

Inland Empire

# Newsletter

aaainlandempire.org

A publication of the Inland Empire Central Office  
Serving the Inland Empire

April 2019



**Inland Empire Central Office**  
**P.O. Box 189**  
**897 Via Lata Suite A**  
**Colton, CA 92324**  
**(Mail to P.O. Box 189)**

Open 8 AM to 4 PM, Mon.-Fri.  
9 AM to 1 PM, Sat.  
**909-825-4700**

Web site: [www.aaainlandempire.org](http://www.aaainlandempire.org)



[aaacentral@sbcglobal.net](mailto:aaacentral@sbcglobal.net)

**Intergroup Meeting**  
1st Wednesday of the month, 7 PM  
670 Carreon, Colton

**Board of Directors Meeting**  
3rd Thursday of the month,  
7:00 PM

**District 8 GSR**  
3rd Wednesday of the month,  
6:00 PM GSR School  
7:00 PM Meeting  
5770 Arlington, Riverside

**District 11 GSR**  
Dark

**District 14**  
3rd Wednesday of the month,  
GSR School 6 PM  
District 14 GSR 7PM  
Church of the Good Shepherd  
308 E. Acacia X Camelita, Hemet, 92546

**General Service,**  
District 17 GSR  
1st. Tues. of the month, 6:30 PM  
41735 Winchester #C  
Temecula Ca. 92590

**Hospitals & Institutions**  
3rd Sunday of the month 3 PM  
Redlands Unity Club ,  
1307 Brookside, Redlands

**Area 9**  
[Msca09aa.org](http://Msca09aa.org)

## Step

**Made a searching and fearless  
moral inventory of ourselves**

## Tradition

**Each group should be  
autonomous except in matters  
affecting other groups or AA as  
a whole.**

## Concept

**At all responsible levels, we  
ought to maintain a traditional  
"Right of Participation,"  
allowing a voting representation  
in reasonable proportion to the  
responsibility that each must  
discharge.**

F

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U

R

# Principle Four

**Honesty—  
An inventory of self.**

**Central Intergroup Office of the Inland  
Empire  
Board of Directors**

**Chairman: Tom F.**  
**Vice Chairman: George D.**  
**Treasurer: Dan C.**  
**Secretary: Elizabeth E.**

## Members At Large

**Duke W.**  
**Dennis H.**  
**David P.**

**Inland Empire Editor: Carolyn V.**  
**Office Manager: Carolyn V.**

## March Central Office Activity Report

AA Calls	306
Other Calls	11
Visitors	253
12 Step Calls	4
<b>TOTAL:</b>	<b>574</b>

## Web Site

Visitors	3428
Countries	35
Subscribers	788

**TOTAL: 4252**

**Letters to the Editor or Articles for the Newsletter**  
must be received by the 15th of the month for consideration of  
publication in the following month's issue.

Please submit your material for *The Inland Empire Newsletter*  
to:

Inland Empire Central Office  
P.O. Box 189  
Colton, Ca., 92324  
E-mail: [aacentral@sbcglobal.net](mailto:aacentral@sbcglobal.net)

## In Loving Memory

*Bill C.*  
*Bill M.*  
*Floyd J.,*  
*George S.*  
*Tyree E.*

***April 2019***

Celestine R.	35
Michael P.	18
James G.	33
Kim S.	30
Larry H.	26
Angel H	8
Sue G.	12
Jay L.	10
Richard K.	30
Tom V.	23

# Happy Birthday



**We thank all of the birthday celebrants for their contributions to the Central Office Birthday Club.**

**Thank You !!**

Mike B.  
Tim M.  
Amy J.  
Chris S.  
Patty M.

**THANK YOU  
VOLUNTEERS!!**

Thanks to these volunteers for keeping Central Office  
running smoothly for the past month:

**Take a Look at This**

**Picnic Committee Meetings** Committee needs  
volunteers . Please come be of service. Meets every 2nd  
Wednesday at 7pm at the Central Office

**IEAA Convention Committee** needs volunteers. Please  
come be of service. Meets every 2nd  
Thursday at 7pm at 670 Carreon, Colton

**Archives** Open every Sat 10am –1pm  
Sundays open by special appointment.  
Sat (951)-785-0845  
7111 Arlington Ave. Suite B  
Riverside, Ca 92503

Faithfully Yours in Service,  
The Board Members



**\$9.00**

Book  
of the month  
Large Print As  
Bill Sees It

Normally \$ 9.55  
this month \$9.00

**\$9.00**

**VAGABOND GROUP**

[www.anafubar.com/vagabonds](http://www.anafubar.com/vagabonds)

**NOTICE: WE MUST HAVE YOUR RESERVATIONS AND  
PAYMENT AT LEAST THREE WEEKS IN ADVANCE OF  
EACH CAMPOUT TO RESERVE A SITE FOR YOU. THANKS!**

**Saturday:** Alanon meets 11 a.m., Potluck 5 p.m. during Standard Time and 6 p.m. during Daylight Savings  
Time, followed by Business meeting and A.A. Campfire meeting, Bring firewood.

**April 12-13, 2019  
Lake Guajome, Oceanside**

Reservations required, Contact the  
WAGON MASTER: Nancy 951-609-5396 sites,  
#1-5,7,8,10-12 and pavillion \$62 w/hookups W/E

Directions: from Hwy 15, take Hwy 76 west 11 miles go west on Hwy 76. Bring Firewood!

**May 10-11, 2019  
Ranch Jurupa, Rubidoux**

Reservations required, Contact the  
WAGON MASTER: Jeannie 951-2014-3470  
sites, 1-5 and 69-73 \$ w/hookups W/E/S

Directions: Hwy 60 to Rubidoux Blvd. and go to Crestmoor Road Turn Right. Bring Firewood!

**June 14-15, 2019  
Lake Skinner- Area B**

Reservations required, Contact the  
WAGONMASTER: Peggy P. 951-776-0532  
\$92 w/hookups

Directions: Directions: Hwy 15, take Rancho California Rd east until it turns into Warren Rd for about a mile,  
turn right into park entrance. Bring Firewood!

Please submit all of your events and / or letters. We would love to put them in the newsletter.





## 39th Annual Northern California Woman to Woman Conference with Al-Anon Participation April 5, 6, & 7, 2019

Sacramento Marriott Rancho Cordova: (916) 638-1100  
11211 Point E Drive, Rancho Cordova, CA 95742  
\*Room rates \$124.00+taxes & fees/Conference rates until Friday,  
March 23, 2019

<https://book.passkey.com/e/49731958>

Registration & Conference open at 3:00 pm Friday  
"Big Book Trivia" 6:00 - 7:00 pm Friday -- Topic Meetings & Workshops

### MAIN SPEAKERS

Friday	8:00 pm	Barbara C.	Redding, CA
Saturday Al-Anon	10:00 am	Gretchen H.	Los Angeles, CA
Saturday	1:00 pm	Shannon J.	Sacramento, CA
Saturday	8:00 pm	Tami P.	Chatsworth, CA
Sunday	10:00 am	Gayna J.	Sacramento, CA

Registration: Shannon P. (916) 281-5474 Conference Chair: Mary D. (916) 296-2302

Raffle Donations: Cyndi G. (916) 968-3212

Send **COMPLETED** registration form and a CHECK payable to:  
NCWW - P.O. Box 2008, Fair Oaks, CA 95628 no later than March 28, 2019  
Paypal available at our website: [NCWomantoWoman.org](http://NCWomantoWoman.org)

**IMPORTANT: Pre-order T-Shirts are available on the website or below and must be ordered by 3/1/19**  
**Note: Mugs/Souvenirs will be sold at conference along with a limited number of T-Shirts**

Name(s): \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: ( ) \_\_\_\_\_ Email: \_\_\_\_\_

Non-Refundable Pre-Registration \$20.00 (by 3/28/19-\$25.00 @ the door)

I would like to donate \$ \_\_\_\_\_ for scholarship fund

Pre-Order T-Shirt: \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_ XXXL @ \$15.00 each - total T-Shirts \$ \_\_\_\_\_  
Saturday Banquet: \_\_\_\_\_ Pan Seared Chicken \$46 \_\_\_\_\_ Filet Mignon \$57 \_\_\_\_\_ Portabella Mushroom (Vegetarian) \$39

TOTAL (Including Banquet and T-Shirt if applicable) \$ \_\_\_\_\_

All Banquet & pre-registration forms must be received by March 28, 2019. No dinners sold at door.

Regrettably **NO CHILDREN ALLOWED AT CONFERENCE**

- ☐ I would like to be of Service at this year's Conference  
☐ I would like to be of Service at next year's Conference  
☐ I am attending as a member of Alcoholics Anonymous  
☐ I am attending as a member of Al-Anon

If you are in need of a scholarship, please **submit a request in writing, in advance**.  
Scholarship covers registration only and requires a 2 hour service commitment. Limited times will be available

## CALLING ALL GROUPS: SHOULD YOUR GROUP BE IN THE GROUP HISTORY BOOK?

**YES!!!!**

Area 9 Archives is putting together a Group History Book. We want your AA group in the book. Fill out the form and mail it to Area 9 Archives Committee!! You can also access the group history form on the Area 9 website at [www.msca09aa.org](http://www.msca09aa.org).

**AAArchives**

Mid-Southern Calif. Area 09

Prepared by: \_\_\_\_\_

Date: \_\_\_\_\_

Group History

District No. ( ) \_\_\_\_\_ Group Service Number: \_\_\_\_\_

Name of Group: \_\_\_\_\_

Know as Other Name(s): \_\_\_\_\_

Date Formed: \_\_\_\_\_ with number of members: \_\_\_\_\_

Founder(s): \_\_\_\_\_

Names of Early Members: \_\_\_\_\_

Location of first meeting: \_\_\_\_\_

Time of first meeting: \_\_\_\_\_

What Type of Meeting: \_\_\_\_\_

Current meeting location & time: \_\_\_\_\_

Approx. current number of members: \_\_\_\_\_

Has the meeting moved? If so where and when? \_\_\_\_\_

Group history (such as anniversaries, special meetings, outside speakers, notes about founders or other members, things that makes this group unique, etc.) \_\_\_\_\_

(use back as needed) Mail to: MSCA Archives, 7111 Arlington #B, Riverside, Ca. 92503

## "RELIEVE ME OF THE BONDAGE OF SELF"

### 29th Annual Hemet Women's AA Banquet

May 4, 2019

The Maze Stone Restaurant at

The Country Club, Soboba Springs

1020 Soboba Springs, San Jacinto, CA. 92583

\$38.00 per ticket (includes tip)

Deadline for tickets will be April 27,

there will be NO tickets sold at the door.

Money will be needed to participate in our 50/50 drawing

For Registration please call: Lori (951) 692-2191

Doors Open 5:00 PM

Dinner 6:00 PM

Speaker Meeting 7:00 PM

Seating is assigned on a "first paid" basis. Tables of 10 are available. To sit in a group, all tickets must be purchased together. Please list all names and addresses on reverse side.

MENU WILL BE CHOICE OF (Circle One)

**Penne Pomodoro** with grilled seasonal fresh vegetables in a fresh basil pomodoro sauce  
**Pan Seared Airline Breast of Chicken** in herbed chicken demi glace, with wild rice & seasonal fresh vegetables

**Beef Tri-Tip** topped with sauteed mushrooms & demi glace, with wild rice & seasonal fresh vegetables

All dinners include Drinks include: freshly brewed coffee, decaffeinated coffee and iced tea.

Please Make Checks Payable to:

HWAAAB

P.O. Box 1606, San Jacinto, CA 92581



**AA Seniors in Sobriety**



## 12th International Conference Reno-Tahoe, Nevada

May 19-21, 2019



*Our Lives Have Just Begun*

The Conference focuses on alcoholism, recovery and the aging process for Seniors:  
• Seniors in Sobriety History & Culture  
• Coping with Grief and Losses  
• Workshop Discussions

Silver Legacy Resort & Casino  
407 N. Virginia Street  
Reno, NV 89501

Main Speakers:  
Mark L. - San Jose, CA  
Leslie K. - Modesto, CA

Features of the Conference:  
• AA, Al-Anon & ACA participation  
• Pre & Post Scenic Tours are available  
• Rise and Shine Early Meditation & Yoga

[www.renotahoesis2019.com](http://www.renotahoesis2019.com)  
P.O. Box 11011 Reno, NV 89510-9998

For more info contact:  
775-399-4627  
[sisreg2019@gmail.com](mailto:sisreg2019@gmail.com)





Register On-Line at  
[www.Tristate-roundup.com](http://www.Tristate-roundup.com)  
 If you have any questions e-mail us at:  
[tristateroundup@hotmail.com](mailto:tristateroundup@hotmail.com)  
 On-site registration at Harbor Port room

#### SPEAKER MEETINGS

**THURSDAY, MAY 16 (KICKOFF MEETING)**  
 AA ..... 7:00 PM ..... Billy S./Las Vegas, NV.  
**FRIDAY, MAY 17**  
 AA ..... 10:00 AM ..... Gordo C./Bullhead City, AZ.  
 AA ..... 3:00 PM ..... Sheldon F./Las Vegas, NV.  
 AA ..... 8:00 PM ..... Alana D./Los Angeles, CA.  
**SATURDAY, MAY 18**  
 AA ..... 9:00 AM ..... Greg L./Las Vegas, NV.  
 Al-Anon ..... 12 noon ..... Lois G./Woodland Hills, CA.  
 AA ..... 2:00 PM ..... Sarah H./Los Angeles, CA.  
 AA ..... 8:00 PM ..... Carla R./Tujunga, CA.  
**SUNDAY, MAY 19**  
 AA/Al-Anon ..... 9:00 AM ..... Stacey W. & Tom G./Las Vegas, NV.  
 AA ..... 10:30 AM ..... Doug R./Tujunga, CA.

#### DISCOUNT RATE

**DON LAUGHLIN'S RIVERSIDE RESORT  
 HOTEL AND CASINO**  
 1650 South Casino Drive - LAUGHLIN, NV 89029  
 for reservations made 30 days prior  
**702.298.2535 - 800.227.3849 Option 1**  
 Discount Code: C/AACON  
 Sun - Thurs \$39 - Fri - Sat \$59 - RV Park \$22  
 Maximum of three rooms advance registration.  
 Cancellations within seven days charged for one night.  
**- Local Camping -** **RIVERSIDE RV PARK**  
 DAVIS CAMP LAUGHLIN, NV  
 BULLHEAD CITY, AZ 877.757.0915 Option 2 800.227.3849 Option 5  
 Discount Code C/AACON

Banquet Ticket Required for Saturday Night Entertainment  
 Provided by: Andy Kern, Richard Weiss & Chazz The Magician

May 16-19, 2019

**THURSDAY**  
 ICE CREAM SOCIAL - FREE - 5:30 PM  
 Pre-registration Packet Pickup  
 KICKOFF SPEAKER / AA MEETING  
 Starview Room - 7:00 PM  
**FRIDAY**  
 GOLF TOURNAMENT  
 -Los Lagos Golf Course - 7:00 AM  
 AA Speaker - Starview Room - 10:00 AM  
 AA Speaker - Starview Room 3:00 PM  
 DINNER / AA SPEAKER MEETING  
 Don's Celebrity Theatre - 5:00 PM/ 8:00 PM  
 Dress in 80's Theme - Entertainment Cadillac Phil- 6:45 PM  
 COSMIC BOWLING - shoes included  
 Riverside Lanes - 10:00 PM  
**SATURDAY**  
 POKER RUN - T-shirt included with entry, register in  
 Harbor Port 1 - start at 8:00 AM, closes 10:00 AM  
 AA Speaker - Starview Room - 9:00 AM  
 AL-ANON LUNCHEON & SPEAKER MEETING  
 Don's Celebrity Theatre - 11:30 AM  
 Al-Anon Speaker at noon  
 AA Speaker - Starview Room - 2:00 PM  
 KEYNOTE BANQUET DINNER  
 Don's Celebrity Theatre (DCT) - 5:00 PM  
 Entertainment starts at 6:20 PM  
 Reserved seating, tables seat 10  
 AA SPEAKER MEETING - DCT - 8:00 PM  
**SUNDAY**  
 BREAKFAST - Starview Room - 7:00 AM  
 AA/Al-Anon Couple - SPEAKER MEETING - Starview - 9:00 AM  
 AA SPIRITUAL SPEAKER / AA COUNTDOWN - Starview-10:30 AM  
**BADGES REQUIRED FOR ALL EVENTS**  
 Bill W. Scholarships available for badges

#### CONTACTS

Roundup Chair ..... Kristen D. .... 702.235.2157  
 Roundup Co-Chair ..... David G. .... 702.813.1297  
 Volunteers Chair ..... Lisa S. .... 702.689.8486  
 Golf Chair ..... Harry N. .... 702.624.0215  
 Poker Run Chair ..... Ernie C. .... 702.238.3010  
 Marathon Meetings Chair ..... Corrina M. .... 928.733.0662  
 Al-Anon Chair ..... Karen S. .... 702.271.5903  
 Al-Anon Marathon Meetings Chair ..... Loni Dee D. .... 702.339.9016  
[tristateroundup@hotmail.com](mailto:tristateroundup@hotmail.com)

# 27TH ANNUAL INLAND EMPIRE ROUND-UP GUEST SPEAKER MICKEY B.

Spaghetti dinner included.  
 Snacks, Drinks and Raffle tickets available for purchase.

When: May 4, 2019 from 11:30AM - 8:30PM

Where: 3891 Ridge Road, Riverside CA

Who can come: Co-ed. Everyone is welcome.

**How much: \$10**  
**Questions: Contact Nathan (951) 515 7981**

## INLAND EMPIRE CENTRAL OFFICE

### PICNIC PLANNING



Meets  
 Every 2nd  
 Wednesday  
**@7PM**  
**Planning Committee Meeting**  
 Meet at Central Office  
 897 Via Lata Suite A  
 Colton, CA 92324

CONTACT INFO:  
 909.825.4700

Beginning in February

JOIN US IN SERVICE:  
 We are looking for volunteers to help with planning  
 and preparing for the next Inland Empire Annual  
 Central Office Picnic for 2019! Come down and join  
 our Planning Committee Meeting on the second  
 Tuesday of each month beginning in February!  
 Keeping it simple and for fun!

MAY  
 4  
 2019



## MEN'S AA BBQ

Saturday, May 4; 4:00-8:00 pm

Speaker, Raffles, Chicken/TriTip, Fellowship & Fun

Inland Empire Men's AA Banquet  
 Flabob Airport  
 4130 Mennes Ave. Riverside 92509

Please check the web site ([www.aainlandempire.org](http://www.aainlandempire.org)) for any changes  
 since the printing of the newsletter.



**Picnic Planning Committee meeting is held on every 2nd Wednesday of the month at Central Office at 7pm.**

**THE INLAND EMPIRE CENTRAL OFFICE PRESENTS**

**THE**

***53rd Inland Empire  
Central Office Picnic***

**Adults - \$8.00, Children under 10 yrs. old - \$4.00, 2 & under  
FREE**

**No Refunds**

**Please Bring Chairs or Blankets.**

**Tickets on sale at Central Office or at the Park**

**Or talk to your Intergroup Rep.**

**SUNDAY JUNE 2, 2019 @ 10AM TO 4PM**

**SYLVAN PARK IN REDLANDS**

**Burgers, Hot Dogs, Beans, Salads, Chips**

**Lunch served from 11:00am to 1:30pm**

**Speaker Meeting @ 2pm**

**POTLUCK DESSERT**

**PLEASE BRING**

**DESSERTS ONLY**

**No Pets Please!!**



**Volleyball & Horseshoe Tournaments**  
**(Trophies awarded- 1st, 2nd, 3rd,**  
**Teams are limited**

**Children's Game Area**  
**Raffle Prizes**

**50/50 drawing to follow AA, Alanon,**  
**Alateen speakers**

**Join us for Fun, our DJ Music**  
**& more!**

**Sylvan Park 601 University St. Redlands, CA 92374: Located Immediately West of  
the University of Redlands at Colton Ave and University**

**We are taking donations for water and sodas. Please drop off at Central Office.  
We are asking meetings to donate baskets as raffle prizes.**

## **The Fear of a Moral Inventory**

### **Those Tormenting Ghosts of Yesterday**

By Rick R.

Over the years, I have watched the differing patterns of A.A. members and the degree of the importance of Thoroughness applied to the steps as opposed to simply abstaining from alcohol and with all the empathy and compassion in my heart I try to be available to everyone with an explanation of what I perceive to be the biggest *Stumbling Block* that stands in the way of the unfortunate ones that never seem to reach the degree of *Happiness and Peace of Mind* that the program offers. When I am approached by someone who is struggling with this issue my first question would be, "Have you completed a thorough Fourth and Fifth step" and if they are honest about it, we have a chance to revisit that part of the program and *Neutralize those Tormenting Ghosts of Yesterday*. I was that guy in my first attempt at taking the steps and rather than dealing with it I just went to meetings and told funny stories until an event in my life caused me to *take a second look at the inventory process* and I'm so glad that I got it right the second time around, for if I hadn't, I can see no possible way that I could have followed up with the remaining steps of the program. Most alcoholics are not proud of their past behaviors and live in a constant state of *guilt and shame*. They believe that they were responsible for those behaviors and that is where the alcohol became the solution (no pun intended) to their problem until it stopped working. There is a difference between *Responsibility and Accountability*. Most alcoholics believe that they are responsible for becoming an alcoholic and that is the *Biggest Misconception* concerning this subject, unless, at childbirth, you had the capacity to understand alcoholism and the ability to decide that you wanted to become one. From the day we were born, until we took our first drink, we were conditioned to a degree that alcohol affected us differently than it does for the normal person. Our minds were diseased, and we had no choice in the matter. The symptoms of the disease were the behaviors that followed. Once we are aware of this perception, and become willing to become accountability for those behaviors and make restitution for wrongs done, who could fault us for that? As we continue the steps of the program, we start by recognizing the old alcoholic habits and they are not too hard to change, and we seem to begin that process as soon as we start attending meetings and we deal with the obvious things upfront and if we continue to examine our motives for the things we do, over a period of time, the load gets lighter and lighter. Now comes the Stumbling Blocks I referred to earlier; Those Tormenting Ghosts of Yesterday. *There is a big difference between a Habit and a Deed*. Habits can be changed, in time, as we establish a new track record and we become an entirely different person. Deeds are an entirely different matter. *We can't change history*. I'm sure that we all have done things that we would hope that they remain a secret but when they measure up to the term "Tormenting Ghosts" we need to deal with them if we wish to have some degree of Happiness and Peace of Mind. We can't change our history but we can change our Perception of those deeds as *Symptoms of the disease of Alcoholism* that were part of the conditioning and often things that happened even before we ever took a drink and as painful as they may be, if we spend the rest of our lives living by those unselfish habits, over a period of time, our actions will far outweigh our guilt and shame. We only live once, and it would be a shame if some thing that happened years ago kept us in pain as a result of a symptom of a disease. They are not what we Perceived them to be.



## Intergroup Meeting Minutes March 6, 2019

Opened meeting with Serenity Prayer – 7:05 pm

Traditions read by Jim F.

Board members present:

George D., Diane L., Tim D., Tom F., Dennis H., Carolyn V.

New Intergroup Reps: Loretta J. Thurs 12x12 Riverside. Chuck V. District 8 liaison.

Secretary's Report: Diane L.

Motion to accept: Rich G., Second by: Dave W., Motion passed

Treasurer's Report: Dennis H. read both Jan. and Feb Treasurers Reports. Dave W. made motion to accept reports as read. Loretta J. 2<sup>nd</sup>, motion passed.

Office Manager's Report: Carolyn V.

Starting out the New Year in the black. Ordered books and chips.

Old Business: None

New Business: None

12 Step Report: Carolyn V. (Lisa)

Asking for member volunteers in Riverside for the 12 Step Phone List.

GSR Report: Chuck V. Wants to know if there is anything we would like to take back to the distret. Will have a report next month. Districts PI, Cindy V. has taken Big Books and 12x12's to libraries and has made about 300 calls. Wanting to get a communication going with the intergroup PI but no response from member.

P & I Report: N/A

H & I Report: Jay L. Doug is out of town but will be attending the H & I 38<sup>th</sup> annual conference in Ventura on April 5-7.

Reiterated that there remains a strong need for volunteers on all panels. Donations are listed on page 9. Thank You very much. Committee meetings are on the 3<sup>rd</sup> Sundays at Redlands Unity at 3:00pm., orientation at 2:40pm. Riverside facilities are in need of volunteers. Also San Bernardino facilities.

Picnic: Walt B. Meetings are on the 2<sup>nd</sup> Wednesdays of every month until June at 7:00pm at the Central Office.

Convention: Walt B. Committee meets 2<sup>nd</sup> Thursday of each month. Convention is on Oct. 18, 19 and 20, 2019. Alanon: N/A

Birthdays: Tawny G. Feb. 17th-5 years. Brian W. Feb. 14th-5 years. Diane L. March 4<sup>th</sup>-19 years

Tradition 3 – Jay L.

Volunteer for Tradition 4 – Dave W.

Motion to Close: Jim F. Second by Jay L.

Meeting adjourned: 7:40 pm

Sincere Thanks for letting me be of service, Diane L.

## \*DONATION ADDRESSES\*

Please let the Newsletter know, if this information is not current!

### Inland Empire Central Office

P.O. Box 189, Colton, CA 92324  
SHOW CITY AND NAME OF GROUP

### Mid-Southern California Area

P.O. Box 51446, Irvine, CA 92619-1446  
SHOW GROUP SERVICE NUMBER

### General Service Office

P.O. Box 459, Grand Central Station  
New York, New York 10164-0371  
SHOW GROUP SERVICE NUMBER

### Hospitals and Institutions

P.O. Box 3927  
Riverside, CA 92519-3927  
SHOW CITY AND NAME OF GROUP

## \*DISTRICT ADDRESSES\*

**MSCA DISTRICT 8**, P.O. Box 2673, Riverside, CA 92506-2851

Corona, Mentone, Mira Loma, Moreno Valley, Norco, Redlands, Riverside, Yucaipa

**MSCA DISTRICT 11**, Not active, at this time.

Big Bear, Bloomington, Colton, Crestline, Fontana, Highland, Lake Arrowhead, Loma Linda, Rialto, Running Springs, San Bernardino

**MSCA DISTRICT 14**, P.O. Box 193, San Jacinto, CA 92581-0082

Banning, Beaumont, Hemet, Idyllwild, San Jacinto

**MSCA DISTRICT 17**, P.O. Box 1131, Temecula, CA 92593-1131

Canyon Lake, Lake Elsinore, Murrieta, Perris, Sun City, Temecula

## IN ATTENDANCE

Diane L.	Ashley T.	Tom F.
Jim F.	Dave S.	Carolyn V.
Walt B.	Rich G.	Dennis H.
Chuck V.	Scott P.	Bill S.
Linda W.	Elizabeth M.	Loretta J.
David S.	Dave W.	Jay L.
Todd W.	Tawney G.	Tim D.
Martin O.	Brian W.	George D.



## April Newsletter 2019

### Inland Empire Central Office Of Alcoholics Anonymous BAM February 2019

Name	Amount
<b>Service</b>	
Contributions	
Individual Donations	
BAM Individual Donations	
	0.00
Barbaradee F.	16.00
Debbie R.	15.00
Debra B.	12.00
Ernest G.	10.00
Gil L.	10.00
Jeff O.	4.55
Jim F.	27.00
Leann G.	12.00
Pete P.	25.00
Pete R.	10.00
Richard C.	15.00
Richie B.	10.88
Sam H.	27.00
<b>Total BAM Individual Donations</b>	<b>194.44</b>
<b>Birthday Donation</b>	
Darnell S.	5.00
Diane L.	19.00
Poppa Jay	10.00
<b>Total Birthday Donation</b>	<b>34.00</b>
<b>Coffee Kitty</b>	
	0.38
	3.38
	5.20
Coffee Kitty	6.01
Coffee Kitty	3.57
Redlands Unity	0.27
<b>Total Coffee Kitty</b>	<b>18.81</b>
<b>Personal Donations</b>	
	1.20
	5.00
Elizabeth D.	140.00
Gil L.	45.00
Jeannie S.	75.00
Jeann M.	38.00
<b>Total Personal Donations</b>	<b>304.20</b>
<b>Total Individual Donations</b>	<b>551.45</b>
<b>Total Contributions</b>	<b>551.45</b>
<b>Total Service</b>	<b>551.45</b>
<b>TOTAL</b>	<b>551.45</b>

## 7TH TRADITION CHALLENGE

*"Now that we are sober in A.A., the word 'support' has to do with sharing, people, self-respect, gratitude, and what we are privileged to give - not take - in material terms."*



**We are self-supporting through our own contributions ~ Many of our branches are suffering from lack of support (GSO, Area, H&I, Central Office). How much does one drink cost? If it were not for Alcoholics Anonymous, we'd be drinking plenty!**

**Drop the cost of one drink into your home groups basket when it comes by . . . you can't afford not to!**



## HOSPITALS & INSTITUTIONS COMMITTEE

### TREASURER'S REPORT - FEBRUARY, 2019

January 21 to February 17, 2019 (Respectfully submitted by Gary B. Treasurer).

GROUP / INDIVIDUAL	AMOUNT	GROUP / INDIVIDUAL	AMOUNT
ARROWHEAD- TUES NITE MEN'S STAG	57.51	REDLANDS-CARING & SHARING SPEAKERS	275.00
BANNING-GRP#127191	5.00	REDLANDS-BMC 6:30 DAILY ATTITUDE(2ea)	320.00
BANNING-SATURDAY 7AM MTG.	20.00	REDLANDS-FRI NOON WOMEN'S BIG BOOK STUDY	25.00
BANNING-SUN. 5PM BIG BOOK STUDY	20.00	REDLANDS-MON.NOON WOMEN'S 12X12	25.00
BANNING-THERE IS A SOLUTION THUR. NOON	4.00	REDLANDS-WOMEN'S CANDLELIGHT MON EVE	14.56
BANNING-TUE 7AM A DAY AT A TIME MTG	10.00	RIVERSIDE- NEWMAN CENTER NOON,TUES (\$20ea),THUR (25 ea).	45.00
COLTON-TUESDAY NOON	26.57	RIVERSIDE-6:30 AM ATTITUDE ADJUSTMENT HOUR	86.40
CORONA- THURSDAY MORNING STEP WORKERS	20.00	RIVERSIDE-GRP # 145994	30.62
CORONA-GRP# 161981	35.00	RIVERSIDE-GRP # 145994	18.15
CORONA-SUNSET SISTERS	20.00	RIVERSIDE-SALAD BOWL	115.00
FONTANA-ATTITUDE ADJUSTMENT 6:30/730 AM	59.16	RIVERSIDE-SAT. NOON AS BILL SEES IT	10.00
FONTANA-KAISER WED.NITE SPEAKERS MTG	30.00	RIVERSIDE-WOMEN IN SOLUTION	46.74
ONTARIO-VAGABONDS #161081-09-08	50.00	RUBIDOUX-UNITY GROUP	100.00
		SAN BERNARDINO-STRAIGHT-UP-AA(2ea)	23.88
		YUCAIPA-ATTITUDE ADJUSTMENT	23.40
<b>SUB TOTAL</b>	<b>\$ 357.24</b>	MORENO VALLEY- UNKNOWN INDIVIDUAL DONATION	13.00
		<b>SUB TOTAL</b>	<b>\$ 1,171.75</b>
		<b>TOTAL DONATIONS</b>	<b>\$ 1,528.99</b>
		<b>LITERATURE COSTS</b>	<b>\$ 1,870.20</b>

## Inland Empire Central Office Of Alcoholics Anonymous Profit & Loss YTD Comparison February 2019

	Feb 19	Jan - Feb 19
<b>Ordinary Income/Expense</b>		
<b>Income</b>		
Credit Card Surcharge	59.00	114.00
Donations		
BAM	194.44	390.99
Birthday Donations	34.00	34.00
Group Contributions	6,582.93	12,507.55
Personal	338.19	464.96
<b>Total Donations</b>	<b>7,149.56</b>	<b>13,397.50</b>
<b>Investments</b>		
Interest-Savings, Short-term CD	0.00	1.84
<b>Total Investments</b>	<b>0.00</b>	<b>1.84</b>
<b>Net Sales Income</b>		
Book Covers	150.00	205.00
Books	4,340.50	10,013.95
CD-DVD-Audio	10.00	10.00
Directories	574.93	1,110.93
Grapevine	110.00	193.00
Medallions	1,607.60	3,139.32
Misc. Literature	642.31	1,185.08
Pamphlets	328.85	673.05
<b>Total Net Sales Income</b>	<b>7,763.99</b>	<b>16,530.33</b>
<b>Total Income</b>	<b>14,972.55</b>	<b>30,043.67</b>
<b>Cost of Goods Sold</b>		
Cost of Literature	5,178.80	11,459.92
<b>Total COGS</b>	<b>5,178.80</b>	<b>11,459.92</b>
<b>Gross Profit</b>	<b>9,793.75</b>	<b>18,583.75</b>
<b>Expense</b>		
<b>Business Expenses</b>		
Business Registration Fees	0.00	69.00
<b>Total Business Expenses</b>	<b>0.00</b>	<b>69.00</b>
<b>Contract Services</b>		
Accounting Fees	0.00	235.00
<b>Total Contract Services</b>	<b>0.00</b>	<b>235.00</b>
<b>Facilities and Equipment</b>		
Equip Rental and Maintenance	0.00	110.00
Rent	902.95	1,005.90
Utilities	118.25	226.20
<b>Total Facilities and Equipment</b>	<b>1,021.20</b>	<b>2,142.10</b>
<b>Operations</b>		
Alarm	0.00	27.78
Merchant Service Fee	99.31	195.46
Newsletter	0.00	247.02
Postage, Mailing Service	0.00	50.00
Printing	90.00	90.00
Register Over/Short	-2.05	-2.06
Supplies	36.33	41.87
Telephone, Telecommunications	169.39	353.57
Water	17.08	47.25
<b>Total Operations</b>	<b>410.04</b>	<b>1,050.89</b>
<b>Payroll Expenses</b>		
EFTPS	0.00	-0.26
Employee Hourly	1,259.50	2,111.50
Medical	500.00	1,030.00
QS DD Fee	10.50	21.00
Salary	4,000.00	8,000.00
<b>Taxes</b>		
Federal Unemployment	25.55	54.87
Medicare	78.26	148.62
Social Security	326.09	626.91
State Unemployment	102.24	215.68
Training Tax	4.25	9.11
<b>Total Taxes</b>	<b>534.39</b>	<b>1,055.99</b>
<b>Total Payroll Expenses</b>	<b>6,304.39</b>	<b>12,218.23</b>
<b>Total Expense</b>	<b>7,735.63</b>	<b>15,715.22</b>
<b>Net Ordinary Income</b>	<b>2,058.12</b>	<b>2,868.53</b>
<b>Net Income</b>	<b>2,058.12</b>	<b>2,868.53</b>

## The Central Office Picnic Committee

Would like to ask your groups for basket donations for the raffle prizes. They would also like to ask you to donate cases of water or soda too.

You may drop them off at the Central Office or the park at the day of the picnic.

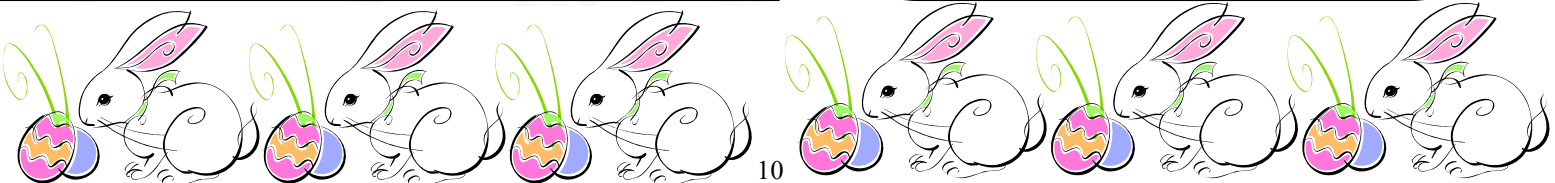
**Thank You for your support.**



**Horseshoes**  
**We need players!!**

Please get your teams together .  
Clubs vs Clubs, Meetings vs Meetings etc.

**We are not a glum lot!!**





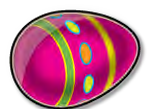
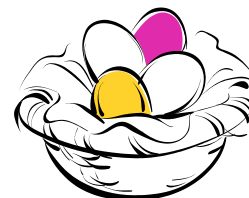
# April Newsletter 2019

## Inland Empire Central Office Of Alcoholics Anonymous Group Donations February 2019

	Feb 19	Jan - Feb 19
Banning 127191	60.00	60.00
Banning Fri. noon 12x12	0.00	30.00
Banning Noon 12x12 Group 151026	30.00	30.00
Banning Sat. 7am	20.00	40.00
Banning Sun 5 pm	40.00	40.00
Banning Thurs Women's TIAS	48.00	48.00
Banning Tues 7PM Beginners Meeting	80.00	80.00
Banning Tuesday 7am A Day At A Time	0.00	10.00
Banning Unknown	0.00	48.00
Banning Wed. nooners	60.00	60.00
Big Bear Friday 11 am 12x12	0.00	100.00
Big Bear Saturday Night Speaker	0.00	100.00
Big Bear Tuesday Mens Stag	0.00	40.00
Camp Seely	100.00	100.00
Chino 630pm Wed Night Mens Stag	0.00	100.00
Christmas Alkathon	0.00	1,309.22
Corona Sunset Sisters	20.00	20.00
Corona Welcome Home Meeting	0.00	101.50
Corona Men's Wednesday Wrecking Crew	0.00	175.00
Corona Mens Step Workers Meeting	0.00	150.00
Corona Stepping Stones	0.00	59.04
Corona The Lucky Ones	31.65	56.65
Corona Thurs. 530 Sunset Sisters	0.00	20.00
Fontana Attitude Adjustment	106.11	267.64
Fontana Kaiser Wed Speaker	30.00	65.00
Hemet Mother Hens Chicks Tues.	0.00	40.00
Hemet Women in Recovery	0.00	90.00
Highland 8pm Fri. Round Table	50.00	50.00
IE Amazing Grace Womens Banquet	702.00	702.00
Intergroup	34.73	78.28
Moreno Valley Friday Kaiser noon	0.00	25.00
Moreno Valley Heres How	0.00	24.80
Moreno Valley Sat. 930AM	45.37	45.37
Moreno Valley Speaker Sat Nite	96.80	96.80
Moreno Valley Wed Mens 6pm Kaiser	0.00	160.00
Moreno Valley Wed Womens Kaiser	25.00	85.00
Moreno Valley Women in Solution	13.44	13.44
Norco Monday Night St Mels	0.00	40.00
Rancho Cucamonga M Old School Meeting	200.00	200.00
Rancho Cucamonga Sunday 645 am	40.00	40.00
Rancho Tues. Woman to Woman	69.31	69.31
Redlands 12x12 Mon Noon	100.00	100.00
Redlands BMC Daily Attitude Adjustment	880.00	880.00
Redlands BMC Friday	0.00	50.00
Redlands Friday Nite 7pm Men's Stag	506.00	506.00
Redlands Mon. 7pm Women's Candlelight	18.32	55.66
Redlands Sat Night Caring and Sharing	0.00	1,100.00
Redlands Thurs 7pm Womens Candlelight	70.00	70.00
Redlands Unity	0.00	1.20
Redlands Womens Noon Nazarine	0.00	50.43
Rialto Stepping Stones	20.00	20.00
Riverside (RAAH) Attitude Adjustment Hr.	259.20	549.20
Riverside Friday Came to Believe	0.00	92.80
Riverside Monday We Agnostics	50.00	50.00
Riverside Not All Saints	0.00	100.00
Riverside Sat. noon As Bill Sees It	0.00	50.00
Riverside Serenity Sunrise	2,500.00	2,500.00
Riverside Sunday Back to The Grind	0.00	225.00
Riverside Thursday Night Casa Blanca	0.00	100.00
Riverside Thursday noon Newmans Center	50.00	50.00
Riverside Tues Noon Newman Center	35.00	35.00
Riverside Unknown	0.00	325.00
Riverside Wed. Mens Stag Calvary Pres 8PM	0.00	70.00
Riverside Wed.Rock Talk	2.00	7.61
Rubidoux Alana Grp	50.00	100.00
Sun City Wed. 7am Mens Stag	0.00	10.00

## Inland Empire Central Office Of Alcoholics Anonymous Group Donations February 2019

	Feb 19	Jan - Feb 19
Vagabonds	0.00	150.00
Yucalpa 11th Step	0.00	150.00
Yucalpa Attitude Adjustment M-Sa	0.00	99.60
Yucalpa Tue. Mens Stag-852034	140.00	140.00
<b>TOTAL</b>	<b>6,582.93</b>	<b>12,507.55</b>



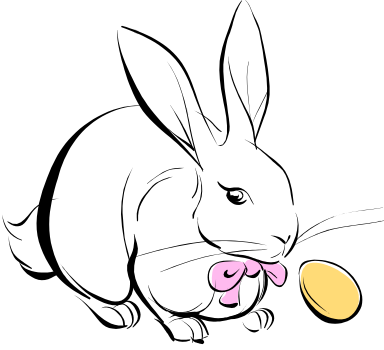
101 out of approximately 1100 groups contributed to Central Office so far this fiscal year.  
That represents roughly 13% of the meetings in the Inland Empire.

**Inland Empire Central Office**

P. O. Box 189

Colton, CA 92324

Return Service Requested



**Inland Empire Newsletter  
Donation Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Phone: \_\_\_\_\_

**BUCK-A-MONTH**

Please mail the Form with your  
monthly or annual  
donation of \$1.00 to the front of the  
Newsletter for your  
Central Intergroup Office.

Don't miss an issue, have the

**Inland Empire Newsletter**

delivered to your mail or  
e-mail  
box each month.