants for their contributions to the Central Office Birthday Club.**  
Please submit all of your events and letters to us. We would love to put them in the newsletter!



**THANK YOU VOLUNTEERS!!**

Thanks to these volunteers for keeping Central Office running smoothly for the past month:

Mike B., Tim M., Chris S., Patti M., Gaby R., Misti S., Mario M., Jeff W.

***Thank You !!***

***Thank You !!***



**54<sup>th</sup> Annual Christmas Alkathon**



**YOU ARE CORDIALLY INVITED  
TO PARTICIPATE**

**12:00 noon December 24 to  
8:00 pm December 25**

**Knights of Columbus Hall  
1729 East Base Line Street, San Bernardino**

**WE NEED YOU TO BE OF SERVICE  
PLEASE JOIN US AT OUR PLANNING MEETINGS**

**First Saturday at 4:30 pm Unity  
Club, 1307 Brookside Ave.  
Redlands, CA 92373**

**YOUR \$\$\$ DONATIONS ARE APPRECIATED  
Please Contact: Roman. (909) 801-1133**



## 54<sup>th</sup> Annual Inland Empire Christmas Alkathon

**Knights of Columbus Hall 1729 East Baseline Street – San Bernardino, CA**



*Schedule of Meetings by Day, Time and Group*

### Christmas Eve Day

#### Meeting 1 – Noon to 1:30 pm

Colton Tue 12:00 pm Water Walkers  
Fontana Thur 7:30 pm BYOB  
Perris Mon 7:00 pm River of Light  
Redlands 6:30 am Attitude Adjustment  
Riverside Mon 6:00 pm Not All Saints  
Riverside Sat 8:00 pm Fellowship  
San Berdo All meetings Arid Club  
Yucaipa Sat 10:30 am Men's B/B Study  
Highland Fri 8:00 pm Roundtable  
San Berdo Sat. Straight Up AA

#### Meeting 4 – 7:00 pm to 8:30 pm

Banning All meetings  
Corona All meetings  
Hemet Tue 12:00 pm Sober Seniors  
Riverside Mon 12:00 pm Brown Baggers  
San Berdo Mon 8:00 pm Inland Group Spkrs  
San Jacinto All meetings  
Redlands Thurs. 7p.m. Men's Book Study  
Green Valley Lake All meetings  
Alta Loma All meetings  
Sun City/ Unity Hall All meetings

#### Meeting 2 – 2:30 pm to 4:00 pm

Alta Loma All meetings  
Covina All Meetings 502 Club  
Lake Arrowhead Sun 10:00 am  
Speakers Lake Elsinore All meetings  
Pomona All meetings Triangle Club  
Rancho Cucu All meetings Alano Club  
Redlands Tue 7:30 pm Tuesday Nite Live  
Riverside Mon 7:00 pm B/B Winners  
Moreno Valley Tues. 6:00 pm Women's  
San Berdo All meetings Dawn Patrol

#### Meeting 5 – 9:00 pm to 10:30 pm

Big Bear All meetings  
Colton All meetings  
Chino All meetings  
Hemet Mon 5:30 pm Happy Hour  
Lytle Creek Mon 6:00 pm Watering Hole  
Rancho Cucu Sun 10:30 am Coffee Talk  
Redlands All meetings BMC Alumni  
Riverside Tue 7:30 pm By the Book  
San Berdo Sat 7:00 pm Serenity Club Spkrs

#### Meeting 3 – 5:00 pm to 6:30 pm

Loma Linda Sun 7:30 pm Candlelite  
Redlands Fri 7:00 pm Men's Stag  
Hemet All meetings All About Me  
Lake Arrowhead Tue Men's Stag  
Rancho Cucu Wed 5:30 pm Upper Room  
Redlands Tue 6:30 pm Discovery  
Group Riverside Mon 6:00 pm Mon  
Night Live Running Springs All meetings  
Redlands Sat 7:00 pm Care/Share  
Redlands Women's All meetings

#### Meeting 6 – 11:00 pm to 12:30 am Birthday Meeting At Midnight (All December Birthdays)

Corona All meetings Serenity Club  
Mentone All meetings  
Rancho Cucu Thur 7:30 pm 24 Hours  
Ontario All meetings  
Riverside Tue 6:00 pm Men's Stag  
Yucaipa All meetings  
Riverside/ Salad Bowl

### Christmas Day

#### Meeting 7 – 12:45 am to 1:45 am

Banning Fri 7:00 am As Bill Sees It  
Corona/ Serenity Club  
Hemet Sober Seniors  
Hemet Mother Hen's Chicks  
Mentone Where's the Beach  
Riverside Tue 5:30 pm Sober Sisters  
Rubidoux All meetings Alano Club  
San Berdo/ All meetings 10th St Alano Club  
Temecula/ All meetings

#### Meeting 10 – 4:30 am to 5:30 am

Beaumont All meetings  
Hemet Thur 6:00 pm Chicago Style  
Moreno Valley All meetings Awakenings  
Club Redlands Wed 7:30 pm Free "4" All  
Riverside Wed 7:00 pm Men's Stag  
San Berdo Sun 9:00 am Indian Spirit  
Sun City All meetings  
Beaumont Thur 7:00 pm Big Book Study  
Corona Thur 7:00 pm New Pair of Glasses

#### Meeting 13 – 9:00 am to 10:30 am

Claremont All meetings  
Laverne All meetings  
Lytle Creek All meetings  
Mead Valley All meetings  
Moreno Vly Tue 6:30 am Plug in the Jug  
Mount Baldy All meetings  
Riverside Thur 12:00 pm Lunch with  
Bill Upland Fri 8:30 pm Everyone  
Welcome Anza-Idyllwild/ All meetings

#### Meeting 16 – 3:00 pm to 4:30 pm

Chino All meetings  
Etiwanda All meetings  
Norco All meetings  
Rancho Cucamonga All meetings  
Riverside Mon 6:30 am Serenity  
Sunrise Riverside Fri 6:30 pm Step  
Sisters Riverside Wed 7:30 pm Cele.  
Sobriety San Berdo All meetings  
Betty Ford Alumni  
Big Bear Mon 10:00 am Women

#### Meeting 8 – 2:00 am to 3:00 am

Banning Fri 12:00 pm Step Study  
Corona Thur 7:00 pm Church  
Hemet Wed 12:00 pm Lucky Ladies  
Moreno Valley Sun 10:30 am Speakers  
Redlands Wed 6:30 pm Women's Riverside  
Wed 6:30 pm Men's The Point Is  
Rubidoux All meetings

#### Meeting 11 – 5:45 am to 6:45 am

Fontana/ Grupo/ Por Fin liege  
Colton 10/ De Juno  
San Berdo/ La Mission  
Riverside/ Bienvenidos  
Ontario/ Nuevo 24  
Highland/ All Meetings  
Riverside/ Cypress Alano  
Club Upland All meetings

#### Meeting 14 – 11:00 am to 12:30 pm

Bloomington All meetings  
Chino Mon 7:30 pm Calvary Church  
Crestline / All Meetings  
Moreno Valley Fri 8:00 pm Here's How  
Rialto All meetings Stepping Stones  
Riverside Thur 7:30 pm Casa Blanca Spkrs  
Upland All meetings Older Than Dirt

#### Meeting 17 – 5:00 pm to 6:30 pm

Colton Thur 8:00 La Cadena Group  
Crestline Wed 7:00 pm Easy Does It  
Fontana All meetings  
Norco Attitude Adjustment  
Yucaipa Sun 10:00 am 11<sup>th</sup> Step  
Riverside Wed 7:30 Celebrate Sobriety  
San Jacinto All meetings  
Upland All meetings  
Running Springs All meetings  
Blue Jay Alano Club All meetings

#### Meeting 9 – 3:15 am to 4:15 am

Hemet All Meetings Attitude Adjustment  
Moreno Valley All Meetings  
Quail Valley All meetings  
Rainbow All meetings  
Riverside Tue 8:00 pm Men's Stag  
San Berdo Sat 4:30 Alano Club  
Inland Empire All meetings Intergroup Reps

#### Meeting 12 – 7:00 am to 8:30 am

Perris/ Dose Pasos  
Moreno Valley/ Nueva Vida  
Rubidoux/ Nuevos Horizontes  
Rancho Cucamonga/ Hoy  
Pomona/ 19 De Enero  
Moreno Valley Tue 12:00 pm Step Study  
Sun City/ Unity Hall/ All meetings  
Hemet Sat 6:00 pm Saturday Night Live

#### Meeting 15 – 1:00 pm to 2:30 pm

Chino Wed 6:30 pm Men Only  
Glen Avon All meetings  
Grand Terrace All meetings  
Moreno Valley Sat 8:00 pm Speaker  
Norco Wed 5:30 pm St Mel's  
Riverside Sun 10:45 am AM Speakers  
Riverside Fri 7:30 pm We Care  
Vagabond Group  
Yucaipa All meetings Attitude Adjustment

#### Meeting 18 – 7:00 pm to 8:00 pm

Yucaipa Tue 7pm Men's Stag  
Colton Fri 5:30 pm Friendship Group  
Devore All Meetings Serenity Castle  
Fontana Wed 6:00 pm Speakers  
Norco Fri 7:30 pm Big Book Study  
Riverside All meetings Attitude Adjustment  
Riverside Sat 7:00 pm As Bill Sees It  
Inland Empire All meetings Secretaries  
Riverside Thur 6:30 pm Sober Steps



32<sup>ND</sup> ANNUAL  
INLAND EMPIRE CONVENTION  
OCTOBER 18, 19, 20, 2019

Double Tree • San Bernardino, CA  
(By Hilton)



**IEAAC 2019**

**[www.ieaac.org](http://www.ieaac.org)**

*I Am Responsible ...  
When anyone, anywhere, reaches out for help,  
I want the hand of A.A. always to be there.  
And for that, I am responsible.*

Please check the website ([www.aainlandempire.org](http://www.aainlandempire.org)) for any changes  
after the newsletter was printed.



## 5th Annual AA Retreat with Al-Anon Participation Rosarito Beach, Baja California

Come Join us for a "Serenity by the Sea" weekend  
at the  
Rosarito Beach Hotel – October 11, 12 & 13 2019

### Schedule at a Glance

Friday	Saturday	Sunday
Welcome Reception	AA Topic Meetings all day	Breakfast Buffet
AA & Al-Anon Speaker Meetings	Al-Anon Workshops & Panels	Count-down
	Al-Anon Luncheon & Speaker Meeting	AA/Al-Anon Speakers
	AA/Al-Anon Banquet & Speakers	Closing Ceremonies

Rosarito Beach Hotel Ocean View Rooms  
with Special Rates for our Event.

**"PASSPORT REQUIRED"**



Life Really Does Just Keep Getting Better!

## •TRIUMPHANT ARCH•

January 9-12, 2020 River Roundup

### THURSDAY

Registration Opens 2pm

Hospitality Social 4-6pm  
Free Coffee & Dessert

Al-Anon Speaker Panel 7pm  
Topic: Riverside Daily  
Bridgeview Room

Opening Speaker Meeting 7pm  
Pam R - Bullhead City, AZ  
Starview Room

### FRIDAY

Speaker Meeting 10am

Joe L - Munds Park, AZ

Speaker Meeting 2pm

Amanda L - Fayette, OH

Chili Dinner 4-6pm - \$5

Al-Anon Speaker Meeting 5pm

Cookie T - Lake Havasu City, AZ

Speaker Meeting 7pm

Father Tom - Oakland, CA

Rock N' Bowl Check in 9pm

Prizes, fun, fellowship

Shoe rental included

### SATURDAY

Golf Tournament includes Lunch

Mojave Resort Golf Club, Laughlin NV

Raffle: Odyssey Ruffler

Straightest drive: Golf Bag

Other goods will be presented to each paid

golfer at time of check-in.

Check-in: 7:30 (NV Time); 8:30 am (AZ Time)

Shotgun: 8:30 am (NV Time); 9:30 (AZ Time)

Speaker Meeting 10am

Jim R (Captain Happy) - Phoenix, AZ

Al-Anon Luncheon 11am

Al-Anon Raffle/50-50 12pm

Al-Anon Speaker 12:15pm

Veronica R - Las Vegas, NV

Starview Room

Speaker Meeting 2pm

Micky B - Los Angeles, CA

Banquet Dinner 5-6:30pm

Banquet Dinner Entertainment

Banquet Speaker 7pm

Speaker - TBA

### SUNDAY

Unity Breakfast 7-8am

Sobriety Countdown & 50/50: 8-9am

Spiritual Speaker Meeting 9am

Phyllis O. - Tuba City, AZ

All proceeds from this  
Roundup go to benefit  
River Cities Central Office.  
Your support is appreciated

### CONTACT INFO

Chairperson: Tammy G. 805.680.2629

Registration: Bill H. 909.270.1189

Co-Registration: Roxanne S. 404.702.8700

river.roundup@yahoo.com

Banquets: Debra C 928.542.9044

Terril C 775.470.9606

Golf Tournament: Bill C 928.542.9329

river.roundupgolf@yahoo.com

AL-ANON

Chairperson: Victoria C. 928.444.2080

Co-Chair: Pat C. 714.726.0619

River Cities Central Office:

928.763.4499 or 800.864.1606



## MIRACLE ON THE RIVER 32nd Annual

NOVEMBER  
1ST - 3RD  
2019

HAPPY • JOYOUS • FREE



Register  
Online!

\* With Al-Anon Participation

[www.HavasuaARoundup.org](http://www.HavasuaARoundup.org)



## EASY DOES IT WEEKEND

AT CAMP SEELY

40th

YEAR OF MAGIC IN THE MOUNTAINS

October 4, 5 & 6 2019

NEAR CRESTLINE/LAKE GREGORY • SAN BERNARDINO MOUNTAINS  
Check website for theme of this Camp

### AA & AL-ANON

Rustic heated cabins with beds.

Bathrooms and showers are not inside cabins.

Singles & Couples Welcome - Limited number of couple cabins ~ First come, First served

Five great hot meals, fabulous meetings, plus a dance, raffle, games and more!

All for just \$98 per person (no one under age 18)

Bring warm clothing, bedding and towels

No pets ~ No special food requests ~ No soliciting ~ No Refunds

Visit our website: <http://www.easydoesitweekend.org>

### FOR INFO:

Registration Chair: Christina R. (626) 421-1952

Camp Chairperson: Deby C. (626) 688-3414



October 4, 5 & 6 2019

CAMPS HAVE BEEN SELLING OUT VERY QUICKLY REGISTER EARLY TO ENSURE YOUR SPOT!

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone number \_\_\_\_\_

Email \_\_\_\_\_ \*\*Only put email if it is OK for EDIW to send you emails\*\*

Couple \_\_\_\_\_ Single \_\_\_\_\_ SPECIAL REQUEST \_\_\_\_\_

IF YOU WANT TO SHARE CABIN WITH SOMEONE SPECIFIC PUT THEIR NAME HERE \_\_\_\_\_

IF YOU HAVE BEEN TO CAMP BEFORE & WANT A SPECIFIC CABIN REQUEST CABIN # \_\_\_\_\_ (NOT GUARANTEED)

\$98 per person. Pre-registration required. Make check or money order payable to:

Easy Does It Weekend and mail to: 80 W. Sierra Madre Blvd #85 Sierra Madre CA 91024

Cancelled check is your confirmation - visit website or call registrar for availability near time of event.

Mail Registration early to ensure your spot



# October Newsletter 2019

## Intergroup Meeting Minutes

Sept. 4, 2019

**Opened meeting with Serenity Prayer at 7:00pm**

**Board member in attendance:** Tom F. Duke W. Tim D. Dennis H. Diane L. George D. Carolyn V.

**12 Traditions read by:** Brian W.

**New Reps:** Sharon S. Lake Arrowhead Speaker Meeting. Jerry S. Alt. Lake Arrowhead Speaker meeting.

**Secretary Report read:** Diane L. **Motion to accept as read by:** Rick P. 2<sup>nd</sup> by Dan C. Motion passed.

**Treasure Report read:** Tom F. **Motion to accept as read by:** Debbie R.

2<sup>nd</sup> by Rick P. Motion passed.

**Managers report:** Carolyn V.

I contacted Felipe at the Gonzales center regarding the meeting rooms. I asked if we could change to the Hutton Center. It would cost us \$588 extra just for the rest of the year. That is too much since we don't even pay that for a year for the meeting room we have. Also there is someone that uses it on the first Wednesday of the month already and so we would have to change days.

So he is going to contact the company they ordered the ceiling tiles from and see what they can do for the echo.

We purchased a new copier as ours was starting to cost a lot for repairs. We were given an excellent deal. It was 60% less than the other one.

We have more volunteers in the office this month then we have had in years. We are doing good.

**Alanon:** No Report

**GSR:** No Report

**H&I:** Doug K. Brought H&I directories. Thank You for all your donations. We meet on the 3<sup>rd</sup> Sunday of every month at 3:00pm. Redlands Unity Club. We need volunteers for panels, especially corrections.

**PI:** John L. Sept 13, at Fairmont Park in Riverside, Recovery Happens from 9-3

Sept. 30, from 10-3 Recovery Happens San Bernardino at the Orange Show fairgrounds. Sept. 18, 9-3 or so a Health Fair. San Geronio Hosp. PI meeting will be at Central Office on Oct. 5<sup>th</sup> at 11:00 am.

**Convention:** Diane L. We have all slots for the table filled and all the readers we need. If you would like to be of service, the convention is Oct. 18, 19, and 20, 2019 at the Double Tree Hotel in San Bernardino.

**12 step:** Carolyn for Lisa is doing a fabulous job. So glad to have our volunteers to answer phones. We are in real need for people for the 12 step call list.

**Old Business:** Nominations are still open for board members for 2020.

Doug K. nominated Rich G. Jay L 2<sup>nd</sup> Rich has accepted.

Debbie R. nominated Brian W. Rick P 2<sup>nd</sup>, Brian has accepted.

**New Business:** Discussion of another fundraiser for Central Office.

**Announcements:** No meeting in October.

**Tradition 9:** Walt B.

**Volunteer for Tradition 11:** Brian W.

**Birthdays:** Duke W. Aug. 26. 25 years. Walt B. Aug. 13. 40 years. Dennis H. Aug. 4. 8 years.

Dan C. **made motion** to adjourn. Debbie R. 2<sup>nd</sup>



International Convention  
Alcoholics Anonymous

July 2-5, 2020 | Detroit, Michigan

Love and Tolerance is Our Code • Amour et tolérance, voilà notre code • El amor y la tolerancia son nuestro Código

September 05, 2019

Dear Friends,

We're happy to announce that Alcoholics Anonymous World Services, Inc., is releasing Meeting Guide 3.0.

Meeting Guide is a mobile app focused on helping people find A.A. meetings and resources near them. The app has been updated to include some new features we're pleased to announce:

- Search -- Users will now be able to search for meetings by name or location
- Daily Reflections -- a selection of reflections by and for A.A. members

There are also enhancements we've made to existing features:

- More accurate locations for access to local contact information
- Improved user interface -- with a new menu bar and Contact feature.

Meeting Guide is available for iOS and Android smartphones. You can download it for free on the App Store or on Google Play.

Yours in Fellowship,

*Gregory John*



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Google Play and the Google Play logo are trademarks of Google LLC.

General Service Office of Alcoholics Anonymous  
P.O. Box 459 | Grand Central Station | New York, New York 10163 USA | (212) 870-3400 | [www.aa.org](http://www.aa.org)



There will not be an Intergroup meeting in October due to the Gonzales Center having an event. Newsletters will be available at the office for pick up.

IN ATTENDANCE			
Carolyn V.	Doug K.	Bill S.	Diane L.
Tom F.	Dan C.	John L.	Debbie R.
Greg B.	Walt B.	David S.	Brian W.
Jerry S.	Martin O.	Ashley T.	Rawn M.
Sharon S.	Rich G.	Rick P.	George D.
Jay L.	Dennis H.	Tim D.	Duke W.



# October Newsletter 2019

## Inland Empire Central Office Of Alcoholics Anonymous BAM August 2019

Name	Amount
<b>Service</b>	
<b>Contributions</b>	
Individual Donations	
BAM Individual Donations	
Debbie R.	15.00
Donald G.	30.00
Ernest G.	10.00
Gil L.	10.00
Jeff O.	4.55
Joseph G.	10.00
Leslie G.	12.00
Pete P.	25.00
Pete R.	10.00
Richard C.	15.00
Sam H.	27.00
Suzanne H.	12.00
Total BAM Individual Donations	180.55
<b>Birthday Donation</b>	
Wall B.	40.00
Total Birthday Donation	40.00
<b>Coffee Kitty</b>	
Coffee Kitty	0.02
Coffee Kitty	6.21
Coffee Kitty	2.80
Coffee Kitty	3.29
Total Coffee Kitty	12.32
<b>Personal Donations</b>	
Ernest G.	3.92
Gil L.	10.00
Jeano M.	45.00
John D.	39.00
John D.	2.77
Total Personal Donations	100.69
Total Individual Donations	333.56
Total Contributions	333.56
Total Service	333.56
<b>TOTAL</b>	<b>333.56</b>



## \*DONATION ADDRESSES\*

Please let the Newsletter know, if this information is not current!

### Inland Empire Central Office

P.O. Box 189, Colton, CA 92324  
SHOW CITY AND NAME OF GROUP

### Mid-Southern California Area

P.O. Box 51446, Irvine, CA 92619-1446  
SHOW GROUP SERVICE NUMBER

### General Service Office

P.O. Box 459, Grand Central Station  
New York, New York 10164-0371  
SHOW GROUP SERVICE NUMBER

### Hospitals and Institutions

P.O. Box 3927  
Riverside, CA 92519-3927  
SHOW CITY AND NAME OF GROUP

## \*DISTRICT ADDRESSES\*

**MSCA DISTRICT 8**, P.O. Box 2673, Riverside, CA 92506-2851

Corona, Mentone, Mira Loma, Moreno Valley, Norco, Redlands, Riverside, Yucaipa

**MSCA DISTRICT 11**, Not active, at this time.

Big Bear, Bloomington, Colton, Crestline, Fontana, Highland, Lake Arrowhead, Loma Linda, Rialto, Running Springs, San Bernardino

**MSCA DISTRICT 14**, P.O. Box 193, San Jacinto, CA 92581-0082

Banning, Beaumont, Hemet, Idyllwild, San Jacinto

**MSCA DISTRICT 17**, P.O. Box 1131, Temecula, CA 92593-1131

Canyon Lake, Lake Elsinore, Murrieta, Perris, Sun City, Temecula

## HOSPITALS & INSTITUTIONS COMMITTEE

### TREASURER'S REPORT - AUGUST, 2019

July 22 to August 18, 2019 (Respectfully submitted by Gary B. Treasurer).

GROUP / INDIVIDUAL	AMOUNT	GROUP / INDIVIDUAL	AMOUNT
BANNING-7AM PARTICIPATION MEETING	20.00	RIVERSIDE-MONDAY NITE SALAD BOWL	95.44
BEAUMONT- CANDLELIGHT # 627865	8.06	REDLANDS- FRIDAY NIGHT MEN'S STAG # 000134210	30.00
COLTON-TUESDAY NOON	14.07	REDLANDS-BMC 6:30 DAILY ATTITUDE	190.00
CORONA-SUNSET SISTERS	20.00	REDLANDS-BMC TUESDAY NITE LIVE	20.00
FONTANA-ATTITUDE ADJUSTMENT 6:30/730 AM	99.29	REDLANDS-CARING & SHARING SPEAKERS	31.84
HIGHLAND-FRIDAY NITE 7PM ROUNDTABLE	10.00	RIVERSIDE- NEWMAN CENTER NOON, TUES (\$30ea), THUR (\$30 ea).	60.00
IDYLLWILD- SUNDAY NOON AA	36.00	RIVERSIDE- SOBER SISTERS, TUES. NITE	15.00
JEANNIE S. INDIVIDUAL DONATION	50.00	RIVERSIDE- WED NOON 11TH STEP MEDITATION MTG	60.00
LAKE ARROWHEAD - SUN. MORNING SPEAKERS MTG.	40.00	RIVERSIDE-6:30 AM ATTITUDE ADJUSTMENT HOUR (2ea)	108.00
MORENO VALLEY-KAISER FRIDAY 6PM	21.00	RIVERSIDE-AS BILL SEES IT	38.00
MORENO VALLEY-KAISER WOMEN'S MEETING 5:30PM (2ea)	50.00	RIVERSIDE-GRP # 145994	26.00
MORENO VALLEY-PLUG IN JUG, AWAKENINGS CLUB	10.00	RIVERSIDE-GRP # 681653	24.00
		RUBIDOUX-UNITY GROUP (2ea)	100.00
		YUCAIPA-ATTITUDE ADJUSTMENT	15.50
		YUCAIPA-VALLEY UMBRELLA GROUP	45.00
<b>SUB TOTAL</b>	<b>\$ 378.42</b>	<b>SUB TOTAL</b>	<b>\$ 858.78</b>
		<b>TOTAL DONATIONS</b>	<b>\$ 1,237.20</b>
		<b>LITERATURE COSTS</b>	<b>\$ 1,570.56</b>

# October Newsletter 2019

## Inland Empire Central Office Of Alcoholics Anonymous Profit & Loss YTD Comparison August 2019



## Inland Empire Central Office Of Alcoholics Anonymous Profit & Loss YTD Comparison August 2019

	Aug 19	Jan - Aug 19
Ordinary Income/Expense		
Income		
Credit Card Surcharge	59.00	454.20
Donations		
BAM	180.55	1,360.29
Birthday Donations	40.00	764.00
Group Contributions	4,491.45	38,934.94
In Memory Of	0.00	50.00
Personal	113.01	4,923.06
Total Donations	4,825.01	46,032.29
Investments		
Interest-Savings, Short-term CD	1.83	74.47
Total Investments	1.83	74.47
Net Sales Income		
Book Covers	25.00	670.00
Books	5,921.94	38,109.70
CD-DVD-Audio	10.00	85.00
Directories	1,512.92	5,972.02
Grapevine	148.00	728.50
Medallions	1,201.80	10,157.19
Misc. Literature	338.66	3,921.35
Pamphlets	353.90	1,897.31
Total Net Sales Income	9,512.22	61,541.07
Total Income	14,398.06	108,102.03
Cost of Goods Sold		
Cost of Literature	6,718.20	43,494.64
Total COGS	6,718.20	43,494.64
Gross Profit	7,679.86	64,607.39
Expense		
Business Expenses		
Business Registration Fees	0.00	69.00
Total Business Expenses	0.00	69.00
Contract Services		
Accounting Fees	0.00	235.00
Total Contract Services	0.00	235.00
Facilities and Equipment		
Equip Rental and Maintenance	0.00	256.00
Rent	902.95	7,223.60
Rent Intergroup mtg room	0.00	292.00
Utilities	133.14	950.04
Total Facilities and Equipment	1,036.09	8,721.64

	Aug 19	Jan - Aug 19
Operations		
Alarm	27.78	194.46
Merchant Service Fee	94.06	746.85
Newsletter	360.06	1,117.70
Office Help	408.00	836.00
Postage, Mailing Service	0.00	419.73
Printing	0.00	90.00
Register Over/Short	0.00	-2.96
Software	0.00	24.00
Supplies	130.42	574.35
Telephone, Telecommunications	216.04	1,469.83
Water	5.00	116.29
Website	0.00	117.00
Total Operations	1,241.36	5,703.25
Other Types of Expenses		
Insurance - Liability, D and O	0.00	1,045.00
Memberships and Dues	53.34	53.34
Total Other Types of Expenses	53.34	1,098.34
Payroll Expenses		
Employee Hourly	772.00	6,447.50
Medical	500.00	3,585.77
QB DD Fee	12.25	85.75
Salary	4,000.00	32,000.00
Taxes		
Federal Unemployment	4.64	80.69
Medicare	69.19	557.49
Social Security	295.87	2,383.75
State Unemployment	18.52	322.73
Training Tax	0.78	13.45
Total Taxes	389.00	3,358.11
Total Payroll Expenses	5,673.25	45,477.13
Travel and Meetings		
Conference, Convention, Meeting	0.00	491.34
Total Travel and Meetings	0.00	491.34
Total Expense	8,004.04	61,795.70
Net Ordinary Income	-324.18	2,811.69
Net Income	-324.18	2,811.69

Thank YOU!



Inland Empire Central Office Of Alcoholics Anonymous  
Group Donations  
August 2019

	Aug 19	Jan - Aug 19		Aug 19	Jan - Aug 19		Aug 19	Jan - Aug 19
Alta Loma WtoW 630	0.00	210.00	Moreno Valley Friday Kaiser noon	0.00	25.00	Riverside Thursday Night Casa Blanca	0.00	777.96
Banning 127191	0.00	140.00	Moreno Valley Heres How	25.00	71.80	Riverside Thursday noon Newmans Center	0.00	100.00
Banning 702849	20.00	20.00	Moreno Valley Monday Kaiser	80.76	80.76	Riverside Tues Noon Newman Center	0.00	85.00
Banning Fri. noon 12x12 151026	50.00	140.00	Moreno Valley Plug in the jug 630 AM	10.00	20.00	Riverside Unknown	0.00	325.00
Banning Friday 7am As Bill Sees It	0.00	12.50	Moreno Valley Sat. 930AM	0.00	124.51	Riverside Wed Noon Newmans Center	0.00	120.00
Banning Friday Happy Hour	0.00	50.00	Moreno Valley Speaker Sat Nite	0.00	174.18	Riverside Wed. Mens For Petes Sake 7pm	0.00	180.00
Banning Sat. 7am	20.00	80.00	Moreno Valley Thurs. 5pm	30.00	67.64	Riverside Wed. Mens Stag Calvary Pres 8PM	0.00	140.00
Banning Sun 5 pm	0.00	40.00	Moreno Valley Tue. 5pm Meeting	50.00	50.00	Riverside Wed.Rock Talk	0.00	122.30
Banning There is a solution	0.00	180.00	Moreno Valley unknown	0.00	16.00	Riverside Women Celebrate Recovery	0.00	14.00
Banning Thurs Women's TIAS	0.00	48.00	Moreno Valley Wed Mens 6pm Kaiser	0.00	210.00	Rubidoux Alana Grp	35.00	285.00
Banning Thursday Noon Mens Stag	30.00	80.00	Moreno Valley Wed Womens Kaiser	20.00	172.34	Running Springs 12-Step	25.00	25.00
Banning Tues 7PM Beginners Meeting	0.00	80.00	Moreno Valley Women in Solution	17.45	90.43	San Bernardino INCA	0.00	240.00
Banning Tuesday 7am A Day At A Time	0.00	10.00	Norco Monday Night St Mels	0.00	168.00	San Bernardino Indian Spirit Sun. 9am	0.00	25.00
Banning Unknown	0.00	48.00	Norco Unknown Group	20.00	20.00	San Bernardino Inland Group Mon 8pm	0.00	450.00
Banning Wed. nooners	0.00	65.45	Norco Wed Mens Book Study	200.00	725.00	San Bernardino Monday No Matter What 12pm	0.00	20.00
Beaumont Plain Wrap Mens Mtg	81.45	166.95	Perris 676781	0.00	100.00	San Bernardino Sat. Straight Up AA	0.00	258.00
Beaumont Thurs 7pm Big Book	0.00	180.00	Rancho Cucamonga Alano Sunday 915	0.00	30.00	San Bernardino Sunrise Group	0.00	50.00
Big Bear 612538 Honor the Mountain Group	0.00	20.00	Rancho Cucamonga Alano Tue 4PM	10.00	20.00	San Jacinto 647513	0.00	30.00
Big Bear 630 am m-f	0.00	200.00	Rancho Cucamonga Alano Wed 4PM	10.00	40.00	San Jacinto Manly Mens Stag	0.00	50.00
Big Bear Call To The Circle	0.00	100.00	Rancho Cucamonga Alano Grp	0.00	85.00	Sun City Wed. 7am Mens Stag	0.00	10.00
Big Bear Friday 11 am 12x12	0.00	100.00	Rancho Cucamonga Friday VAC 8pm Speaker	100.00	100.00	Upland 6.30am Attitude Adjustment	0.00	1,120.45
Big Bear Group	0.00	40.00	Rancho Cucamonga M Old School Meeting	0.00	200.00	Upland Womens BB Study	0.00	90.00
Big Bear Saturday Night Speaker	0.00	100.00	Rancho Cucamonga Sunday 645 am	0.00	40.00	Vagabonds	0.00	150.00
Big Bear Tuesday Mens Stag	0.00	40.00	Rancho Cucamonga Tues. 7pm Down and Dirty	100.00	100.00	Yucaipa 11th Step	0.00	250.00
Calimesa W Big Boys 10am	0.00	25.00	Rancho Cucamonga Wed. 530	0.00	75.00	Yucaipa Attitude Adjustment M-Sa	90.00	386.60
Camp Seely	0.00	100.00	Rancho Stone Sober Mens m-f	0.00	200.00	Yucaipa Group 684550	120.00	240.00
Central Office Picnic	0.00	2,740.77	Rancho Tues. Woman to Woman	0.00	69.31	Yucaipa Tue. Mens Stag-652034	0.00	270.00
Chino 630pm Wed Night Mens Stag	0.00	300.00	Redlands 128284	50.00	50.00	Yuciapia Friday Night	0.00	57.78
Chino Unknown	10.00	10.00	Redlands 12x12 Mon Noon	0.00	100.00			
Christmas Alkathon	0.00	1,309.22	Redlands Attitude Adjustment T, Th, Sat	500.00	500.00			
Claremont Sunday 8am	0.00	611.00	Redlands BMC Daily Attitude Adjustment	560.00	2,890.00			
Colton-La Cadena Group Thurs	0.00	25.00	Redlands BMC Friday	0.00	100.00			
Corona Sunset Sisters	0.00	20.00	Redlands Discovery Group	113.51	205.51			
Corona Welcome Home Meeting	0.00	465.20	Redlands Friday Nite 7pm Men's Stag	120.00	1,266.00			
Corona Came to Believe Sun.	0.00	50.00	Redlands Mon. 7pm Women's Candlelight	0.00	193.12			
Corona Men's Wed Wrecking Crew 161981	0.00	244.00	Redlands Sat Night Caring and Sharing	127.34	2,112.39			
Corona Mens Step Workers Meeting	150.00	300.00	Redlands Thurs 7pm Womens Candlelight	40.00	110.00			
Corona Stepping Stones	105.00	217.93	Redlands Thurs Nite 7pm Men's Big Book	126.00	126.00			
Corona The Lucky Ones	8.80	188.45	Redlands Tues 6.30pm	0.00	87.20			
Corona Thurs. 530 Sunset Sisters	0.00	40.00	Redlands Tues Nite Live 730pm BMC	0.00	305.00			
Corona Umbrella Group	0.00	200.00	Redlands Unity	0.00	1.22			
Fontana Attitude Adjustment	167.14	1,057.45	Redlands Unity Sunday Speaker	0.00	30.00			
Fontana Kaiser Thurs. Nite Part.	0.00	120.00	Redlands Womens BB Friday Noon	0.00	150.00			
Fontana Kaiser Wed Speaker	35.00	190.00	Redlands Womens12x12 Mon Noon	0.00	100.00			
Hemet-652097 Arid Club	0.00	50.00	Redlands Womens Noon Nazarine	0.00	50.43			
Hemet 5pm Freeway Group	20.00	120.00	Rialto Stepping Stones	0.00	20.00			
Hemet Arid Club 12 noon Meetings	0.00	306.60	Riverside 140637	0.00	50.00			
Hemet Alt. Adj. 7am Daily	0.00	156.40	Riverside (RAAH) Attitude Adjustment Hr.	450.00	2,105.48			
Hemet Lucky Ladies Group	0.00	27.00	Riverside 101900	110.00	110.00			
Hemet Mother Hens Chicks Tues.	0.00	80.00	Riverside 161077	0.00	15.00			
Hemet Sharing the Legacy Tue	0.00	25.00	Riverside Friday Came to Believe	0.00	192.80			
Hemet Sober Seniors Tue. 1pm	0.00	50.00	Riverside Friday Sermon on the Mount	0.00	46.00			
Hemet Women in Recovery	0.00	300.00	Riverside GTBA Sat. 730	276.00	959.90			
Highland 7pm Fri. Round Table	0.00	50.00	Riverside Last House OnThe Block	0.00	100.00			
Highland it works 530pm	0.00	48.00	Riverside Lunch with Bill	0.00	104.00			
Idyllwild Mens AA 718796	0.00	50.00	Riverside Men's Stag Wednesday 7pm	0.00	35.00			
IE Amazing Grace Womens Banquet	0.00	702.00	Riverside Mon. Salad Bowl	0.00	110.00			
Inland Empire Men's Banquet	0.00	300.00	Riverside Monday We Agnostics	0.00	50.00			
Intergroup	27.00	257.83	Riverside Monday Winners Big Book	0.00	100.00			
Lake Arrowhead Sunday Morn. Spkr. mtg	80.00	80.00	Riverside Not All Saints	0.00	500.00			
Loma Linda 730 pm St. Joseph Candlelight	0.00	70.00	Riverside Sat. Night as Bill Sees it	0.00	82.50			
Moreno Valley-Saturday Kaiser	0.00	28.35	Riverside Sat. noon As Bill Sees It	0.00	50.00			
Moreno Valley Awakenings Club Mtg	200.00	500.00	Riverside Serenity Sunrise	0.00	2,500.00			
Moreno Valley Awakenings Wed noon	20.00	20.00	Riverside Sober Sisters	0.00	175.00			
Moreno Valley Fri. 5pm	30.00	50.00	Riverside Spring Fling	0.00	350.00			
Moreno Valley Friday Kaiser	21.00	84.25	Riverside Sunday Back to The Grind	0.00	225.00			



101 out of approximately 1100 groups contributed to Central Office so far this fiscal year.  
That represents roughly 13% of the meetings in the Inland Empire

**Inland Empire Central Office**

P. O. Box 189

Colton, CA 92324

Return Service Requested



**Inland Empire Newsletter  
Donation Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Phone: \_\_\_\_\_

**BUCK-A-MONTH**

Please mail the Form with your  
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